

For allergens including cereals containing gluten see ingredients in **BOLD**. All our beverages are hand crafted uniquely for you. Due to the nature of how we create our beverages we cannot guarantee that they are free from any allergens. Our beverages are prepared where allergens are handled by our partners, and where equipment and utensils are used for multiple menu items, including those containing allergens. Whilst we try to keep things separate we cannot guarantee any item is allergen free. Please remember to check this information regularly as we're always working on our recipes. For more allergen information please ask your barista.

Menu Item	Size	Ingredient Declaration	Energy (kJ)	Energy (kcal)	Fat (g)	Of which saturated (g)	Carbohydrates (g)	Of which Sugar (g)	Fibre (g)	Protein (g)	Salt (g)	Caffeine (mg)
Espresso Drinks												
Americano	Short	water, espresso roast (as consumed) [whole bean roasted]	15	4	0.1	0	0.4	0	0.1	0.2	0.00	44.5
Americano	Tall	water, espresso roast (as consumed) [whole bean roasted]	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Americano	Grande	water, espresso roast (as consumed) [whole bean roasted]	44	11	0.2	0.1	1.3	0.1	0.4	0.6	0.00	133.6
Americano	Venti	water, espresso roast (as consumed) [whole bean roasted]	58	14	0.3	0.1	1.8	0.2	0.5	0.8	0.00	178.2
Caffe Latte - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], espresso roast	310	74	2.6	1.6	7.3	6.9	0.1	5.3	0.16	44.5
Caffe Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], espresso roast	519	124	4.3	2.7	12.3	11.5	0.3	8.9	0.26	89.1
Caffe Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], espresso roast	686	161	5.2	3.4	15.2	14.2	0.3	10.9	0.32	89.1
Caffe Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], espresso roast	858	204	7.1	4.5	20.3	19.1	0.4	14.7	0.43	133.6
Caffe Latte - whole milk	Short	whole milk [whole MILK], espresso roast (as consumed) [w	408	97	5.3	3.4	7.2	6.8	0.1	5.2	0.15	44.5
Caffe Latte - whole milk	Tall	whole milk [whole MILK], espresso roast (as consumed) [w	681	162	8.9	5.6	12.1	11.2	0.3	8.6	0.26	89.1
Caffe Latte - whole milk	Grande	whole milk [whole MILK], espresso roast (as consumed) [w	838	200	11	6.9	14.7	13.9	0.3	10.6	0.32	89.1
Caffe Latte - whole milk	Venti	whole milk [whole MILK], espresso roast (as consumed) [w	1128	269	14.7	9.3	19.9	18.7	0.4	14.3	0.42	133.6
Caffe Latte - skimmed milk	Short	skimmed milk [skimmed MILK], espresso roast (as consum	287	56	0.5	0.2	7.5	7.1	0.1	5.9	0.16	44.5
Caffe Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], espresso roast (as consum	398	94	0.8	0.4	12.5	11.7	0.2	8.8	0.27	89.1
Caffe Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], espresso roast (as consum	486	115	1	0.4	15.3	14.5	0.3	10.9	0.33	89.1
Caffe Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], espresso roast (as consum	657	156	1.4	0.6	20.7	19.5	0.4	14.7	0.45	133.6
Caffe Latte - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	161	40	1.8	0.2	4	3.6	0.4	0.9	0.11	44.5
Caffe Latte - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	272	68	3	0.3	6.9	6	0.7	1.6	0.18	89.1
Caffe Latte - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	330	82	3.7	0.3	8.3	7.5	0.9	1.9	0.22	89.1
Caffe Latte - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	487	117	5.9	0.5	11.3	10	1.2	2.9	0.33	133.6
Caffe Latte - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	265	64	2.8	0.4	4.2	3.6	1	4.9	0.13	44.5
Caffe Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	444	107	4.6	0.7	7.1	6	1.7	8.2	0.21	89.1
Caffe Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	543	130	5.7	0.9	8.5	7.4	2	10.1	0.26	89.1
Caffe Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	733	176	7.7	1.2	11.6	10	2.8	13.6	0.35	133.6
Caffe Latte - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	367	87	4.5	0.4	10	4.7	1.6	1.9	0.18	44.5
Caffe Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	614	145	7.4	0.7	16.7	7.8	2.6	2.3	0.30	89.1
Caffe Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	753	178	9.2	0.9	20.4	9.7	3.2	2.7	0.38	89.1
Caffe Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1015	241	12.3	1.2	27.5	13	4.3	3.8	0.51	133.6
Caffe Latte - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) [water, coco	213	50	2.2	0.1	5.5	4.8	0.6	2.4	0.13	44.5
Caffe Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	359	85	3.7	1.7	8.7	7.9	1	4	0.21	89.1
Caffe Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	438	103	4.6	2.1	10.6	9.8	1.2	4.8	0.26	89.1
Caffe Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	592	149	6.1	2.8	14.4	13.2	1.6	6.5	0.35	133.6
Latte Macchiato - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], espresso roast	269	64	2.2	0.3	6.2	5.8	0.1	4.6	0.14	44.5
Latte Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], espresso roast	476	113	3.9	2.5	11.3	10.5	0.3	8.1	0.24	89.1
Latte Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], espresso roast	616	147	5.1	3.2	14.6	13.7	0.3	10.6	0.31	89.1
Latte Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], espresso roast	815	194	6.7	4.3	19.3	18.1	0.4	14	0.41	133.6
Latte Macchiato - whole milk	Short	whole milk [whole MILK], espresso roast (as consumed) [w	353	84	4.6	2.9	6.2	5.8	0.1	4.5	0.13	44.5
Latte Macchiato - whole milk	Tall	whole milk [whole MILK], espresso roast (as consumed) [w	604	149	8.1	5.1	11.1	10.3	0.3	7.9	0.23	89.1
Latte Macchiato - whole milk	Grande	whole milk [whole MILK], espresso roast (as consumed) [w	811	193	10.6	6.7	14.3	13.3	0.3	10.3	0.31	89.1
Latte Macchiato - whole milk	Venti	whole milk [whole MILK], espresso roast (as consumed) [w	1071	255	13.9	8.8	18.9	17.7	0.4	13.6	0.40	133.6
Latte Macchiato - skimmed milk	Short	skimmed milk [skimmed MILK], espresso roast (as consum	206	49	0.4	0.2	6.5	6.1	0.1	4.6	0.14	44.5
Latte Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], espresso roast (as consum	365	87	0.8	0.3	11.5	10.7	0.3	8.1	0.24	89.1
Latte Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], espresso roast (as consum	471	112	1	0.4	14.8	14	0.3	10.6	0.32	89.1
Latte Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], espresso roast (as consum	624	148	1.3	0.6	19.7	18.5	0.4	14.4	0.44	133.6
Latte Macchiato - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	140	35	1.6	0.1	3.5	3	0.4	0.8	0.09	44.5
Latte Macchiato - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	250	62	2.7	0.3	6.3	5.5	0.7	1.5	0.16	89.1
Latte Macchiato - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	320	80	3.6	0.3	8	7.2	0.8	1.8	0.21	89.1
Latte Macchiato - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	426	106	4.7	0.4	10.7	9.5	1.2	2.5	0.28	133.6
Latte Macchiato - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	230	55	2.4	0.4	3.6	3.1	0.9	4.3	0.11	44.5
Latte Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	407	98	4.2	0.7	6.5	5.6	1.6	7.8	0.19	89.1
Latte Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	526	125	5.6	0.9	8.3	7.3	2.6	9.8	0.21	133.6
Latte Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	697	167	7.3	1.2	11	9.4	2.7	12.9	0.34	133.6
Latte Macchiato - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	318	75	3.9	0.4	8.6	4.1	1.4	1.2	0.16	44.5
Latte Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	562	133	6.8	0.7	15.3	7.2	2.4	2.1	0.28	89.1
Latte Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	729	173	8.9	0.9	19.8	9.4	3.1	2.7	0.36	89.1
Latte Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	964	228	11.7	1.2	26.2	12.4	4.1	3.6	0.48	133.6
Latte Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) [water, coco	186	44	1.9	0.1	4.9	4.5	0.5	2.1	0.11	44.5
Latte Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	330	78	3.4	1.6	8.1	7.2	0.9	3.7	0.19	89.1
Latte Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	424	100	4.4	2	10.3	9.5	1.1	4.7	0.26	89.1
Latte Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	563	133	5.8	2.7	13.7	12.5	1.5	6.2	0.34	133.6
Freshly Brewed Coffee	Short	pike place brewed coffee [whole bean roasted coffee]	68	16	0.7	0.2	1.4	0.2	1.1	0.7	0.01	131.7
Freshly Brewed Coffee	Tall	pike place brewed coffee [whole bean roasted coffee]	109	25	1.1	0.4	2.2	0.4	1.8	1.1	0.01	209.8
Freshly Brewed Coffee	Grande	pike place brewed coffee [whole bean roasted coffee]	123	29	1.3	0.4	2.6	0.4	2.2	1.3	0.01	254.6
Freshly Brewed Coffee	Venti	pike place brewed coffee [whole bean roasted coffee]	168	39	1.7	0.6	3.4	0.6	2.8	1.7	0.01	324.2
Espresso Doppio	Doppio	espresso roast (as consumed) [whole bean roasted coffe	29	7	0.1	0	0.9	0.1	0.3	0.4	0.00	89.1
Espresso	Single	espresso roast (as consumed) [whole bean roasted coffe	15	4	0.1	0	0.4	0	0.1	0.2	0.00	44.5
Espresso Macchiato - semi skimmed milk	Single	espresso roast (as consumed) [whole bean roasted coffe	25	6	0.2	0.1	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - whole milk	Single	espresso roast (as consumed) [whole bean roasted coffe	29	7	0.3	0.1	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - skimmed milk	Single	espresso roast (as consumed) [whole bean roasted coffe	23	6	0.1	0	0.7	0.3	0.1	0.4	0.01	44.5
Espresso Macchiato - almond drink	Single	espresso roast (as consumed) [whole bean roasted coffe	20	5	0.1	0	0.6	0.3	0.1	0.2	0.00	44.5
Espresso Macchiato - soya drink	Single	espresso roast (as consumed) [whole bean roasted coffe	24	6	0.2	0	0.6	0.2	0.2	0.4	0.01	44.5
Espresso Macchiato - oat drink	Single	espresso roast (as consumed) [whole bean roasted coffe	27	7	0.2	0	0.8	0.2	0.2	0.2	0.01	44.5
Espresso Macchiato - coconut drink	Single	espresso roast (as consumed) [whole bean roasted coffe	22	5	0.1	0.1	0.6	0.2	0.2	0.3	0.01	44.5
Espresso Macchiato - Doppio - semi skimmed milk	Double	espresso roast (as consumed) [whole bean roasted coffe	62	15	0.4	0.2	1.7	0.9	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - whole milk	Double	espresso roast (as consumed) [whole bean roasted coffe	73	18	0.7	0.4	1.6	0.9	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - skimmed milk	Double	espresso roast (as consumed) [whole bean roasted coffe	64	13	0.1	0.4	1.7	0.9	0.3	1	0.02	89.1
Espresso Macchiato - Doppio - almond drink	Double	espresso roast (as consumed) [whole bean roasted coffe	54	11	0.3	0.1	1.3	0.5	0.3	0.5	0.01	89.1
Espresso Macchiato - Doppio - soya drink	Double	espresso roast (as consumed) [whole bean roasted coffe	57	14	0.4	0.1	1.3	0.5	0.4	0.9	0.02	89.1
Espresso Macchiato - Doppio - oat drink	Double	espresso roast (as consumed) [whole bean roasted coffe	69	16	0.6	0.1	2	0.6	0.4	0.5	0.02	89.1
Espresso Macchiato - Doppio - coconut drink	Double	espresso roast (as consumed) [whole bean roasted coffe	51	12	0.4	0.1	1.4	0.6	0.3	0.6	0.02	89.1
Cortado - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], ristretto espre	207	49	1.6	0.1	5.3	4.3	0	3.5	0.10	70.9
Cortado - whole milk	Short	whole milk [whole MILK], ristretto espresso (as consum	268	64	3.1	0.2	6.2	5.2	0	3.4	0.10	70.9
Cortado - skimmed milk	Short	skimmed milk [skimmed MILK], ristretto espresso (as cons	161	38	0.3	0.2	5.4	4.4	0	3.5	0.10	70.9
Cortado - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	114	28	1.1	0.1	3.2	2.3	0.2	0.8	0.07	70.9
Cortado - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	179	43	1.7	0.3	3.3	2.3	0.5	3.3	0.08	70.9
Cortado - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	242	57	2.8	0.3	6.9	3	0.9	1	0.12	70.9
Cortado - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) [water, coco	147	34	1.4	0.1	3.9	3	0.3	1.7	0.08	70.9
Cappuccino - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], espresso roast	270	64	2.4	1.4	7.0	6.4	0.1	5.1	0.14	44.5
Cappuccino - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], espresso roast	432	103	3.5	2.2	10.3	9.5	0.3	7.4	0.22	89.1
Cappuccino - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], espresso roast	546	130	4.5	2.9	12.9	12.1	0.3	9.4	0.28	89.1
Cappuccino - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], espresso roast	708	169	5.8	3.7	16.8	15.6	0.4	12.1	0.36	133.6
Cappuccino - whole milk	Short	whole milk [whole MILK], espresso roast (as consumed) [w	354	84	4.6	2.9	6.3	5.9	0.1	4.5	0.13	44.5
Cappuccino - whole milk	Tall	whole milk [whole MILK], espresso roast (as consumed) [w	565	135	7.3	4.6	10.1	9.3	0.3	7.2	0.21	89.1
Cappuccino - whole milk	Grande	whole milk [whole MILK], espresso roast (as consumed) [w	712	171	9.9							

Caramel Macchiato - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	469	114	3.7	0.8	17	15.8	0.7	1.6	0.19	89.1
Caramel Macchiato - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	597	145	4.5	0.9	27.3	21	0.9	1.9	0.24	89.1
Caramel Macchiato - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	757	185	5.6	1	28.4	26.6	1.2	2.6	0.30	133.6
Caramel Macchiato - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	390	93	2.4	0.9	10.3	9.4	1	0.15	49	44.5
Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	632	153	3.4	1	17.2	15.9	1.6	7.9	0.23	89.1
Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	808	193	6.5	1.4	22.5	20.9	2	10	0.29	89.1
Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1028	246	8.1	1.7	28.7	26.6	2.7	13	0.36	133.6
Caramel Macchiato - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	490	116	5	0.9	15.9	10.5	1.5	1.4	0.20	44.5
Caramel Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	793	188	7.9	1.2	26.3	17.5	2.5	2.3	0.31	89.1
Caramel Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1016	240	9.9	1.4	34.3	23.2	3.1	2.8	0.40	89.1
Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1295	303	12.4	1.7	41.8	29.5	4.1	3.7	0.51	133.6
Caramel Macchiato - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) [water, coco	340	80	2.8	1.4	11.3	10.6	0.6	2.4	0.15	44.5
Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	552	130	4.4	2.2	18.8	17.6	0.9	3.9	0.23	89.1
Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	704	166	5.3	2.6	24.6	23.3	1.1	4.8	0.29	89.1
Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	895	211	6.7	3.2	31.4	29.6	1.5	6.3	0.36	133.6
Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], mocha sauce [	611	146	6.7	4.6	15.5	14.5	1.9	4.8	0.11	56.7
Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], mocha sauce [	953	238	9.4	6.6	25	25.5	3	8.6	0.20	107.3
Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], mocha sauce [	1177	281	11.2	7.5	32.2	30.1	3.9	10.9	0.26	113.4
Mocha - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], mocha sauce [	1499	358	13.6	9	41.7	38.8	4.9	14.7	0.35	164
Mocha - whole milk	Short	whole milk [whole MILK], mocha sauce [water, sugar, co	671	160	8.4	5.7	15.5	14.4	1.9	4.8	0.11	56.7
Mocha - whole milk	Tall	whole milk [whole MILK], mocha sauce [water, sugar, co	1069	255	13	8.6	24.9	23	3	8.4	0.20	107.3
Mocha - whole milk	Grande	whole milk [whole MILK], mocha sauce [water, sugar, co	1324	316	15.3	10.1	32	29.9	3.9	10.7	0.25	113.4
Mocha - whole milk	Venti	whole milk [whole MILK], mocha sauce [water, sugar, co	1703	406	19.3	12.6	41.4	38.5	0.9	14.6	0.34	164
Mocha - skimmed milk	Short	skimmed milk [skimmed MILK], mocha sauce [water, sug	567	135	5.5	3.7	15.6	14.6	1.9	4.8	0.11	56.7
Mocha - skimmed milk	Tall	skimmed milk [skimmed MILK], mocha sauce [water, sug	869	208	7.3	4.9	25.2	23.4	3	8.6	0.21	107.3
Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], mocha sauce [water, sug	1067	254	8.1	5.3	32.5	30.3	3.9	10.9	0.26	113.4
Mocha - skimmed milk	Venti	skimmed milk [skimmed MILK], mocha sauce [water, sug	1347	321	9.3	6.1	42	39.1	4.9	14.7	0.36	164
Mocha - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	520	126	6.3	3.7	13.6	12.5	2.1	2.2	0.08	56.7
Mocha - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	780	189	8.8	4.8	21.2	19.3	3.3	4	0.14	107.3
Mocha - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	993	230	10	5.3	27.3	25.3	4.3	4.3	0.18	113.4
Mocha - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1189	288	12	6	34.8	32	5.5	5.6	0.24	164
Mocha - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	583	140	6.9	3.9	13.6	12.5	2.5	4.6	0.09	56.7
Mocha - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	902	216	10	5.2	21.3	19.3	4	8.1	0.17	107.3
Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1199	265	11.5	5.7	27.5	25.1	5.2	10.3	0.21	113.4
Mocha - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1405	336	14	6.6	35.1	31.9	4.7	13.9	0.29	164
Mocha - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	646	154	7.9	4.7	13.3	7.8	2.6	2.4	0.13	56.7
Mocha - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	1021	243	12	5.9	28.1	20.6	4.6	4	0.23	107.3
Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1263	301	14	5.7	36.2	26.8	6	5	0.30	113.4
Mocha - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1617	385	17.5	6.6	47.1	34.2	7.8	6.5	0.40	164
Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) [water, coco	552	132	6.5	4.2	14.2	13.2	2.2	3	0.09	56.7
Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	842	201	9.3	5.9	22.5	20.7	3.5	5.0	0.17	107.3
Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	1032	246	10.6	6.6	29	26.9	4.5	6.5	0.21	113.4
Mocha - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	1298	309	12.9	7.8	37.2	34.3	5.8	8.6	0.29	164
White Mocha - semi skimmed milk	Short	semi skimmed milk [Semi skimmed MILK], white chocol	758	181	7.6	5.5	22.8	22.4	0.2	5.2	0.24	44.5
White Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], white chocol	1113	265	10.5	7.5	34.4	33.6	0.3	8.1	0.36	89.1
White Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], white chocol	1448	345	12.7	9.1	46.2	45.4	0.3	11.3	0.50	89.1
White Mocha - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], white chocol	1751	437	14.7	10.6	57.1	55.9	0.5	13.7	0.61	133.6
White Mocha - whole milk	Short	whole milk [whole MILK], white chocolate mocha [Sugar,	825	197	9.5	6.7	21.7	22.3	0.2	5.1	0.23	44.5
White Mocha - whole milk	Tall	whole milk [whole MILK], white chocolate mocha [Sugar,	1218	290	13.5	9.4	34.3	33.5	0.3	7.9	0.36	89.1
White Mocha - whole milk	Grande	whole milk [whole MILK], white chocolate mocha [Sugar,	1603	382	17.1	11.8	46	45.1	0.3	11.1	0.49	89.1
White Mocha - whole milk	Venti	whole milk [whole MILK], white chocolate mocha [Sugar,	1936	461	20	13.8	56.8	55.6	0.5	13.4	0.60	133.6
White Mocha - skimmed milk	Short	skimmed milk [skimmed MILK], white chocolate mocha [S	708	169	6.2	4.5	22.9	22.5	0.2	5.2	0.24	44.5
White Mocha - skimmed milk	Tall	skimmed milk [skimmed MILK], white chocolate mocha [S	1034	246	8.3	6	24.6	33.8	0.3	8.1	0.36	89.1
White Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], white chocolate mocha [S	1312	317	9.4	6.8	46.4	45.4	0.3	11.4	0.51	89.1
White Mocha - skimmed milk	Venti	skimmed milk [skimmed MILK], white chocolate mocha [S	1613	384	10.9	7.9	57.3	56.1	0.5	13.7	0.62	133.6
White Mocha - almond drink	Short	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	695	158	7.1	4.5	20.5	20.1	0.4	2.2	0.20	44.5
White Mocha - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	952	229	9.7	5.9	30.9	30.1	0.6	3.4	0.31	89.1
White Mocha - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1212	292	11.5	6.8	41	40.2	0.8	4.4	0.42	89.1
White Mocha - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1470	353	13.3	7.8	50.9	49.7	1	5.4	0.51	133.6
White Mocha - soya drink	Short	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	727	172	7.4	4.7	20.6	19.3	0.8	2.2	0.24	89.1
White Mocha - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1064	254	10.7	6.3	30.1	28.2	1.2	7.7	0.33	89.1
White Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1376	329	13	7.2	41.2	40.1	1.7	10.7	0.45	89.1
White Mocha - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1666	398	15.1	8.3	51.1	49.6	2.1	12.9	0.55	133.6
White Mocha - oat drink	Short	oat drink [Water, OAT (10%), sunflower oil, chicory root	797	190	8.9	4.7	24.6	20.9	1.1	2.5	0.25	44.5
White Mocha - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	1174	279	12.5	6.3	37.2	31.3	1.8	3.8	0.39	89.1
White Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1538	366	15.7	7.2	47.3	50.4	0.6	6.2	0.54	89.1
White Mocha - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1859	442	18.3	8.3	62	51.7	3.2	6.2	0.66	133.6
White Mocha - coconut drink	Short	coconut drink [Water, coconut milk (5.7%) [water, coco	691	165	7.4	5	21.3	20.9	0.5	3.2	0.22	44.5
White Mocha - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	1009	240	10.1	6.9	32.1	31.3	0.8	4.9	0.33	89.1
White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	1295	308	12.1	8.1	42.8	42	1	6.6	0.45	89.1
White Mocha - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	1569	373	14.1	9.4	53	51.8	1.3	8.1	0.55	133.6
Cold Coffee												
Cold Brew	Tall	cold brew diluted (as consumed) [arabica coffee], ice	72	16	0.6	0.2	1.6	0.1	1	0.8	0.01	188.6
Cold Brew	Grande	cold brew diluted (as consumed) [arabica coffee], ice	97	22	0.8	0.3	2.2	0.4	1.4	1.4	0.01	255.8
Cold Brew	Venti	cold brew diluted (as consumed) [arabica coffee], ice	123	27	1	0.4	2.8	0.7	1.8	0.1	0.01	232.9
Cold Brew Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], cold brew con	373	88	3.1	1.9	8.6	7.7	0.5	6.4	0.18	159.1
Cold Brew Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], cold brew con	520	123	4.3	2.7	12	11.1	0.6	8.9	0.26	166.5
Cold Brew Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], cold brew con	598	142	5	3.1	13.8	12.7	0.7	10.3	0.30	204.7
Cold Brew Latte - whole milk	Tall	whole milk [whole MILK], cold brew concentrate [arabica	482	114	6.2	3.9	8.4	7.6	0.5	6.2	0.18	159.1
Cold Brew Latte - whole milk	Grande	whole milk [whole MILK], cold brew concentrate [arabica	677	161	8.8	5.5	11.7	10.9	0.6	8.7	0.25	166.5
Cold Brew Latte - whole milk	Venti	whole milk [whole MILK], cold brew concentrate [arabica	778	185	10.1	6.3	13.5	12.7	0.7	10.4	0.29	204.7
Cold Brew Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], cold brew concentrate [ar	291	69	0.3	0.3	8.7	7.9	0.5	6.4	0.19	159.1
Cold Brew Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], cold brew concentrate [ar	402	95	1.1	0.4	12.2	11.3	0.6	8.9	0.26	166.5
Cold Brew Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], cold brew concentrate [ar	464	110	1.2	0.5	14	13	0.7	10.3	0.30	204.7
Cold Brew Latte - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	206	51	2.3	0.3	6.9	4.1	0.9	1.5	0.12	159.1
Cold Brew Latte - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	280	69	3.1	0.3	6.7	5.8	1	1.8	0.18	166.5
Cold Brew Latte - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	324	80	3.6	0.4	7.2	6.3	1.2	2.6	0.20	204.7
Cold Brew Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	322	77	3.4	0.6	5	4	1.5	5.9	0.15	159.1
Cold Brew Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	447	107	4.7	0.8	6.9	5.8	2	8.3	0.21	166.5
Cold Brew Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	515	123	5.4	0.9	8	6.6	2.3	9.5	0.24	204.7
Cold Brew Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	437	103	5.2	0.6	11.5	5.3	2.1	1.9	0.21	159.1
Cold Brew Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	612	144	7.4	0.9	16.6	7.6	2.9	2.5	0.30	166.5
Cold Brew Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	703	166	8.5	0.8	18.6	8.7	3.3	2.9	0.34	204.7</

Iced Latte Macchiato - whole milk	Tall	whole milk [whole MILK], ice, espresso roast (as consumed)	500	119	64	4.1	8.9	8.1	0.3	6.4	0.18	89.1
Iced Latte Macchiato - whole milk	Grande	whole milk [whole MILK], ice, espresso roast (as consumed)	726	173	9.5	6	12.8	12	0.3	9.2	0.27	89.1
Iced Latte Macchiato - whole milk	Venti	whole milk [whole MILK], ice, espresso roast (as consumed)	755	180	9.7	6.1	13.5	12.3	0.4	9.6	0.28	133.6
Iced Latte Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, espresso roast (as consumed)	295	70	0.7	0.3	9.3	8.5	0.3	6.5	0.19	89.1
Iced Latte Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, espresso roast (as consumed)	423	100	0.9	0.4	13.1	12.3	0.3	9.3	0.29	89.1
Iced Latte Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, espresso roast (as consumed)	446	106	1	0.4	14	12.8	0.4	9.9	0.29	133.6
Iced Latte Macchiato - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	204	51	2.2	0.2	5.2	4.4	0.6	1.3	0.13	89.1
Iced Latte Macchiato - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	288	72	3.2	0.3	7.3	6.5	0.8	1.7	0.19	89.1
Iced Latte Macchiato - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	308	77	3.3	0.3	7.9	6.6	0.9	1.9	0.19	133.6
Iced Latte Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	328	79	3.4	0.6	5.3	4.4	1.3	6	0.15	89.1
Iced Latte Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	472	114	4.9	0.8	12.7	7.5	6.1	8.2	0.21	89.1
Iced Latte Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	496	119	5.1	0.8	8.1	6.6	2	9.1	0.23	133.6
Iced Latte Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	451	107	5.4	0.6	12.3	5.7	2	1.8	0.22	89.1
Iced Latte Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	653	155	7.9	0.8	17.7	8.4	2.8	2.4	0.32	89.1
Iced Latte Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	681	162	8.2	0.8	18.5	8.6	3	2.7	0.33	133.6
Iced Latte Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	287	63	2.7	1.2	6.6	5.8	0.8	9	0.15	89.1
Iced Latte Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	383	88	3.9	1.8	9.3	8.3	1	9.3	0.23	89.1
Iced Latte Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	404	95	4.1	1.9	9.9	8.7	1.2	4.5	0.23	133.6
Iced Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, espresso	615	146	4.2	2.6	20.4	19.1	0.3	6.6	0.22	89.1
Iced Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, espresso	845	201	5.6	3.6	27.9	26.6	0.3	9.6	0.31	89.1
Iced Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, espresso	932	221	5.8	3.6	32.2	30.4	0.4	10	0.32	133.6
Iced Caramel Macchiato - whole milk	Tall	whole milk [whole MILK], ice, espresso roast (as consumed)	732	174	7.5	4.7	10.2	18.9	0.3	6.4	0.22	89.1
Iced Caramel Macchiato - whole milk	Grande	whole milk [whole MILK], ice, espresso roast (as consumed)	1019	245	10.6	6.8	20.7	27.2	0.4	9.3	0.31	89.1
Iced Caramel Macchiato - whole milk	Venti	whole milk [whole MILK], ice, espresso roast (as consumed)	1109	264	10.8	6.8	30	30.2	0.4	9.7	0.31	133.6
Iced Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, espresso roast (as consumed)	527	125	1.7	0.9	26	19.3	0.3	6.6	0.23	89.1
Iced Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, espresso roast (as consumed)	716	170	2	1	28.2	26.9	0.3	9.6	0.32	89.1
Iced Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, espresso roast (as consumed)	799	189	2.1	1.1	32.5	30.7	0.4	10	0.33	133.6
Iced Caramel Macchiato - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	436	106	3.3	0.9	16.5	15.2	0.6	1.4	0.16	89.1
Iced Caramel Macchiato - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	583	145	4.1	1.5	22.1	21.4	0.8	2.2	0.18	89.1
Iced Caramel Macchiato - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	662	160	4.4	1	26.3	24.5	0.9	2	0.23	133.6
Iced Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	561	134	4.4	1.2	16.6	15.2	1.3	6.1	0.19	89.1
Iced Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	765	183	6	1.5	22.4	20.7	1.8	8.8	0.26	89.1
Iced Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	850	203	6.2	1.5	26.5	24.4	2	9.2	0.27	133.6
Iced Caramel Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	683	162	6.5	1.2	23.6	16.5	2	1.9	0.25	89.1
Iced Caramel Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	946	224	9.9	1.5	32.6	27.7	2.8	2.5	0.36	89.1
Iced Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1035	245	9.9	1.5	37.1	26.7	3	2.8	0.37	133.6
Iced Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) (water, coco	499	118	3.8	1.9	17.8	16.6	0.8	3.1	0.19	89.1
Iced Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	674	159	5	2.5	24.2	22.8	1	4.3	0.26	89.1
Iced Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) (water, coco	757	179	5.1	2.5	28.4	26.5	1.2	4.6	0.27	133.6
Iced Mocha - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], mocha sauce	1019	244	12.9	8.9	23.6	21.7	3	7	0.15	107.3
Iced Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], mocha sauce	1463	340	17.7	12.2	32.9	30.3	3	10.5	0.24	133.6
Iced Mocha - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], mocha sauce	1594	380	17.8	12.3	37	34.3	4.9	10.4	0.27	164
Iced Mocha - whole milk	Tall	ice, whole milk [whole MILK], mocha sauce [water, sugar,	1097	263	15.1	10.3	23.4	21.6	3	6.9	0.15	107.3
Iced Mocha - whole milk	Grande	whole milk [whole MILK], mocha sauce [water, sugar,	1550	371	21.3	14.5	32.7	30.5	3.9	10.3	0.24	113.4
Iced Mocha - whole milk	Venti	ice, whole milk [whole MILK], mocha sauce [water, sugar,	1616	387	21	14.2	36.8	34	4.9	10.2	0.22	164
Iced Mocha - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], mocha sauce [water, s	961	230	11.3	7.8	23.7	21.9	3	7	0.16	107.3
Iced Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, mocha sauce [water,	1324	317	15	10.3	30	28.9	3.9	10.5	0.25	113.4
Iced Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], mocha sauce [water, s	1403	340	15.6	10.6	37.2	34.3	4.9	10.4	0.27	164
Iced Mocha - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	901	217	12.3	7.7	20.9	19.1	3.2	3.5	0.11	107.3
Iced Mocha - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1224	296	16.7	10.3	28.5	26.4	4.2	4.7	0.18	113.4
Iced Mocha - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1334	322	17	10.6	33.3	30.4	5.2	5.4	0.16	164
Iced Mocha - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	983	236	13.1	8	21	19.1	3.6	6.6	0.13	107.3
Iced Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1361	327	18	10.6	28.7	26.3	5	9.9	0.21	113.4
Iced Mocha - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1453	348	18.7	10.9	33.4	31.4	5.9	10.9	0.23	164
Iced Mocha - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1065	255	14.4	8	25.6	20	4.1	3.8	0.17	107.3
Iced Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1496	357	20.2	10.6	36.3	27.8	5.7	5.2	0.28	113.4
Iced Mocha - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1570	375	20	10.9	40	31.6	6.5	5.9	0.25	164
Iced Mocha - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	943	226	12.6	8.4	21.9	20	3	4.6	0.13	107.3
Iced Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1293	309	13.2	11.4	30	27.8	4.4	6.8	0.21	113.4
Iced Mocha - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1394	337	13.6	11.6	35.7	32.7	5.4	7.4	0.19	164
Iced White Mocha - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], white choc	1207	288	13.9	10	33.7	32.6	0.3	7	0.33	89.1
Iced White Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, white cho	1680	401	19.1	13.7	46.5	45.7	0.3	10.6	0.48	89.1
Iced White Mocha - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], white choc	1833	438	19.6	14.2	54.2	53	0.5	10.7	0.52	133.6
Iced White Mocha - whole milk	Tall	ice, whole milk [whole MILK], white chocolate mocha [Sug	1286	307	16.1	11.1	33.5	32.7	0.3	6.9	0.32	89.1
Iced White Mocha - whole milk	Grande	whole milk [whole MILK], ice, white chocolate mocha [Sug	1813	433	22.8	16.4	46.3	45.5	0.3	10.4	0.48	89.1
Iced White Mocha - whole milk	Venti	ice, whole milk [whole MILK], white chocolate mocha [Sug	1951	466	23	16.3	54	52.8	0.5	10.5	0.51	133.6
Iced White Mocha - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], white chocolate mocha	1149	274	12	8.9	33.8	33	0.3	7	0.33	89.1
Iced White Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, white chocolate mocha	1580	377	16.3	11.8	46.7	45.9	0.3	10.6	0.49	89.1
Iced White Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], white chocolate mocha	1745	416	17.2	12.5	54.4	53.2	0.5	10.7	0.52	133.6
Iced White Mocha - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1088	261	13.3	8.9	31	30.2	0.5	3.5	0.29	89.1
Iced White Mocha - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1477	355	18	11.7	42.1	41.2	0.7	4.7	0.41	89.1
Iced White Mocha - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1653	387	18.7	12.4	49.1	48	0.8	5.6	0.43	164
Iced White Mocha - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1171	280	14.1	9.1	31.1	30.3	1	9.1	0.30	89.1
Iced White Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1618	387	19.4	12.1	42.2	41.2	1.5	10.1	0.44	89.1
Iced White Mocha - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1778	425	19.9	12.8	50.4	49	1.5	10.2	0.48	133.6
Iced White Mocha - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1253	299	15.4	9.1	35.8	31.1	1.5	3.8	0.35	89.1
Iced White Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1757	419	21.7	12.1	50.1	42.7	2.3	5.3	0.52	89.1
Iced White Mocha - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1992	453	21.9	12.8	57.4	50.3	2.2	5.9	0.55	133.6
Iced White Mocha - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1130	280	13.6	9.2	31.9	31.6	0.7	4.6	0.30	89.1
Iced White Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) (water, coco	1549	369	18.6	12.9	43.6	42.8	0.9	6.6	0.44	89.1
Iced White Mocha - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) (water, co	1717	409	19.2	13.5	51.6	50.4	1	7.1	0.48	133.6
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK], blonde roa	367	87	2.1	1.3	12.6	11.8	0.3	4.3	0.12	85.5
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Grande	ice, semi skimmed milk [Semi skimmed MILK], blonde roa	485	115	2.6	1.6	17.4	16.2	0.4	5.4	0.15	128.2
Iced Brown Sugar Oat Shaken Espresso - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK], blonde roa	593	141	3	1.8	21.9	20.4	0.5	6.2	0.17	171
Iced Brown Sugar Oat Shaken Espresso - whole milk	Tall	ice, whole milk [whole MILK], blonde roast (as consumed)	404	104	4.8	2.7	11.5	11.2	0.3	4.2	0.12	85.5
Iced Brown Sugar Oat Shaken Espresso - whole milk	Grande	ice, whole milk [whole MILK], blonde roast (as consumed)	579	138	5.2	3.3	17.3	16.1	0.4	5.2	0.15	128.2
Iced Brown Sugar Oat Shaken Espresso - whole milk	Venti	ice, whole milk [whole MILK], blonde roast (as consumed)	700	167	6	3.8	21.8	20.2	0.5	6.1	0.17	171
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Tall	ice, skimmed milk [skimmed MILK], blonde roast (as consu	310	73	0.5	0.2	12.7	12	0.3	4.3	0.13	85.5
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Grande	ice, skimmed milk [skimmed MILK], blonde roast (as consu	415	99	0.6	0.2	17.5	16.4	0.4	5.4	0.16	128.2
Iced Brown Sugar Oat Shaken Espresso - skimmed milk	Venti	ice, skimmed milk [skimmed MILK], blonde roast (as consu	513	122	0.7	0.3	22.1	20.5	0.5	6.2	0.18	171
Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	250	61	1.5	0.2	10	9.3	0.5	0.8	0.09	85.5
Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	342	83	1.9	0.2	14.3	13.1	0.7	1.2	0.10	128.2
Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	430	104	2.2	0.2	18.4	16.8	0.9	1.4	0.12	171
Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	331	79	2.3	0.4	10.1	9.2	0.9	4	0.10	85.5
Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	442	106	2.8	0.5	14.4	13.1	1.2	5	0.12	1

Signature Hot Chocolate - skimmed milk	Venti	skimmed milk (skimmed MILK, premium cocoa mix (sugar	1594	379	11	7.1	47.1	45	5.8	19.4	0.50	34.6
Signature Hot Chocolate - almond drink	Short	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	621	150	7.7	4.1	15.3	14.4	2.7	2.7	0.13	14
Signature Hot Chocolate - almond drink	Tall	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	925	224	10.8	5.5	23.7	22.3	4.2	4.2	0.21	21.8
Signature Hot Chocolate - almond drink	Grande	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	1194	275	12.5	6.2	30.3	28.5	5.5	5.5	0.26	28.6
Signature Hot Chocolate - almond drink	Venti	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	1371	332	14.8	7.7	37.1	34.7	6.7	6.7	0.34	34.6
Signature Hot Chocolate - soya drink	Short	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	735	176	8.7	4.4	15.4	14.4	3.3	7.1	0.15	14
Signature Hot Chocolate - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1113	266	12.6	6	23.9	22.3	5.2	11.4	0.25	21.8
Signature Hot Chocolate - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1368	327	14.7	6.8	30.5	28.4	6.8	14.3	0.31	28.6
Signature Hot Chocolate - soya drink	Venti	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1675	401	17.7	7.8	37.4	34.8	8.4	18.2	0.40	34.6
Signature Hot Chocolate - oat drink	Short	oat drink (Water, OAT (10%), sunflower oil, chicory roo	646	201	10.6	4.4	21.7	15.6	3.9	3.2	0.21	14
Signature Hot Chocolate - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory roo	928	230	12.5	5.7	28.3	21.4	6.2	4.9	0.25	21.8
Signature Hot Chocolate - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory roo	1598	380	18.5	6.8	43.6	30.9	8	6.3	0.43	28.6
Signature Hot Chocolate - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory roo	1975	469	22.6	7.8	54.4	38.1	10	7.8	0.56	34.6
Signature Hot Chocolate - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	679	162	8.1	5.1	16.5	15.6	2.8	4.3	0.15	14
Signature Hot Chocolate - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	1020	243	11.6	7.1	25.7	24.4	4.4	6.8	0.25	21.8
Signature Hot Chocolate - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	1253	298	13.5	8.1	32.8	31	5.8	8.5	0.31	28.6
Signature Hot Chocolate - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	1525	363	16.1	9.5	40.4	38.3	7.1	10.7	0.40	34.6
iced Chocolate - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), ice, mocha sa	1125	269	13.8	9.5	26.4	25.3	2.9	8.5	0.21	19.8
iced Chocolate - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), ice, mocha sa	1522	364	18.5	12.8	35.6	34.1	3.8	11.9	0.30	26
iced Chocolate - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK), ice, mocha sa	1666	398	19.2	13.2	41.2	39.4	4.8	12.9	0.31	32.5
iced Chocolate - whole milk	Tall	whole milk (whole MILK), ice, mocha sauce (water, sugar	1237	296	16.9	11.5	26.2	25.1	2.9	8.4	0.20	19.8
iced Chocolate - whole milk	Grande	whole milk (whole MILK), ice, mocha sauce (water, sugar	1683	402	23.1	15.6	35.3	33.9	3.8	11.7	0.29	26
iced Chocolate - whole milk	Venti	whole milk (whole MILK), ice, mocha sauce (water, sugar	1833	438	23.9	16.2	40.9	39.1	4.8	12.6	0.30	32.5
iced Chocolate - skimmed milk	Tall	skimmed milk (skimmed MILK), ice, mocha sauce (water,	1042	249	11.4	7.9	26.5	25.4	2.9	8.5	0.21	19.8
iced Chocolate - skimmed milk	Grande	skimmed milk (skimmed MILK), ice, mocha sauce (water,	1401	335	15.1	10.4	35.8	34.4	3.8	11.9	0.30	26
iced Chocolate - skimmed milk	Venti	skimmed milk (skimmed MILK), ice, mocha sauce (water,	1542	368	15.7	10.8	41.4	39.6	4.8	12.9	0.31	32.5
iced Chocolate - almond drink	Tall	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	955	231	12.9	7.8	27.6	21.5	3.3	3.5	0.15	19.8
iced Chocolate - almond drink	Grande	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	1276	308	17.2	10.4	30.2	28.7	4.3	4.7	0.21	26
iced Chocolate - almond drink	Venti	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	1413	339	17.9	11.3	35.8	34	5.3	6.2	0.22	32.5
iced Chocolate - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1073	257	12.1	8.2	27.5	21.5	3.9	8.1	0.17	19.8
iced Chocolate - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1447	347	18.9	10.8	30.4	28.7	5.3	11.2	0.25	26
iced Chocolate - soya drink	Venti	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1589	381	19.6	11.2	35.8	33.7	6.3	12.2	0.26	32.5
iced Chocolate - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory roo	1191	284	16	8.2	29.4	22.8	4.6	4	0.24	19.8
iced Chocolate - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory roo	1616	385	21.6	10.8	39.9	30.5	6.2	5.4	0.34	26
iced Chocolate - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory roo	1763	421	25.5	11.2	45.6	35.6	7.3	6.1	0.35	32.5
iced Chocolate - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	1015	242	13.4	8.8	28.3	26.8	3.4	5	0.17	19.8
iced Chocolate - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	1363	325	17.9	11.8	32	30.6	4.5	7	0.25	26
iced Chocolate - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	1502	358	18.6	12.2	37.5	35.7	5.5	7.8	0.26	32.5
Frappuccino®												
Coffee Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed milk (Semi skimmed MILK), coffee frapp	890	212	10.6	7.5	25.2	24.4	0.1	3.7	0.41	23
Coffee Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed milk (Semi skimmed MILK), coffee frapp	1187	283	14	9.9	34.1	33	0.2	4.9	0.55	31.4
Coffee Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed milk (Semi skimmed MILK), coffee frapp	1309	312	14.1	9.9	40.9	39.5	0.2	5	0.66	39.5
Coffee Frappuccino® - whole milk	Tall	ice, whole milk (whole MILK), coffee frappuccino syrup (W)	942	225	12.1	8.4	25.2	24.4	0.1	3.6	0.41	23
Coffee Frappuccino® - whole milk	Grande	ice, whole milk (whole MILK), coffee frappuccino syrup (W)	1253	298	15.9	11.2	34	32.3	0.2	4.8	0.55	31.4
Coffee Frappuccino® - whole milk	Venti	ice, whole milk (whole MILK), coffee frappuccino syrup (W)	1377	328	16	11.1	40.8	39.4	0.2	4.9	0.66	39.5
Coffee Frappuccino® - skimmed milk	Tall	ice, skimmed milk (skimmed MILK), coffee frappuccino syn	851	203	9.5	6.7	25.3	24.5	0.1	3.7	0.41	23
Coffee Frappuccino® - skimmed milk	Grande	ice, skimmed milk (skimmed MILK), coffee frappuccino syn	1137	271	12.6	8.9	34.2	33.1	0.2	4.9	0.55	31.4
Coffee Frappuccino® - skimmed milk	Venti	ice, skimmed milk (skimmed MILK), coffee frappuccino syn	1258	300	12.6	8.9	41	39.6	0.2	5	0.66	39.5
Coffee Frappuccino® - almond drink	Tall	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	811	195	10.2	6.7	23.5	22.7	0.3	1.4	0.38	23
Coffee Frappuccino® - almond drink	Grande	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1084	280	13.5	8.8	31.8	30.7	0.4	1.8	0.52	31.4
Coffee Frappuccino® - almond drink	Venti	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1205	289	13.5	8.8	36.5	37.2	0.4	2	0.62	39.5
Coffee Frappuccino® - soya drink	Tall	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	866	207	10.7	6.9	23.6	22.7	0.6	3.5	0.39	23
Coffee Frappuccino® - soya drink	Grande	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1156	276	14.2	9	31.9	30.7	0.8	4.6	0.53	31.4
Coffee Frappuccino® - soya drink	Venti	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1278	305	14.2	9.1	38.7	37.2	0.8	4.8	0.64	39.5
Coffee Frappuccino® - oat drink	Tall	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	920	219	11.6	6.9	26.6	23.3	0.9	1.6	0.42	23
Coffee Frappuccino® - oat drink	Grande	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1226	292	16.4	9	35.9	33.5	1.1	2.1	0.57	31.4
Coffee Frappuccino® - oat drink	Venti	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1349	321	16.4	9.1	42.7	38	1.2	2.3	0.68	39.5
Coffee Frappuccino® - coconut drink	Tall	ice, coconut drink (Water, coconut milk (5.7%) (water, co	891	200	10.4	7.2	24.1	23.3	0.4	2.1	0.39	23
Coffee Frappuccino® - coconut drink	Grande	ice, coconut drink (Water, coconut milk (5.7%) (water, co	1120	267	13.8	9.4	32.6	31.5	0.5	2.8	0.53	31.4
Coffee Frappuccino® - coconut drink	Venti	ice, coconut drink (Water, coconut milk (5.7%) (water, co	1242	296	13.8	9.5	39.4	38	0.5	3	0.64	39.5
Caramel Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed milk (Semi skimmed MILK), coffee frapp	1135	271	12.3	8.5	35.7	34.4	0.1	3.9	0.46	23.1
Caramel Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed milk (Semi skimmed MILK), coffee frapp	1456	347	15.8	11.1	45.8	44.1	0.2	5	0.60	39.5
Caramel Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed milk (Semi skimmed MILK), coffee frapp	1612	389	16.1	11.1	53.2	51.3	0.2	5.3	0.69	39.5
Caramel Frappuccino® - whole milk	Tall	ice, whole milk (whole MILK), coffee frappuccino syrup (W)	1187	283	13.8	9.5	35.7	34.3	0.1	3.8	0.46	23.1
Caramel Frappuccino® - whole milk	Grande	ice, whole milk (whole MILK), coffee frappuccino syrup (W)	1522	363	17.7	12.2	45.7	44	0.2	4.9	0.60	30.8
Caramel Frappuccino® - whole milk	Venti	ice, whole milk (whole MILK), coffee frappuccino syrup (W)	1701	405	18	12.3	55.1	53.1	0.2	5.1	0.72	39.5
Caramel Frappuccino® - skimmed milk	Tall	ice, skimmed milk (skimmed MILK), coffee frappuccino syn	1096	261	11.2	7.8	35.8	34.5	0.1	3.9	0.46	23.1
Caramel Frappuccino® - skimmed milk	Grande	ice, skimmed milk (skimmed MILK), coffee frappuccino syn	1406	335	14.4	10	45.9	44.2	0.2	5	0.60	30.8
Caramel Frappuccino® - skimmed milk	Venti	ice, skimmed milk (skimmed MILK), coffee frappuccino syn	1582	376	16.1	10.2	53.2	51.3	0.2	5.2	0.69	39.5
Caramel Frappuccino® - almond drink	Tall	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1056	253	11.9	7.8	34	32.7	0.3	1.5	0.44	23.1
Caramel Frappuccino® - almond drink	Grande	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1355	324	15.3	10	43.6	41.9	0.4	2	0.56	30.8
Caramel Frappuccino® - almond drink	Venti	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1529	365	15.5	10.1	52.9	50.9	0.4	2.2	0.69	39.5
Caramel Frappuccino® - soya drink	Tall	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1111	265	12.4	7.9	34	32.6	0.6	3.7	0.45	23.1
Caramel Frappuccino® - soya drink	Grande	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1425	340	16	10.2	45.6	41.8	0.8	4.7	0.58	30.8
Caramel Frappuccino® - soya drink	Venti	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1693	382	16.3	10.3	53.9	52	0.8	4.9	0.70	39.5
Caramel Frappuccino® - oat drink	Tall	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1156	278	13.3	7.9	37.1	33.2	0.9	1.8	0.48	23.1
Caramel Frappuccino® - oat drink	Grande	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1494	356	17.1	10.2	47.6	42.6	1.1	2.3	0.62	30.8
Caramel Frappuccino® - oat drink	Venti	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1672	398	17.4	10.3	57	51.7	1.2	2.4	0.74	39.5
Caramel Frappuccino® - coconut drink	Tall	ice, coconut drink (Water, coconut milk (5.7%) (water, co	1084	258	12.1	8.2	34.6	33.3	0.4	2.3	0.45	23.1
Caramel Frappuccino® - coconut drink	Grande	ice, coconut drink (Water, coconut milk (5.7%) (water, co	1390	331	15.8	10.6	44.3	42.7	0.5	3	0.58	30.8
Caramel Frappuccino® - coconut drink	Venti	ice, coconut drink (Water, coconut milk (5.7%) (water, co	1565	372	16.8	10.7	53.9	52.3	0.5	3.7	0.70	39.5
Mocha Frappuccino® - semi skimmed milk	Tall	ice, semi skimmed milk (Semi skimmed MILK), coffee frapp	999	238	11.1	7.8	29.6	28.5	1	4.3	0.40	28.6
Mocha Frappuccino® - semi skimmed milk	Grande	ice, semi skimmed milk (Semi skimmed MILK), coffee frapp	1315	314	14.6	10.2	39.1	37.7	1.3	5.5	0.53	37.9
Mocha Frappuccino® - semi skimmed milk	Venti	ice, semi skimmed milk (Semi skimmed MILK), coffee frapp	1512	360	15	10.4	49.1	47.1	1.7	6.1	0.66	49.7
Mocha Frappuccino® - whole milk	Tall	ice, whole milk (whole MILK), coffee frappuccino syrup (W)	1050	251	12.6	8.7	29.6	28.5	1	4.2	0.40	28.6
Mocha Frappuccino® - whole milk	Grande	ice, whole milk (whole MILK), coffee frappuccino syrup (W)	1380	329	16.5	11.4	39	37.6	1.3	5.4	0.53	37.9
Mocha Frappuccino® - whole milk	Venti	ice, whole milk (whole MILK), coffee frappuccino syrup (W)	1580	378	17.4	11.6	49	47	1.7	6.6	0.69	49.7
Mocha Frappuccino® - skimmed milk	Tall	ice, skimmed milk (skimmed MILK), coffee frappuccino syn	961	229	10.1	7	29.7	28.6	1.1	4.3	0.41	28.6
Mocha Frappuccino® - skimmed milk	Grande	ice, skimmed milk (skimmed MILK), coffee frappuccino syn	1267	302	13.3	9.3	39.2	37.7	1.3	5.5	0.53	37.9
Mocha Frappuccino® - skimmed milk	Venti	ice, skimmed milk (skimmed MILK), coffee frappuccino syn	1461	348	13.6	9.4	49.2	47.2	1.7	6.1	0.66	49.7
Mocha Frappuccino® - almond drink	Tall	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	122	221	10.7	7	27.9	26.8	1.2	2	0.38	28.6
Mocha Frappuccino® - almond drink	Grande	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1217	292	14.1	9.3	37	35.5	1.5	2.6	0.50	37.9
Mocha Frappuccino® - almond drink	Venti	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1408	337	14.4	9.4	46.8	44.9	1.9	6.2	0.67	49.7
Mocha Frappuccino® - soya drink	Tall	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	976	238	11.2	7						

Vanilla Cream Frappuccino® - semi skimmed milk	Tall	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	885	212	10.9	7.7	24.4	23.9	0	4.1	0.39	0
Vanilla Cream Frappuccino® - semi skimmed milk	Grande	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	1214	290	14.5	10.2	34.4	33.7	0	5.6	0.56	0
Vanilla Cream Frappuccino® - semi skimmed milk	Venti	Ice, semi skimmed milk (Semi skimmed MILK), creme frapp	1380	329	14.8	10.4	43	42	0	6.3	0.69	0
Vanilla Cream Frappuccino® - whole milk	Tall	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	852	227	14.8	8.9	24.8	23.8	0	4.3	0.39	0
Vanilla Cream Frappuccino® - whole milk	Grande	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	1306	312	17.1	11.9	34.3	33.7	0	5.3	0.52	0
Vanilla Cream Frappuccino® - whole milk	Venti	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	1484	354	17.7	12.3	42.8	41.9	0	6.1	0.69	0
Vanilla Cream Frappuccino® - skimmed milk	Tall	Ice, skimmed milk (skimmed MILK), creme frappuccino syn	836	200	9.5	6.7	24.5	24	0	4.1	0.40	0
Vanilla Cream Frappuccino® - skimmed milk	Grande	Ice, skimmed milk (skimmed MILK), creme frappuccino syn	1145	274	12.5	8.9	34.6	33.8	0	5.6	0.56	0
Vanilla Cream Frappuccino® - skimmed milk	Venti	Ice, skimmed milk (skimmed MILK), creme frappuccino syn	1303	311	12.6	8.9	43.1	42.2	0	6.3	0.70	0
Vanilla Cream Frappuccino® - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	984	189	10.4	6.7	22.1	21.7	0.2	1.1	0.36	0
Vanilla Cream Frappuccino® - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1074	237	13.8	8.9	32.4	31.8	0.3	1.3	0.51	0
Vanilla Cream Frappuccino® - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1222	294	14	8.9	39.5	38.5	0.3	1.6	0.64	0
Vanilla Cream Frappuccino® - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	855	205	11	6.9	22.3	21.7	0.6	3.8	0.37	0
Vanilla Cream Frappuccino® - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1172	280	14.7	9.1	31.4	30.6	0.8	5.3	0.53	0
Vanilla Cream Frappuccino® - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1332	319	15	9.2	39.6	38.5	0.9	5.8	0.66	0
Vanilla Cream Frappuccino® - oat drink	Tall	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	924	221	12.2	6.9	26.2	22.4	1	1.4	0.41	0
Vanilla Cream Frappuccino® - oat drink	Grande	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1288	300	16.9	9.2	35.9	31.3	1.3	1.9	0.58	0
Vanilla Cream Frappuccino® - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1441	343	16.8	9.2	45.8	39.7	1.5	2	0.72	0
Vanilla Cream Frappuccino® - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	820	196	10.6	7.3	23	22.4	0.3	2.1	0.37	0
Vanilla Cream Frappuccino® - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1123	268	14.2	9.7	32.4	31.7	0.4	2.9	0.53	0
Vanilla Cream Frappuccino® - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1278	305	14.4	9.7	40.7	39.7	0.5	3.1	0.66	0
Caramel Cream Frappuccino® - semi skimmed milk	Tall	Ice, semi skimmed milk (Semi skimmed MILK), creme frap	1067	255	12.9	8.8	31.1	30.1	0	4.2	0.45	0
Caramel Cream Frappuccino® - semi skimmed milk	Grande	Ice, semi skimmed milk (Semi skimmed MILK), creme frap	1413	337	16.3	11.4	41.8	40.6	0	5.6	0.61	0
Caramel Cream Frappuccino® - semi skimmed milk	Venti	Ice, semi skimmed milk (Semi skimmed MILK), creme frap	1600	382	16.8	11.7	51.1	49.6	0	6.4	0.76	0
Caramel Cream Frappuccino® - whole milk	Tall	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	1133	271	14.4	8.9	31	30	0	4.1	0.44	0
Caramel Cream Frappuccino® - whole milk	Grande	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	1505	359	18.9	13	41.6	40.4	0	5.7	0.61	0
Caramel Cream Frappuccino® - whole milk	Venti	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	1703	406	19.7	13.5	50.9	49.5	0	6.3	0.75	0
Caramel Cream Frappuccino® - skimmed milk	Tall	Ice, skimmed milk (skimmed MILK), creme frappuccino syn	1017	243	11.2	7.8	31.2	30.2	0	4.2	0.45	0
Caramel Cream Frappuccino® - skimmed milk	Grande	Ice, skimmed milk (skimmed MILK), creme frappuccino syn	1344	321	14.4	10.3	41.9	40.7	0	5.6	0.62	0
Caramel Cream Frappuccino® - skimmed milk	Venti	Ice, skimmed milk (skimmed MILK), creme frappuccino syn	1522	363	14.6	10.2	51.3	49.8	0	6.4	0.76	0
Caramel Cream Frappuccino® - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	965	232	12	7.7	28.9	27.9	0.2	1.3	0.41	0
Caramel Cream Frappuccino® - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1272	306	15.6	10	38.7	37.5	0.3	1.7	0.57	0
Caramel Cream Frappuccino® - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1441	346	16	10.1	47.6	46.1	0.3	1.8	0.70	0
Caramel Cream Frappuccino® - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1036	248	12.7	7.9	29	27.9	0.6	4	0.43	0
Caramel Cream Frappuccino® - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1370	328	16.5	10.3	38.8	37.4	0.8	5.4	0.59	0
Caramel Cream Frappuccino® - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1552	371	17	10.4	47.7	46.1	0.9	6	0.73	0
Caramel Cream Frappuccino® - oat drink	Tall	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1105	264	13.8	7.9	32.9	28.6	1	1.6	0.46	0
Caramel Cream Frappuccino® - oat drink	Grande	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1466	350	18.1	10.3	44.2	38.5	1.3	2.1	0.64	0
Caramel Cream Frappuccino® - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1660	396	18.8	10.4	53.9	47.3	1.5	2.2	0.78	0
Caramel Cream Frappuccino® - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1001	239	12.3	8.3	29.7	28.7	0.3	2.2	0.43	0
Caramel Cream Frappuccino® - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1322	315	16	8.9	39.8	38.5	0.4	3.9	0.59	0
Caramel Cream Frappuccino® - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1487	357	16.1	8.8	47.1	46.1	0.5	3.3	0.73	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Tall	Ice, semi skimmed milk (Semi skimmed MILK), creme frap	959	229	10.9	7.7	28.3	27.2	0.2	4.2	0.39	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Grande	Ice, semi skimmed milk (Semi skimmed MILK), creme frap	1300	310	14.4	10.2	39.1	37.6	0.3	5.6	0.54	0
Strawberries & Cream Frappuccino® - semi skimmed milk	Venti	Ice, semi skimmed milk (Semi skimmed MILK), creme frap	1434	342	14.6	10.3	46.3	44.5	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - whole milk	Tall	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	1025	245	12.8	8.8	28.2	27.1	0.2	4.1	0.39	0
Strawberries & Cream Frappuccino® - whole milk	Grande	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	1389	331	17	11.7	39	37.5	0.3	5.5	0.54	0
Strawberries & Cream Frappuccino® - whole milk	Venti	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	1578	364	17.2	11.9	46.2	44.3	0.4	6.1	0.61	0
Strawberries & Cream Frappuccino® - skimmed milk	Tall	Ice, skimmed milk (skimmed MILK), creme frappuccino syn	1010	217	9.5	6.7	28.4	27.3	0.2	4.2	0.40	0
Strawberries & Cream Frappuccino® - skimmed milk	Grande	Ice, skimmed milk (skimmed MILK), creme frappuccino syn	1234	294	12.6	8.9	39.2	37.7	0.3	5.6	0.55	0
Strawberries & Cream Frappuccino® - skimmed milk	Venti	Ice, skimmed milk (skimmed MILK), creme frappuccino syn	1364	325	12.6	8.9	46.5	44.6	0.4	5.9	0.64	0
Strawberries & Cream Frappuccino® - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	859	206	10.4	6.7	26.1	25	0.4	1.2	0.36	0
Strawberries & Cream Frappuccino® - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1165	280	13.8	8.8	36.1	34.6	0.5	1.6	0.50	0
Strawberries & Cream Frappuccino® - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1292	323	13.8	8.9	43.2	41.8	0.9	1.9	0.59	0
Strawberries & Cream Frappuccino® - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	929	222	11	6.9	26.2	25	0.8	3.9	0.37	0
Strawberries & Cream Frappuccino® - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1259	301	14.6	9.1	36.3	34.6	1.1	5.2	0.52	0
Strawberries & Cream Frappuccino® - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1391	332	14.8	9.1	43.3	41.3	1.2	5.5	0.61	0
Strawberries & Cream Frappuccino® - oat drink	Tall	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	997	238	12.2	6.9	30.1	25.8	1.2	1.5	0.41	0
Strawberries & Cream Frappuccino® - oat drink	Grande	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1352	322	16.2	9.1	41.5	35.6	1.6	2	0.57	0
Strawberries & Cream Frappuccino® - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1489	354	16.2	9.1	48.8	42.9	1.7	2.6	0.66	0
Strawberries & Cream Frappuccino® - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	894	213	10.7	7.3	26.9	25.8	0.5	2.2	0.37	0
Strawberries & Cream Frappuccino® - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1213	289	14.1	9.6	37.2	35.7	0.7	2.9	0.52	0
Strawberries & Cream Frappuccino® - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1342	319	14.3	9.7	44.3	42.4	0.8	3.1	0.61	0
Cookies & Cream Frappuccino® - semi skimmed milk	Tall	Ice, semi skimmed milk (Semi skimmed MILK), creme frap	1142	273	13.9	9.6	31.6	27	0.2	5.3	0.57	0
Cookies & Cream Frappuccino® - semi skimmed milk	Grande	Ice, semi skimmed milk (Semi skimmed MILK), creme frap	1528	365	14.4	12.7	42.7	36.6	0.3	7.1	0.77	0
Cookies & Cream Frappuccino® - semi skimmed milk	Venti	Ice, semi skimmed milk (Semi skimmed MILK), creme frap	1766	420	15.2	13.5	51.9	45.3	0.4	8.6	0.86	0
Cookies & Cream Frappuccino® - whole milk	Tall	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	1212	290	15.2	10.8	31.5	29.6	0.2	5.2	0.57	0
Cookies & Cream Frappuccino® - whole milk	Grande	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	1621	387	21.1	14.4	42.6	36.5	0.3	6.9	0.77	0
Cookies & Cream Frappuccino® - whole milk	Venti	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	1870	446	22.7	15.4	52.7	45	0.4	7.8	0.95	0
Cookies & Cream Frappuccino® - skimmed milk	Tall	Ice, skimmed milk (skimmed MILK), creme frappuccino syn	1090	260	12.5	8.6	31.7	27.1	0.2	5.3	0.57	0
Cookies & Cream Frappuccino® - skimmed milk	Grande	Ice, skimmed milk (skimmed MILK), creme frappuccino syn	1458	348	16.5	11.4	42.8	36.8	0.3	7.1	0.77	0
Cookies & Cream Frappuccino® - skimmed milk	Venti	Ice, skimmed milk (skimmed MILK), creme frappuccino syn	1689	403	16.6	12.1	53.1	45.4	0.4	8.6	0.86	0
Cookies & Cream Frappuccino® - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1016	240	13.4	8.6	29.2	24.6	0	2.3	0.48	0
Cookies & Cream Frappuccino® - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1386	333	17.7	11.3	39.6	33.5	0.6	2.9	0.72	0
Cookies & Cream Frappuccino® - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1696	386	18.9	12	49.4	41.7	0.7	3.3	0.90	0
Cookies & Cream Frappuccino® - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1110	266	14.1	8.8	29.3	24.7	0.8	5	0.55	0
Cookies & Cream Frappuccino® - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1485	355	18.6	11.6	39.2	33.5	1.1	6.7	0.74	0
Cookies & Cream Frappuccino® - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1718	411	20	12.3	49.5	41.7	1.3	7.6	0.93	0
Cookies & Cream Frappuccino® - oat drink	Tall	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1083	272	12.2	8.8	32.7	31.4	0.2	3.9	0.51	0
Cookies & Cream Frappuccino® - oat drink	Grande	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1382	378	20.2	11.6	45.2	34.5	1.6	3.3	0.79	0
Cookies & Cream Frappuccino® - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1827	436	21.8	12.3	55.7	42.9	1.9	3.8	0.99	0
Cookies & Cream Frappuccino® - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1074	256	13.7	9.2	30.1	25.5	0.5	3.2	0.55	0
Cookies & Cream Frappuccino® - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1436	343	18.1	10.7	40.7	34.6	0.7	4.2	0.74	0
Cookies & Cream Frappuccino® - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1662	397	19.4	12.9	50.6	42.9	0.8	4.9	0.93	0
Double Chocolate Chip Cream Frappuccino® - semi skimmed milk	Tall	Ice, semi skimmed milk (Semi skimmed MILK), creme frap	1170	270	12.4	10.2	31.2	27.1	0.4	5.4	0.61	0
Double Chocolate Chip Cream Frappuccino® - semi skimmed milk	Grande	Ice, semi skimmed milk (Semi skimmed MILK), creme frap	1585	379	18.4	13.6	44.1	41	2.3	7.3	0.63	10.3
Double Chocolate Chip Cream Frappuccino® - whole milk	Venti	Ice, semi skimmed milk (Semi skimmed MILK), creme frap	1776	424	19.9	14.5	52.1	48.4	2.8	8	0.74	12.6
Double Chocolate Chip Cream Frappuccino® - whole milk	Tall	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	1239	296	16	11.4	32	29.8	1.7	5.3	0.46	7.7
Double Chocolate Chip Cream Frappuccino® - whole milk	Grande	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	1678	401	21.4	15.3	43.9	40.9	2.3	7.2	0.63	10.3
Double Chocolate Chip Cream Frappuccino® - whole milk	Venti	Ice, whole milk (whole MILK), creme frappuccino syrup (W)	1875	448	22.7	16.2	52	48.3	2.8	7.8	0.74	12.6
Double Chocolate Chip Cream Frappuccino® - skimmed milk	Tall	Ice, skimmed milk (skimmed MILK), creme frappuccino syn	1118	287	12.6	8.9	32.2	30	1.7	5.4	0.46	7.7
Double Chocolate Chip Cream Frappuccino® - skimmed milk	Grande	Ice, skimmed milk (skimmed MILK), creme frappuccino syn	1515	362	16.8	12.3	44.2	41.2	2.3	7		

Grande & Mango Refresha	Venti	ice, orange & mango flavour beverage base (Water, sugar, ma	372	88	0	0	21.1	20.8	0.3	0	0.00	6.2
Orange & Mango Coconut Refresha	Tall	ice, coconut drink (Water, coconut milk (10%), sugar, ma	407	97	2.5	2.3	16.3	16.1	1.7	1	0.05	3.7
Grande & Mango Coconut Refresha	Grande	ice, coconut drink (Water, coconut milk (10%), sugar, ma	535	128	3.3	3	21.4	21.1	2.2	1.4	0.06	4.9
Mango Dragonfruit Starbucks Refresha	Venti	ice, coconut drink (Water, coconut milk (10%), sugar, ma	699	158	4	0.6	26.6	26.3	2.6	0.8	0.08	6.2
Mango Dragonfruit Starbucks Refresha*	Tall	ice, mango & dragon fruit flavour base (Water, sugar, grap	313	74	0.1	0	16.4	16.3	0.7	0.5	0.00	3.7
Mango Dragonfruit Starbucks Refresha	Grande	ice, mango & dragon fruit flavour base (Water, sugar, grap	381	90	0.3	0	20.3	20.2	0.7	0.5	0.01	4.9
Mango Dragonfruit Starbucks Refresha*	Venti	ice, mango & dragon fruit flavour base (Water, sugar, grap	455	107	0.3	0.1	24.5	24.4	0.7	0.5	0.01	6.2
Dragon Coconut Starbucks Refresha*	Tall	ice, coconut drink (Water, coconut milk (10%), sugar, ma	491	117	2.8	2.4	19.8	19.7	2.2	1.5	0.05	3.7
Dragon Coconut Starbucks Refresha*	Grande	ice, coconut drink (Water, coconut milk (10%), sugar, ma	618	148	3.6	3.1	24.9	24.8	2.7	1.8	0.07	4.9
Dragon Coconut Starbucks Refresha*	Venti	ice, coconut drink (Water, coconut milk (10%), sugar, ma	741	177	4.3	3.7	30.1	29.9	3.1	2.1	0.08	6.2

Hot Teas												
English Breakfast Tea	Short	water, English breakfast tea (black tea)	20	5	0.1	0	0	0	0	0.8	0.00	41.0
English Breakfast Tea	Tall	water, English breakfast tea (black tea)	20	5	0.1	0	0	0	0	0.8	0.00	41.0
English Breakfast Tea	Grande	water, English breakfast tea (black tea)	20	5	0.1	0	0	0	0	0.8	0.00	41.0
English Breakfast Tea	Venti	water, English breakfast tea (black tea)	40	10	0.3	0.1	0.1	0.1	0	1.7	0.00	82.0
Emperor's Clouds & Mist Tea	Short	water, emperor cloud mist (green tea)	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Tall	water, emperor cloud mist (green tea)	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Grande	water, emperor cloud mist (green tea)	15	4	0.1	0	0	0	0	0.6	0.00	0.9
Emperor's Clouds & Mist Tea	Venti	water, emperor cloud mist (green tea)	31	7	0.2	0	0	0	0	1.3	0.00	1.8
Earl Grey Tea	Short	water, earl grey (black tea, natural bergamot flavouring)	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Tall	water, earl grey (black tea, natural bergamot flavouring)	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Grande	water, earl grey (black tea, natural bergamot flavouring)	17	4	0.1	0	0	0	0	0.7	0.00	1.1
Earl Grey Tea	Venti	water, earl grey (black tea, natural bergamot flavouring)	35	8	0.3	0	0.1	0	0	1.4	0.00	2.1
Mint Herbal Blend	Short	water, mint blend (nana mint (70%), peppermint leaves)	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Tall	water, mint blend (nana mint (70%), peppermint leaves)	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Grande	water, mint blend (nana mint (70%), peppermint leaves)	18	4	0.1	0	0.6	0	0.3	0.2	0.00	0
Mint Herbal Blend	Venti	water, mint blend (nana mint (70%), peppermint leaves)	37	9	0.1	0	1.2	0	0.7	0.4	0.01	0
Spiced Apple Tea	Short	water, spiced apple infusion (apple pieces (51%) (apple), a	38	9	0.3	0.2	1.5	1.4	0	0.1	0.00	0
Spiced Apple Tea	Tall	water, spiced apple infusion (apple pieces (51%) (apple), a	38	9	0.3	0.2	1.5	1.4	0	0.1	0.00	0
Spiced Apple Tea	Grande	water, spiced apple infusion (apple pieces (51%) (apple), a	38	9	0.3	0.2	1.5	1.4	0	0.1	0.00	0
Spiced Apple Tea	Venti	water, spiced apple infusion (apple pieces (51%) (apple), a	76	18	0.6	0.4	3	2.7	0	0.2	0.01	0

Tea Latte													
Matcha Green Tea Latte - semi skimmed milk	Short	semi skimmed milk (Semi skimmed MILK), unsweetened	344	82	2.9	1.8	7.8	7.8	0.4	6	0.18	27.9	
Matcha Green Tea Latte - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), unsweetened	564	134	4.7	3	12.7	12.7	0.8	10	0.29	57.2	
Matcha Green Tea Latte - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), unsweetened	679	161	5.6	3.6	15.2	15.2	1.2	12	0.34	83	
Matcha Green Tea Latte - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK), unsweetened	912	217	7.5	4.8	20.4	20.4	1.7	16.2	0.47	111.5	
Matcha Green Tea Latte - whole milk	Short	whole milk (whole MILK), unsweetened matcha powder (P	454	6	108	6	3.8	7.6	7.6	0.4	5.9	0.17	27.9
Matcha Green Tea Latte - whole milk	Tall	whole milk (whole MILK), unsweetened matcha powder (P	744	177	9.8	6.2	12.4	12.4	0.8	9.7	0.28	57.2	
Matcha Green Tea Latte - whole milk	Grande	whole milk (whole MILK), unsweetened matcha powder (P	894	213	11.7	7.4	14.9	14.9	1.2	11.7	0.34	83	
Matcha Green Tea Latte - whole milk	Venti	whole milk (whole MILK), unsweetened matcha powder (P	1201	286	15.7	9.9	20	20	1.7	15.7	0.46	111.5	
Matcha Green Tea Latte - skimmed milk	Short	skimmed milk (skimmed MILK), unsweetened matcha pow	261	62	0.5	0.2	8	8	0.4	6	0.18	27.9	
Matcha Green Tea Latte - skimmed milk	Tall	skimmed milk (skimmed MILK), unsweetened matcha pow	429	102	0.9	0.4	13	13	0.8	10	0.30	57.2	
Matcha Green Tea Latte - skimmed milk	Grande	skimmed milk (skimmed MILK), unsweetened matcha pow	518	123	1.1	0.4	15.5	15.5	1.2	12	0.35	83	
Matcha Green Tea Latte - skimmed milk	Venti	skimmed milk (skimmed MILK), unsweetened matcha pow	696	165	1.5	0.6	20.9	20.9	1.7	16.2	0.47	111.5	
Matcha Green Tea Latte - almond drink	Short	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	175	44	2	0.2	4.1	4.1	0.7	1.1	0.12	27.9	
Matcha Green Tea Latte - almond drink	Tall	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	290	72	3.3	0.3	6.7	6.7	1.4	1.9	0.19	57.2	
Matcha Green Tea Latte - almond drink	Grande	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	351	88	3.9	0.3	8	8	1.9	2.4	0.23	83	
Matcha Green Tea Latte - almond drink	Venti	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	472	118	5.3	0.5	10.8	10.8	2.5	3.2	0.31	111.5	
Matcha Green Tea Latte - soya drink	Short	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	293	70	3.1	0.5	4.2	4.1	1.4	5.6	0.14	27.9	
Matcha Green Tea Latte - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	480	115	5.1	0.8	6.9	6.6	2.4	9.2	0.24	57.2	
Matcha Green Tea Latte - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	579	139	6.1	1	8.3	7.9	3.1	11.1	0.28	83	
Matcha Green Tea Latte - soya drink	Venti	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	778	187	8.2	1.3	11.1	10.7	4.2	14.9	0.38	111.5	
Matcha Green Tea Latte - oat drink	Short	oat drink (Water, OAT (10%), sunflower oil, chicory root	408	97	5	0.5	10.8	5.3	2	1.6	0.21	27.9	
Matcha Green Tea Latte - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory root	669	158	8.2	0.8	17.5	8.7	3.5	2.6	0.34	57.2	
Matcha Green Tea Latte - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	804	190	9.8	1	21	10.4	4.3	3.3	0.40	83	
Matcha Green Tea Latte - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory root	1080	256	13.2	1.3	28.2	14	5.8	4.4	0.54	111.5	
Matcha Green Tea Latte - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	235	55	2.5	1.1	5.4	5.4	0.9	2.7	0.14	27.9	
Matcha Green Tea Latte - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	386	91	4	1.9	8.8	8.8	1.6	4.5	0.24	57.2	
Matcha Green Tea Latte - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	467	110	4.9	2.2	10.5	10.5	2.2	5.5	0.28	83	
Matcha Green Tea Latte - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	627	148	6.5	3	14.1	14.1	2.9	7.4	0.38	111.5	
Iced Matcha Green Tea Latte - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), ice, unsweete	345	82	2.8	1.8	7.6	7.6	0.8	6.2	0.17	56	
Iced Matcha Green Tea Latte - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), ice, unsweete	492	117	4	2.5	10.9	10.9	1.3	8.8	0.25	84.6	
Iced Matcha Green Tea Latte - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK), ice, unsweete	569	135	4.6	2.9	12.4	12.4	1.7	10.2	0.28	113	
Iced Matcha Green Tea Latte - whole milk	Tall	whole milk (whole MILK), ice, unsweetened matcha powd	453	108	5.9	3.7	7.5	7.5	0.8	6	0.17	56	
Iced Matcha Green Tea Latte - whole milk	Grande	whole milk (whole MILK), ice, unsweetened matcha powd	645	154	8.4	5.3	10.6	10.6	1.3	8.6	0.24	84.6	
Iced Matcha Green Tea Latte - whole milk	Venti	whole milk (whole MILK), ice, unsweetened matcha powd	744	177	9.6	6	12.2	12.2	1.7	10	0.27	113	
Iced Matcha Green Tea Latte - skimmed milk	Tall	skimmed milk (skimmed MILK), ice, unsweetened matcha	265	63	0.6	0.2	7.8	7.8	0.8	6.2	0.18	56	
Iced Matcha Green Tea Latte - skimmed milk	Grande	skimmed milk (skimmed MILK), ice, unsweetened matcha	378	90	0.8	0.3	11.1	11.1	1.3	8.8	0.25	84.6	
Iced Matcha Green Tea Latte - skimmed milk	Venti	skimmed milk (skimmed MILK), ice, unsweetened matcha	439	104	1	0.4	12.7	12.7	1.7	10.2	0.29	113	
Iced Matcha Green Tea Latte - almond drink	Tall	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	181	45	2	0.2	4	4	1.1	1.3	0.12	56	
Iced Matcha Green Tea Latte - almond drink	Grande	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	260	65	2.8	0.3	6.7	6.7	1.2	1.9	0.17	84.6	
Iced Matcha Green Tea Latte - almond drink	Venti	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	303	75	3.3	0.3	6.6	6.6	2.2	2.4	0.19	113	
Iced Matcha Green Tea Latte - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	295	71	3.1	0.5	4.2	4	1.8	5.7	0.14	56	
Iced Matcha Green Tea Latte - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	422	101	4.4	0.7	5.9	5.7	2.6	8.2	0.20	84.6	
Iced Matcha Green Tea Latte - soya drink	Venti	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	488	117	5	0.8	6.8	6.5	3.2	9.5	0.23	113	
Iced Matcha Green Tea Latte - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	488	97	4.9	0.5	10.5	5.2	2.4	1.8	0.20	56	
Iced Matcha Green Tea Latte - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory root	582	138	7	0.7	15	7.4	3.5	2.6	0.29	84.6	
Iced Matcha Green Tea Latte - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	671	159	8.1	0.8	17.1	8.5	4.2	3.1	0.33	113	
Iced Matcha Green Tea Latte - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	239	56	2.5	1.1	5.3	5.3	1.3	2.9	0.14	56	
Iced Matcha Green Tea Latte - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	342	81	3.5	1.6	7.5	7.5	1.9	4.2	0.20	84.6	
Iced Matcha Green Tea Latte - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	397	94	4	1.8	8.6	8.6	2.4	4.9	0.23	113	
Chai Tea Latte - semi skimmed milk	Short	semi skimmed milk (Semi skimmed MILK), water, classic	376	89	1.8	1.1	14.6	14.5	0.1	3.6	0.12	26.2	
Chai Tea Latte - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), water, classic	546	129	2.5	1.6	21.4	21.4	0.2	5.1	0.17	39.3	
Chai Tea Latte - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), water, classic	684	157	3.7	2.3	28.4	28.3	0.3	7.4	0.24	52.4	
Chai Tea Latte - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK), water, classic	958	227	4.6	2.9	36.8	36.7	0.3	9.3	0.30	65.5	
Chai Tea Latte - whole milk	Short	whole milk (whole MILK), water, classic chai (Brewed tea	445	105	3.7	2.3	14.5	14.4	0.1	3.5	0.11	26.2	
Chai Tea Latte - whole milk	Tall	whole milk (whole MILK), water, classic chai (Brewed tea	642	152	5.3	3.3	21.3	21.2	0.2	5	0.16	39.3	
Chai Tea Latte - whole milk	Grande	whole milk (whole MILK), water, classic chai (Brewed tea	905	214	7.7	4.8	29.2	29.1	0.3	7.2	0.24	52.4	
Chai Tea Latte - whole milk	Venti	whole milk (whole MILK), water, classic chai (Brewed tea	1135	269	9.8	6.1	36.6	36.4	0.3	9.1	0.30	65.5	
Chai Tea Latte - skimmed milk	Short	skimmed milk (skimmed MILK), water, classic chai (Brew	325	77	0.4	0.1	14.7	14.6	0.1	3.6	0.12	26.2	
Chai Tea Latte - skimmed milk	Tall	skimmed milk (skimmed MILK), water, classic chai (Brew	474	112	0.5	0.2	21.6	21.5	0.2	5.1	0.17	39.3	
Chai Tea Latte - skimmed milk	Grande	skimmed milk (skimmed MILK), water, classic chai (Brew	659	156	0.7	0.3	29.6	29.5	0.3	7.4	0.25	52.4	
Chai Tea Latte - skimmed milk	Venti	skimmed milk (skimmed MILK), water, classic chai (Brew	826	195	0.9	0.4	37.1	37	0.3	9.3	0.31	65.5	
Chai Tea Latte - almond drink	Short	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	272	65	1.2	0.1	12.3	12.2	0.3	0.5	0.08	26.2	
Chai Tea Latte - almond drink	Tall	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	399	96	1.8	0.1	16.2	16.1	0.5	0.8	0.12	39.3	
Chai Tea Latte - almond drink	Grande	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	519	123	2.6	0.2	24.7	24.6	0.7	1.1	0.17	52.4	
Chai Tea Latte - almond drink	Venti	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	689	166	3.2	0.3	30.9	30.8	0.9	1.4	0.21	65.5	
Chai Tea Latte - soya drink	Short	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	345	82	1.9	0.3	12.4	12.2	0.7	3.3	0.10	26.2	
Chai Tea Latte - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	501	119	2.7	0.4	18.3	18.1	1	4.7	0.14	39.3	
Chai Tea Latte - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	699	166	4	0.6	24.9	24.6	1.5	6.9	0.20	52.4	
Chai Tea Latte - soya drink	Venti	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	876	208	5	0.8	31.1	30.7	1.9	8.6	0.25	65.5	
Chai Tea Latte - oat drink	Short	oat drink (Water, OAT (10%), sunflower oil, chicory root	408	97	4.9	0.5	10.5	5.2	2.4	1.8	0.20	56	
Chai Tea Latte - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory root	662	142	4.4	0.6	24	19.2	1.6	1.2	0.19	39.3	
Chai Tea Latte - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	846	200	6.4	0.6	33.2	26.2	2.3	1.7	0.28	52.4	
Chai Tea Latte - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory root	1061	250	8.1	0.8	41.6	32.8	2.9	2.2	0.35	65.5	
Chai Tea Latte - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	309	73	1.5	0.7	13.1	13	0.4	1.5	0.10	26.2	
Chai Tea Latte - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	451	106	2.2	1	19.3	19.2	0.6	2.2	0.14	39.3	
Chai Tea Latte - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	626	147	3.2	1.4	26.3	26.2	0.8	3.2	0.20	52.4	
Chai Tea Latte - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	784	184	4	1.7	33	32.8	1.1	4.8	0.25	65.5	
Iced Chai Tea Latte - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), ice, classic chai	559	132	2.6	1.7	21.7	21.7	0.2	5.3	0.17	39.3	
Iced Chai Tea Latte - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), ice, classic chai	760	180	3.6	2.3	29.3	29.2	0.3	7.4	0.24	52.4	
Iced Chai Tea Latte - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK), ice, classic chai	883	209	4	2.5	35.1	35	0.3	8	0.26	65.5	
Iced Chai Tea Latte - whole milk	Tall	whole milk (whole MILK), ice, classic chai (Brewed tea w	660	156	5.5	3.5	21.6	21.5	0.2	5.2	0.17	39.3	
Iced Chai Tea Latte - whole milk	Grande	whole milk (whole MILK), ice, classic chai (Brewed tea w	899	213	7.8	4.8	29.1	29	0.3	7.2	0.23	52.4	
Iced Chai Tea Latte - whole milk	Venti	whole milk (whole MILK), ice, classic chai (Brewed tea w	1135	268	9.8	6.1	36.5	36.4	0.3	9.1	0.30	65.5	
Iced Chai Tea Latte - skimmed milk	Tall	skimmed milk (skimmed MILK), ice, classic chai (Brewed t	484	114	0.5	0.2	21.9	21.8	0.2	5.3	0.18	39.3	
Iced Chai Tea Latte - skimmed milk	Grande	skimmed milk (skimmed MILK), ice, classic chai (Brewed t	656	155	0.7	0.3	29.5	29.4	0.3	7.4	0.24	52.4	
Iced Chai Tea Latte - skimmed milk	Venti	ice, skimmed milk (skimmed MILK), classic chai (Brewed t	769	181	0.8	0.3	35.3	35.2	0.3	8	0.27	65.5	
Iced Chai Tea Latte - almond drink	Tall	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	406	98	1.8	0.2	18.4	18.3	0.5	0.8	0.12	39.3	
Iced Chai Tea Latte - almond drink	Grande	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	548	123	2.5	0.2	24.6	24.6	0.7	1.1	0.17	52.4	
Iced Chai Tea Latte - almond drink	Venti	ice, almond drink (water, ALMOND (2.5%), Sugar, Fruct	652	149	3.8	0.2	30.9	30.9	0.8	1.2	0.20	65.5	
Iced Chai Tea Latte - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	512	122	2.8	1.4	18.5	18.5	1.1	4.9	0.14	39.3	
Iced Chai Tea Latte - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	695	165	3.9	0.6	24.8	24.5	1.5	6.8	0.20	52.4	
Iced Chai Tea Latte - soya drink	Venti	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	812	193	4.3	0.7	30.2	29.8	1.7	7.4	0.22	65.5	
Iced Chai Tea Latte - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory root	618	146	4.6	0.4	24.4	24.9	1.7	1.2	0.20	39.3	
Iced Chai Tea Latte - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	841	198	6.3	0.6	33	26.1	2.3	1.7	0.28	52.4	
Iced Chai Tea Latte - oat drink	Venti	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	971	229	6.9	0.7	39.1	31.6	2.5	1.9	0.30	65.5	
Iced Chai Tea Latte - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	653	168	2.1	1.6	26.3	26.2	0.9				

Iced Caramelised Banana Oat Shaken Espresso - whole milk	Venti	Ice, whole milk [whole MILK], blonde roast (as consumed)	875	208	7.9	5.3	26.8	25.1	0.6	7.4	0.38	171
Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Tall	Ice, skimmed milk [skimmed MILK], blonde roast (as consumed)	597	94	1.4	1	15.2	14.4	0.3	5	0.23	85.5
Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Grande	Ice, skimmed milk [skimmed MILK], blonde roast (as consumed)	540	128	2	1.4	21.1	19.9	0.4	6.2	0.31	128.2
Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Venti	Ice, skimmed milk [skimmed MILK], blonde roast (as consumed)	688	163	4.6	1.1	27.1	25.5	0.6	7.6	0.38	171
Iced Caramelised Banana Oat Shaken Espresso - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%)), Sugar, Fructose	337	82	2.4	0.9	11.2	11.2	0.5	1.5	0.19	85.5
Iced Caramelised Banana Oat Shaken Espresso - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%)), Sugar, Fructose	470	113	3.2	1.3	17.9	16.7	0.7	2.1	0.26	128.2
Iced Caramelised Banana Oat Shaken Espresso - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%)), Sugar, Fructose	605	146	4	1.8	23.3	21.7	0.9	2.8	0.33	171
Iced Caramelised Banana Oat Shaken Espresso - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%)), sugar, aci	419	100	3.2	1.1	12.6	11.7	1	4.7	0.21	85.5
Iced Caramelised Banana Oat Shaken Espresso - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%)), sugar, aci	566	135	4.1	1.6	18	16.7	1.2	5.9	0.28	128.2
Iced Caramelised Banana Oat Shaken Espresso - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%)), sugar, aci	713	171	5.1	2.1	23.5	21.7	1.5	7.1	0.35	171
Iced Caramelised Banana Oat Shaken Espresso - oat drink	Tall	Ice, oat drink (Water, OAT (10%)), sunflower oil, chicory r	500	120	4.1	1.1	17.2	12.6	1.4	1.9	0.25	85.5
Iced Caramelised Banana Oat Shaken Espresso - oat drink	Grande	Ice, oat drink (Water, OAT (10%)), sunflower oil, chicory r	661	157	5.7	1.6	23.4	17.7	1.8	2.5	0.33	128.2
Iced Caramelised Banana Oat Shaken Espresso - oat drink	Venti	Ice, oat drink (Water, OAT (10%)), sunflower oil, chicory r	831	197	6.9	2.1	29.8	22.9	2.1	3.2	0.41	171
Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%)) (water, co	379	90	2.7	1.6	13.4	12.6	0.6	2.7	0.21	85.5
Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%)) (water, co	519	123	3.6	2.1	19	17.7	0.8	3.5	0.28	128.2
Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%)) (water, co	663	157	4.5	2.7	24.6	23	1	4.9	0.35	171
Iced Caramelised Banana Matcha Latte - semi skimmed milk	Tall	Semi skimmed milk [Semi skimmed MILK], ice, matcha pr	701	166	4.7	2.3	22.4	22.9	0.9	8.2	0.36	155.7
Iced Caramelised Banana Matcha Latte - semi skimmed milk	Grande	Semi skimmed milk [Semi skimmed MILK], ice, matcha pr	948	225	6.4	4.4	30.2	30	1.1	11.1	0.49	70.5
Iced Caramelised Banana Matcha Latte - semi skimmed milk	Venti	Semi skimmed milk [Semi skimmed MILK], ice, matcha pr	1114	264	7.4	5.1	36.2	35.9	1.2	12.7	0.58	78
Iced Caramelised Banana Matcha Latte - whole milk	Tall	Whole milk [whole MILK], ice, matcha premix (water, Pow	829	197	8.3	5.5	22.3	22	0.9	8	0.36	155.7
Iced Caramelised Banana Matcha Latte - whole milk	Grande	Whole milk [whole MILK], ice, matcha premix (water, Pow	1122	267	11.3	7.5	30	29.7	1.1	10.9	0.48	70.5
Iced Caramelised Banana Matcha Latte - whole milk	Venti	Whole milk [whole MILK], ice, matcha premix (water, Pow	1310	311	13	8.6	35.9	35.6	1.2	12.4	0.57	78
Iced Caramelised Banana Matcha Latte - soya drink	Tall	Skimmed milk [skimmed MILK], ice, matcha premix (water	695	163	5.1	2.4	22.4	22.6	0.9	8.2	0.37	155.7
Iced Caramelised Banana Matcha Latte - soya drink	Grande	Skimmed milk [skimmed MILK], ice, matcha premix (water	917	193	2.7	1.9	30.5	30.2	1.1	11.1	0.50	70.5
Iced Caramelised Banana Matcha Latte - soya drink	Venti	Skimmed milk [skimmed MILK], ice, matcha premix (water	867	229	3.3	2.3	36.5	36.2	1.2	12.7	0.58	78
Iced Caramelised Banana Matcha Latte - almond drink	Tall	Almond drink (water, ALMOND (2.5%)), Sugar, Fructose,	507	123	3.7	1.3	18.2	18	1.2	2.5	0.30	155.7
Iced Caramelised Banana Matcha Latte - almond drink	Grande	Almond drink (water, ALMOND (2.5%)), Sugar, Fructose,	681	165	5	1.8	24.4	24.1	1.6	3.3	0.40	70.5
Iced Caramelised Banana Matcha Latte - almond drink	Venti	Almond drink (water, ALMOND (2.5%)), Sugar, Fructose,	815	197	5.9	2.2	29.7	29.3	1.8	3.9	0.47	78
Iced Caramelised Banana Matcha Latte - soya drink	Tall	Soya drink (Water, hulled SOYA beans (8.7%)), sugar, aci	642	153	5	1.7	18.3	17.9	2	7.7	0.32	155.7
Iced Caramelised Banana Matcha Latte - soya drink	Grande	Soya drink (Water, hulled SOYA beans (8.7%)), sugar, aci	867	206	6.8	2.3	24.6	24.1	2.6	10.4	0.44	70.5
Iced Caramelised Banana Matcha Latte - soya drink	Venti	Soya drink (Water, hulled SOYA beans (8.7%)), sugar, aci	1023	244	7.8	2.8	29.9	29.3	2.9	11.9	0.52	78
Iced Caramelised Banana Matcha Latte - oat drink	Tall	Oat drink (Water, OAT (10%)), sunflower oil, chicory roo	776	183	7.2	1.7	25.9	19.4	2.7	3	0.40	155.7
Iced Caramelised Banana Matcha Latte - oat drink	Grande	Oat drink (Water, OAT (10%)), sunflower oil, chicory roo	1049	248	9.8	2.3	34.9	26	3.6	4	0.54	70.5
Iced Caramelised Banana Matcha Latte - oat drink	Venti	Oat drink (Water, OAT (10%)), sunflower oil, chicory roo	1228	291	11.2	2.8	41.5	31.5	4	4.7	0.63	78
Iced Caramelised Banana Matcha Latte - coconut drink	Tall	Coconut drink (Water, coconut milk (5.7%)) (water, coco	576	136	4.3	2.5	19.7	19.4	1.4	4.3	0.32	155.7
Iced Caramelised Banana Matcha Latte - coconut drink	Grande	Coconut drink (Water, coconut milk (5.7%)) (water, coco	775	183	5.8	3.3	26.4	26.8	1.8	5.9	0.44	70.5
Iced Caramelised Banana Matcha Latte - coconut drink	Venti	Coconut drink (Water, coconut milk (5.7%)) (water, coco	921	217	6.7	3.9	31.9	31.6	2.1	6.7	0.52	78
Iced Caramelised Banana Latte - semi skimmed milk	Tall	Ice, semi skimmed milk [Semi skimmed MILK], caramelise	635	151	3.9	2.6	21.1	20.3	0.3	7.7	0.34	85.5
Iced Caramelised Banana Latte - semi skimmed milk	Grande	Semi skimmed milk [Semi skimmed MILK], ice, caramelise	911	216	5.7	3.9	30.1	29.2	0.3	11	0.49	85.5
Iced Caramelised Banana Latte - semi skimmed milk	Venti	Semi skimmed milk [Semi skimmed MILK], whole bean	1051	249	6.4	4.4	35.9	34.5	0.4	11.9	0.56	128.2
Iced Caramelised Banana Latte - whole milk	Tall	Ice, whole milk [whole MILK], caramelised banana cold fo	780	173	4.6	4.3	21	20.3	0.3	7.6	0.32	155.7
Iced Caramelised Banana Latte - whole milk	Grande	Whole milk [whole MILK], ice, caramelised banana cold fo	1086	251	9.3	5.5	28.9	28.9	0.3	10.8	0.48	85.5
Iced Caramelised Banana Latte - whole milk	Venti	Ice, whole milk [whole MILK], whole bean roasted coffee,	1599	285	10.6	7.1	35.7	34.3	0.4	11.7	0.55	128.2
Iced Caramelised Banana Latte - skimmed milk	Tall	Ice, skimmed milk [skimmed MILK], caramelised banana co	564	134	1.9	1.3	21.3	20.4	0.3	7.7	0.34	85.5
Iced Caramelised Banana Latte - skimmed milk	Grande	Skimmed milk [skimmed MILK], ice, caramelised banana co	802	190	2.6	1.8	30.3	29.4	0.3	11	0.49	85.5
Iced Caramelised Banana Latte - skimmed milk	Venti	Ice, skimmed milk [skimmed MILK], whole bean roasted c	939	223	3.2	2.2	36.1	34.8	0.4	11.9	0.56	128.2
Iced Caramelised Banana Latte - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%)), Sugar, Fructose	490	118	3.1	1.2	17.9	17.1	0.6	3.4	0.29	85.5
Iced Caramelised Banana Latte - almond drink	Grande	Almond drink (water, ALMOND (2.5%)), Sugar, Fructose,	680	158	4.5	1.7	25.2	24.3	0.7	4.1	0.31	155.7
Iced Caramelised Banana Latte - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%)), Sugar, Fructose	824	198	5.2	2.2	30.9	29.6	0.9	5.3	0.48	128.2
Iced Caramelised Banana Latte - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%)), sugar,	591	141	4.1	1.5	18.1	17.1	1	7.3	0.31	85.5
Iced Caramelised Banana Latte - soya drink	Grande	Soya drink (Water, hulled SOYA beans (8.7%)), sugar, aci	844	201	6	2.1	25.4	24.2	1.6	10.4	0.44	85.5
Iced Caramelised Banana Latte - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%)), sugar,	982	234	6.7	2.6	31.1	29.5	1.8	11.3	0.51	128.2
Iced Caramelised Banana Latte - oat drink	Tall	Ice, oat drink (Water, OAT (10%)), sunflower oil, chicory r	680	164	5.7	1.5	23.7	18.1	1.7	3.8	0.36	85.5
Iced Caramelised Banana Latte - oat drink	Grande	Oat drink (Water, OAT (10%)), sunflower oil, chicory roo	897	229	8.1	2.1	34	24	2.4	5.3	0.41	85.5
Iced Caramelised Banana Latte - oat drink	Venti	Ice, oat drink (Water, OAT (10%)), sunflower oil, chicory r	1137	269	9.3	2.6	39.9	31.2	2.6	5.9	0.60	128.2
Iced Caramelised Banana Latte - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%)) (water, co	541	128	3.5	2.1	19.1	18.2	0.7	4.8	0.31	85.5
Iced Caramelised Banana Latte - coconut drink	Grande	Coconut drink (Water, coconut milk (5.7%)) (water, coco	767	181	5.2	3	26.9	26	0.9	6.6	0.44	85.5
Iced Caramelised Banana Latte - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%)) (water, co	904	214	5.8	3.5	32.6	31.3	1.1	7.4	0.51	128.2
Caramelised Banana Velvet Latte - semi skimmed milk	Short	Semi skimmed milk [Semi skimmed MILK], caramelised b	492	117	3.2	2.1	15.1	14.9	0.1	6.7	0.27	42.7
Caramelised Banana Velvet Latte - semi skimmed milk	Grande	Semi skimmed milk [Semi skimmed MILK], caramelised b	777	185	5.4	3.4	32.4	31.4	0.1	10.1	0.41	85.5
Caramelised Banana Velvet Latte - semi skimmed milk	Venti	Semi skimmed milk [Semi skimmed MILK], caramelised b	1009	240	6.5	4.4	32.4	31.4	0.3	12.7	0.54	85.5
Caramelised Banana Velvet Latte - whole milk	Venti	Semi skimmed milk [Semi skimmed MILK], blonde roast (	1252	297	8.1	5.5	40.6	39.3	0.4	15.4	0.66	128.2
Caramelised Banana Velvet Latte - whole milk	Short	Whole milk [whole MILK], caramelised banana cold foam (	582	138	5.7	3.7	15.2	14.7	0.1	6.6	0.26	42.7
Caramelised Banana Velvet Latte - whole milk	Tall	Whole milk [whole MILK], caramelised banana cold foam (	919	218	9.1	5.9	24.2	23.4	0.3	9.9	0.41	85.5
Caramelised Banana Velvet Latte - whole milk	Grande	Whole milk [whole MILK], caramelised banana cold foam (	1187	282	11.6	7.6	32.1	31.2	0.3	12.5	0.53	85.5
Caramelised Banana Velvet Latte - whole milk	Venti	Whole milk [whole MILK], caramelised banana cold foam (	1468	342	14.2	9.3	40.3	38.9	0.4	16.6	0.61	128.2
Caramelised Banana Velvet Latte - skimmed milk	Short	Skimmed milk [skimmed MILK], caramelised banana cold f	475	101	1.4	0.8	15.4	15.1	0.1	6.3	0.27	42.7
Caramelised Banana Velvet Latte - skimmed milk	Tall	Skimmed milk [skimmed MILK], caramelised banana cold f	671	159	2.1	1.4	24.7	23.8	0.3	10.2	0.42	85.5
Caramelised Banana Velvet Latte - skimmed milk	Grande	Skimmed milk [skimmed MILK], caramelised banana cold f	876	208	2.8	1.9	32.6	31.7	0.3	12.7	0.55	85.5
Caramelised Banana Velvet Latte - skimmed milk	Venti	Skimmed milk [skimmed MILK], blonde roast (as consume	1091	259	3.5	2.4	40.9	39.6	0.4	15.4	0.67	128.2
Caramelised Banana Velvet Latte - almond drink	Short	Almond drink (water, ALMOND (2.5%)), sugar, fructose,	355	86	2.5	0.8	12.3	11.8	0.4	2.7	0.22	42.7
Caramelised Banana Velvet Latte - almond drink	Tall	Almond drink (water, ALMOND (2.5%)), sugar, fructose,	560	136	4	1.3	15.7	18.8	0.7	3.8	0.34	85.5
Caramelised Banana Velvet Latte - almond drink	Grande	Almond drink (water, ALMOND (2.5%)), sugar, fructose,	717	178	5.1	1.8	26.4	25.8	0.8	4.7	0.45	85.5
Caramelised Banana Velvet Latte - almond drink	Venti	Almond drink (water, ALMOND (2.5%)), sugar, fructose,	924	223	6.4	2.3	33.4	32	1.1	5.8	0.55	128.2
Caramelised Banana Velvet Latte - soya drink	Short	Soya drink (Water, hulled SOYA beans (8.7%)), sugar, aci	450	107	3.4	1	12.4	11.8	0.9	6.3	0.24	42.7
Caramelised Banana Velvet Latte - soya drink	Tall	Soya drink (Water, hulled SOYA beans (8.7%)), sugar, aci	711	170	5.4	1.7	19.9	18.8	1.5	9.6	0.37	85.5
Caramelised Banana Velvet Latte - soya drink	Grande	Soya drink (Water, hulled SOYA beans (8.7%)), sugar, aci	926	221	6.9	2.3	26.6	25.4	1.9	12	0.49	85.5
Caramelised Banana Velvet Latte - soya drink	Venti	Soya drink (Water, hulled SOYA beans (8.7%)), sugar, aci	1153	275	8.5	2.9	33.6	32	2.3	14.5	0.60	128.2
Caramelised Banana Velvet Latte - oat drink	Short	Oat drink (Water, OAT (10%)), sunflower oil, chicory roo	544	128	4.8	1.9	17.2	16.8	1.2	4.9	0.31	42.7
Caramelised Banana Velvet Latte - oat drink	Tall	Oat drink (Water, OAT (10%)), sunflower oil, chicory roo	860	204	7.6	2.7	28.3	20.4	2.4	4.4	0.45	85.5
Caramelised Banana Velvet Latte - oat drink	Grande	Oat drink (Water, OAT (10%)), sunflower oil, chicory roo	1113	264	9.7	2.3	37.2	27.4	2.9	5.5	0.59	85.5
Caramelised Banana Velvet Latte - oat drink	Venti	Oat drink (Water, OAT (10%)), sunflower oil, chicory roo	1378	326	11.9	2.9	46.4	34.4	3.6	6.7	0.72	128.2
Caramelised Banana Velvet Latte - coconut drink	Short	Coconut drink (Water, coconut milk (5.7%)) (water, coco	637	95	2.9	1.6	13.3	12.9	0.5	4	0.24	42.7
Caramelised Banana Velvet Latte - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%)) (water, coco	647	151	4.8	2.5	21.3	20.5	0.9	5.9	0.37	85.5
Caramelised Banana Velvet Latte - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%)) (water, coco	853	197	6.8	3.3	28.9	27.8	1.1	7.9	0.49	85.5
Caramelised Banana Velvet Latte - coconut drink	Venti	Coconut drink (Water, coconut milk (5.7%)) (water, coco	1040	246	7.3	4.2	35.9	34.5	1.4	8.9	0.60	128.2
Cherry & Pomegranate Refresha Drink	Tall	Ice, Water, sugar, concentrated grape juice, colouring fo	362	85	0.1	0	20.4	19.6	0.5	0.4	0.00	8.4
Cherry & Pomegranate Refresha Drink	Grande	Ice, Water, sugar, concentrated grape juice, colouring fo	447	106	0.1	0	25.4	24.6	0.5	0.4	0.01	11.1
Cherry & Pomegranate Refresha Drink	Venti	Ice, Water, sugar, concentrated grape juice, colouring fo	535	126	0.1	0	30.6	29.6	0.5	0.4	0.01	13.9
Brown Sugar Frappuccino - semi skimmed milk	Tall	Ice, semi skimmed milk [Semi skimmed MILK], brown suga	918	219	11.1	7	26.3	25.2	0.1	3.9	0.32	17.2
Brown Sugar Frappuccino - semi skimmed milk	Grande	Ice, semi skimmed milk [Semi skimmed MILK], brown suga	1279	305	14.2	9	39.8	37.3	0.2	4.8	0.50	27.7
Brown Sugar Frappuccino - semi skimmed milk	Venti	Ice, semi skimmed milk [Semi skimmed MILK], coffee frapp	1352	322	13.1	8.1	45.6	43.9	0.2	5.1	0.63	37
Brown Sugar Frappuccino - whole milk	Tall											

Decaf Latte Macchiato - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory root	967	229	11.7	1.2	26.6	12.4	4	3.4	0.48	5.4
Decaf Latte Macchiato - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	187	44	1.9	0.9	4.7	4.1	0.5	2	0.11	1.8
Decaf Latte Macchiato - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	332	78	3.4	1.6	8.3	7.3	0.9	3.5	0.19	3.6
Decaf Latte Macchiato - whole milk	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	426	101	4.4	2	10.6	9.5	1.1	4.5	0.26	3.6
Decaf Latte Macchiato - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	566	134	6.6	2.7	14.1	12.5	1.5	6	0.34	4.4
Blonde Espresso Doppio	Doppio	blonde roast (as consumed) [whole bean roasted coffi	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Decaf Espresso Doppio	Doppio	decaf espresso (as consumed) [whole bean roasted coffi	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Blonde Espresso	Single	blonde roast (as consumed) [whole bean roasted coffee	13	3	0.1	0	0.4	0	0.1	0.2	0.00	42.7
Decaf Espresso	Single	decaf espresso (as consumed) [whole bean roasted coffi	16	4	0.1	0	0.6	0.1	0.1	0.1	0.00	1.8
Blonde Espresso Macchiato - semi skimmed milk	Single	blonde roast (as consumed) [whole bean roasted coffee	23	4	0.2	0.1	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - whole milk	Single	blonde roast (as consumed) [whole bean roasted coffee	27	7	0.3	0.2	0.8	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - skimmed milk	Single	blonde roast (as consumed) [whole bean roasted coffee	21	5	0.1	0	0.6	0.3	0.1	0.3	0.01	42.7
Blonde Espresso Macchiato - almond drink	Single	blonde roast (as consumed) [whole bean roasted coffee	18	4	0.1	0	0.5	0.2	0.1	0.2	0.00	42.7
Blonde Espresso Macchiato - soya drink	Single	blonde roast (as consumed) [whole bean roasted coffee	22	5	0.2	0	0.5	0.2	0.2	0.3	0.01	42.7
Blonde Espresso Macchiato - oat drink	Single	blonde roast (as consumed) [whole bean roasted coffee	25	6	0.2	0	0.7	0.2	0.2	0.2	0.01	42.7
Blonde Espresso Macchiato - coconut drink	Single	blonde roast (as consumed) [whole bean roasted coffee	20	5	0.1	0.1	0.6	0.2	0.2	0.2	0.01	42.7
Decaf Espresso Macchiato - semi skimmed milk	Single	decaf espresso (as consumed) [whole bean roasted coffi	23	6	0.3	0.2	0.8	0.3	0.1	0.3	0.01	42.7
Decaf Espresso Macchiato - whole milk	Single	decaf espresso (as consumed) [whole bean roasted coffi	30	7	0.3	0.1	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - skimmed milk	Single	decaf espresso (as consumed) [whole bean roasted coffi	24	6	0.1	0	0.8	0.3	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - almond drink	Single	decaf espresso (as consumed) [whole bean roasted coffi	21	5	0.1	0	0.7	0.2	0.1	0.2	0.00	1.8
Decaf Espresso Macchiato - soya drink	Single	decaf espresso (as consumed) [whole bean roasted coffi	25	6	0.2	0	0.7	0.2	0.1	0.3	0.01	1.8
Decaf Espresso Macchiato - oat drink	Single	decaf espresso (as consumed) [whole bean roasted coffi	28	7	0.2	0	0.9	0.2	0.2	0.2	0.01	1.8
Decaf Espresso Macchiato - coconut drink	Single	decaf espresso (as consumed) [whole bean roasted coffi	23	49	0.1	0.3	0.4	0.1	0.1	0.5	0.14	42.7
Blonde Espresso Macchiato - Doppio - semi skimmed milk	Double	blonde roast (as consumed) [whole bean roasted coffee	58	14	0.4	0.2	1.5	0.9	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - whole milk	Double	blonde roast (as consumed) [whole bean roasted coffee	69	17	0.7	0.4	1.5	0.8	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - skimmed milk	Double	blonde roast (as consumed) [whole bean roasted coffee	50	12	0.2	0.1	1.5	0.9	0.3	0.9	0.02	85.5
Blonde Espresso Macchiato - Doppio - almond drink	Double	blonde roast (as consumed) [whole bean roasted coffee	41	10	0.3	0.1	1.2	0.5	0.3	0.4	0.01	85.5
Blonde Espresso Macchiato - Doppio - soya drink	Double	blonde roast (as consumed) [whole bean roasted coffee	53	13	0.4	0.2	1.2	0.5	0.4	0.8	0.02	85.5
Blonde Espresso Macchiato - Doppio - oat drink	Double	blonde roast (as consumed) [whole bean roasted coffee	64	16	0.6	0.1	1.8	0.6	0.4	0.7	0.02	85.5
Blonde Espresso Macchiato - Doppio - coconut drink	Double	blonde roast (as consumed) [whole bean roasted coffee	47	12	0.4	0.2	1.3	0.6	0.3	0.6	0.02	85.5
Decaf Espresso Macchiato - Doppio - semi skimmed milk	Double	decaf espresso (as consumed) [whole bean roasted coffi	64	15	0.4	0.2	1.9	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - whole milk	Double	decaf espresso (as consumed) [whole bean roasted coffi	75	18	0.7	0.4	1.9	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - skimmed milk	Double	decaf espresso (as consumed) [whole bean roasted coffi	56	14	0.2	0.1	2	0.9	0.2	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - almond drink	Double	decaf espresso (as consumed) [whole bean roasted coffi	47	12	0.3	0.1	1.6	0.5	0.3	0.4	0.01	3.6
Decaf Espresso Macchiato - Doppio - soya drink	Double	decaf espresso (as consumed) [whole bean roasted coffi	59	14	0.4	0.1	1.6	0.5	0.3	0.8	0.02	3.6
Decaf Espresso Macchiato - Doppio - oat drink	Double	decaf espresso (as consumed) [whole bean roasted coffi	70	17	0.4	0.2	1.7	0.6	0.4	0.9	0.02	3.6
Decaf Espresso Macchiato - Doppio - coconut drink	Double	decaf espresso (as consumed) [whole bean roasted coffi	53	13	0.4	0.2	1.7	0.6	0.3	0.5	0.02	3.6
Blonde Cortado - semi skimmed milk	Short	semi skimmed milk (Semi skimmed MILK , ristretto blon	208	49	1.6	1	5.3	4.3	0	3.5	0.10	75.6
Blonde Cortado - whole milk	Short	whole milk [whole MILK , ristretto blonde single shot (as c	269	64	3.3	2.1	5.2	4.2	0	3.4	0.10	75.6
Blonde Cortado - skimmed milk	Short	skimmed milk (skimmed MILK , ristretto blonde single sho	162	38	0.3	0.2	5.4	4.4	0	3.5	0.10	75.6
Blonde Cortado - almond drink	Short	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	113	28	1.1	0.1	3.2	2.3	0.2	0.7	0.07	75.6
Blonde Cortado - soya drink	Short	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	179	43	1.7	0.3	3.4	2.4	0.4	3.2	0.08	75.6
Blonde Cortado - oat drink	Short	oat drink (Water, OAT (10%), sunflower oil, chicory root	243	58	2.8	0.3	6.9	3	0.9	1	0.12	75.6
Blonde Cortado - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	148	35	1.4	0.7	3.9	3	0.3	1.6	0.08	75.6
Decaf Cortado - semi skimmed milk	Short	semi skimmed milk (Semi skimmed MILK , decaf espresso	215	51	1.7	1	5.5	4.4	0.2	3.5	0.10	3.6
Decaf Cortado - whole milk	Short	whole milk [whole MILK , decaf espresso (as consumed) [w	277	66	3.4	2.1	5.4	4.3	0.2	3.4	0.10	3.6
Decaf Cortado - skimmed milk	Short	skimmed milk (skimmed MILK , decaf espresso (as consum	170	41	0.4	0.2	5.6	4.5	0.2	3.5	0.10	3.6
Decaf Cortado - almond drink	Short	almond drink (water, ALMOND (2.5%), sugar, fructose, a	123	30	1.2	0.1	3.4	2.4	0.4	0.7	0.07	3.6
Decaf Cortado - soya drink	Short	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	187	45	1.8	0.3	3.5	2.3	0.8	3.2	0.08	3.6
Decaf Cortado - oat drink	Short	oat drink (Water, OAT (10%), sunflower oil, chicory root	251	60	2.8	0.3	7.1	3	1.1	1	0.12	3.6
Decaf Cortado - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	143	37	1.5	0.7	4.1	3.1	0.5	1.6	0.08	3.6
Blonde Cappuccino - semi skimmed milk	Short	semi skimmed milk (Semi skimmed MILK , blonde roast (	268	64	2.2	1.2	6.1	4.6	0.1	4.6	0.14	42.7
Blonde Cappuccino - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK , blonde roast (	428	102	3.5	2.4	10.1	9.5	0.3	7.3	0.22	85.5
Blonde Cappuccino - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK , blonde roast (	543	129	4.5	2.9	12.8	11.5	0.5	9.8	0.28	85.5
Blonde Cappuccino - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK , blonde roast (	702	167	5.8	3.7	16.6	15.6	0.4	12	0.36	128.2
Blonde Cappuccino - whole milk	Short	whole milk [whole MILK , blonde roast (as consumed) [wh	392	84	4.6	2.9	6.2	5.9	0.1	4.5	0.13	42.7
Blonde Cappuccino - whole milk	Tall	whole milk [whole MILK , blonde roast (as consumed) [wh	561	134	7.3	4.6	9.9	9.3	0.3	7.1	0.21	85.5
Blonde Cappuccino - whole milk	Grande	whole milk [whole MILK , blonde roast (as consumed) [wh	713	170	9.3	5.9	12.5	11.8	0.3	9	0.27	85.5
Blonde Cappuccino - whole milk	Venti	whole milk [whole MILK , blonde roast (as consumed) [wh	923	220	12.2	7.6	16.1	15.3	0.4	11.7	0.35	128.2
Blonde Cappuccino - skimmed milk	Short	skimmed milk (skimmed MILK , blonde roast (as consume	205	49	0.1	0.2	6.4	5.4	0.1	4.6	0.14	42.7
Blonde Cappuccino - skimmed milk	Tall	skimmed milk (skimmed MILK , blonde roast (as consume	328	78	0.7	0.3	10.7	9.7	0.3	7.3	0.22	85.5
Blonde Cappuccino - skimmed milk	Grande	skimmed milk (skimmed MILK , blonde roast (as consume	414	98	0.9	0.4	13	12.4	0.3	9.3	0.28	85.5
Blonde Cappuccino - skimmed milk	Venti	skimmed milk (skimmed MILK , blonde roast (as consume	538	128	1.2	0.5	16.9	15.9	0.4	12	0.36	128.2
Blonde Cappuccino - almond drink	Short	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	139	35	1.6	0.1	3.5	3.1	0.4	0.8	0.09	42.7
Blonde Cappuccino - almond drink	Tall	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	225	56	2.5	0.2	5.7	5	0.7	1.3	0.15	85.5
Blonde Cappuccino - almond drink	Grande	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	281	70	3.2	0.3	7	6.3	0.8	1.9	0.16	85.5
Blonde Cappuccino - almond drink	Venti	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	367	92	4.1	0.3	8.2	7.1	1	2.1	0.24	128.2
Blonde Cappuccino - soya drink	Short	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	239	55	2.4	0.4	3.6	3.1	0.9	4.2	0.11	42.7
Blonde Cappuccino - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	366	88	3.8	0.6	5.8	5	1.4	6.7	0.18	85.5
Blonde Cappuccino - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	462	111	4.9	0.8	7.3	6.3	1.8	8.5	0.22	85.5
Blonde Cappuccino - soya drink	Venti	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	600	144	6.3	1	9.5	8.2	2.3	11.1	0.29	128.2
Blonde Cappuccino - oat drink	Short	oat drink (Water, OAT (10%), sunflower oil, chicory root	217	75	3.9	0.4	8.6	4.1	1.4	1.6	0.16	42.7
Blonde Cappuccino - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory root	346	120	6.6	0.6	13.7	12.1	2.2	1.9	0.25	85.5
Blonde Cappuccino - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	441	152	7.8	0.8	17.4	8.3	2.7	2.3	0.32	85.5
Blonde Cappuccino - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory root	631	197	10.1	1	22.5	10.7	3.6	3	0.41	128.2
Blonde Cappuccino - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	184	44	1.9	0.9	4.5	4.1	0.5	2	0.11	42.7
Blonde Cappuccino - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	296	70	3.1	1.4	7.2	6.5	0.9	3.2	0.18	85.5
Blonde Cappuccino - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	373	88	3.9	1.8	8.4	7.1	1	4.1	0.22	85.5
Blonde Cappuccino - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK , blonde roast (	485	110	3.2	2.3	11.8	10.5	1.2	10.9	0.29	128.2
Decaf Cappuccino - semi skimmed milk	Short	semi skimmed milk (Semi skimmed MILK , decaf espresso	271	64	2.2	1.2	6.1	4.6	0.1	4.6	0.14	1.8
Decaf Cappuccino - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK , decaf espresso	434	103	3.5	2.2	10.5	9.5	0.2	7.2	0.22	3.6
Decaf Cappuccino - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK , decaf espresso	547	130	4.5	2.9	13.2	12.1	0.2	9.2	0.28	3.6
Decaf Cappuccino - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK , decaf espresso	711	169	5.8	3.7	17.2	15.6	0.3	11.9	0.36	5.4
Decaf Cappuccino - whole milk	Short	whole milk [whole MILK , decaf espresso (as consumed) [w	355	85	4.8	2.9	6.4	5.9	0.1	4.4	0.13	1.8
Decaf Cappuccino - whole milk	Tall	whole milk [whole MILK , decaf espresso (as consumed) [w	547	130	7.3	4.6	10.3	9.3	0.3	9.1	0.21	3.6
Decaf Cappuccino - whole milk	Grande	whole milk [whole MILK , decaf espresso (as consumed) [w	719	171	9.3	5.9	12.9	11.9	0.2	9	0.27	3.6
Decaf Cappuccino - whole milk	Venti	whole milk [whole MILK , decaf espresso (as consumed) [w	932	222	12.2	7.6	16.9	15.3	0.3	11.6	0.35	5.4
Decaf Cappuccino - skimmed milk	Short	skimmed milk (skimmed MILK , decaf espresso (as consum	207	49	0.4	0.2	6.6	6.1	0.1	4.6	0.14	1.8
Decaf Cappuccino - skimmed milk	Tall	skimmed milk (skimmed MILK , decaf espresso (as consum	334	79	0.7	0.3	10.7	9.7	0.2	7.2	0.22	3.6
Decaf Cappuccino - skimmed milk	Grande	skimmed milk (skimmed MILK , decaf espresso (as consum	420	100	0.9	0.4	13.4	12.4	0.2	9.2	0.28	3.6
Decaf Cappuccino - almond drink	Venti	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	547	130	1.7	0.5	17.5	16	0.3	11.9	0.36	5.4
Decaf Cappuccino - almond drink	Short	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	142	35	1.6	0.1	3.7	3.2	0.4	0.8	0.09	1.8
Decaf Cappuccino - almond drink	Tall	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	230	57	2.5	0.2	6.1	5	0.6	1.3	0.15	3.6
Decaf Cappuccino - almond drink	Grande	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	287	72	3.2	0.3	7.5	6.4	0.7	1.5	0.19	3.6
Decaf Cappuccino - almond drink	Venti	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	376	94	4.1	0.4	9.8	8.3	1	2	0.24	5.4
Decaf Cappuccino - soya drink	Short	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	231	56	2.4	0.4	3.6	3.1	0.9	4.2	0.11	1.8
Decaf Cappuccino - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	372	89	3.8	0.6	6.2	5.4	1.4	4.1		

Blonde Caramel Macchiato - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	338	80	2.8	1.4	11.2	10.6	0.6	2.3	0.15	42.7
Blonde Caramel Macchiato - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	548	130	4.4	2.2	18.7	17.6	0.9	3.8	0.23	85.5
Blonde Caramel Macchiato - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	700	165	5.3	2.6	24.4	23.3	1.1	4.8	0.29	85.5
Blonde Caramel Macchiato - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	889	230	6.7	3.2	31.2	29.6	1.5	6.2	0.36	128.2
Decaf Caramel Macchiato - semi skimmed milk	Short	semi skimmed milk (Semi skimmed MILK), decaf espresso	415	103	3.2	1.6	13.3	12.7	0.1	5.2	0.18	1.8
Decaf Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), decaf espresso	576	168	4.9	2.1	22.4	21	0.2	8.4	0.27	3.6
Decaf Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), decaf espresso	902	214	6	3.8	29.2	27.7	0.2	10.7	0.35	3.6
Decaf Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK), decaf espresso	1149	273	7.5	4.8	37.4	35.2	0.3	13.8	0.44	5.4
Decaf Caramel Macchiato - whole milk	Short	whole milk (whole MILK), decaf espresso (as consumed) (w	531	126	5.9	3.7	13.4	12.5	0.1	5	0.17	1.8
Decaf Caramel Macchiato - whole milk	Tall	whole milk (whole MILK), decaf espresso (as consumed) (w	809	204	9.3	5.8	22.2	20.8	0.2	8.2	0.27	3.6
Decaf Caramel Macchiato - whole milk	Grande	whole milk (whole MILK), decaf espresso (as consumed) (w	1100	283	11.7	7.4	28.9	27.1	0.2	10.4	0.34	3.6
Decaf Caramel Macchiato - whole milk	Venti	whole milk (whole MILK), decaf espresso (as consumed) (w	1405	334	14.8	9.3	37	34.8	0.3	13.5	0.43	5.4
Decaf Caramel Macchiato - skimmed milk	Short	skimmed milk (skimmed MILK), decaf espresso (as consum	364	86	1.2	0.6	13.6	12.8	0.1	5.2	0.18	1.8
Decaf Caramel Macchiato - skimmed milk	Tall	skimmed milk (skimmed MILK), decaf espresso (as consum	591	140	1.7	0.9	22.7	21.2	0.2	8.4	0.28	3.6
Decaf Caramel Macchiato - skimmed milk	Grande	skimmed milk (skimmed MILK), decaf espresso (as consum	753	179	1.9	1	29.5	28	0.2	10.7	0.35	3.6
Decaf Caramel Macchiato - skimmed milk	Venti	skimmed milk (skimmed MILK), decaf espresso (as consum	958	227	2.2	1.1	37.7	35.6	0.3	13.8	0.45	5.4
Decaf Caramel Macchiato - almond drink	Short	almond drink (Water, ALMOND (2.5%), Sugar, Fructose,	280	73	12.1	6.6	20.3	19.5	0.4	9.9	0.23	1.8
Decaf Caramel Macchiato - almond drink	Tall	almond drink (Water, ALMOND (2.5%), Sugar, Fructose,	471	115	37	19.8	17.3	15.8	0.7	15	0.19	3.6
Decaf Caramel Macchiato - almond drink	Grande	almond drink (Water, ALMOND (2.5%), Sugar, Fructose,	599	146	45	0.9	22.5	21	0.8	1.8	0.24	3.6
Decaf Caramel Macchiato - almond drink	Venti	almond drink (Water, ALMOND (2.5%), Sugar, Fructose,	760	185	5.6	1	28.8	26.7	1.1	2.4	0.30	5.4
Decaf Caramel Macchiato - soya drink	Short	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	391	93	3.4	0.9	10.4	9.5	1	4.8	0.15	1.8
Decaf Caramel Macchiato - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	634	152	5.2	1.2	17.5	15.8	1.6	7.7	0.23	3.6
Decaf Caramel Macchiato - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	810	193	12.5	1.4	22.8	20.9	1	9.9	0.29	3.6
Decaf Caramel Macchiato - soya drink	Venti	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1031	246	8.1	1.7	29.1	26.6	2.6	12.8	0.36	5.4
Decaf Caramel Macchiato - oat drink	Short	oat drink (Water, OAT (10%), sunflower oil, chicory root	491	116	5	0.9	16.1	10.5	1.5	1.3	0.20	1.8
Decaf Caramel Macchiato - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory root	795	188	7.9	1.2	26.6	17.5	2.5	2.1	0.31	3.6
Decaf Caramel Macchiato - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	1017	241	9.9	1.6	34.5	23.2	3.1	2.7	0.40	3.6
Decaf Caramel Macchiato - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory root	1298	307	12.5	1.7	44.2	29.5	4	3.5	0.51	5.4
Decaf Caramel Macchiato - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	341	81	2.8	1.4	11.4	10.6	0.5	2.3	0.15	1.8
Decaf Caramel Macchiato - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	541	131	4.1	2.2	19.1	17.6	0.9	3.7	0.23	3.6
Decaf Caramel Macchiato - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	706	167	5.3	2.6	24.8	23.3	1.1	4.7	0.29	3.6
Decaf Caramel Macchiato - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	897	212	6.7	3.2	31.8	29.6	1.5	6.1	0.36	5.4
Blonde Mocha - semi skimmed milk	Short	semi skimmed milk (Semi skimmed MILK), blonde roast (	526	126	6.5	4.5	11.4	10.8	1	4.8	0.13	48.8
Blonde Mocha - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), blonde roast (	850	203	9.4	6.3	20.4	19.1	2.1	8.2	0.21	97.6
Blonde Mocha - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), blonde roast (	1092	261	11	7.8	28.1	26.4	3	10.9	0.28	103.7
Blonde Mocha - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK), blonde roast (	1372	327	13	8.7	36.6	34.2	4	14	0.35	152.5
Blonde Mocha - whole milk	Short	whole milk (whole MILK), blonde roast (as consumed) (wh	598	143	8.6	5.8	11.3	10.7	1	4.7	0.12	48.8
Blonde Mocha - whole milk	Tall	whole milk (whole MILK), blonde roast (as consumed) (wh	971	232	12.8	8.5	20.3	18.9	2.1	8.1	0.21	97.6
Blonde Mocha - whole milk	Grande	whole milk (whole MILK), blonde roast (as consumed) (wh	1252	299	15.5	10.2	27.9	26.3	3	10.7	0.27	103.7
Blonde Mocha - whole milk	Venti	whole milk (whole MILK), blonde roast (as consumed) (wh	1576	376	18.8	12.3	36.2	33.9	4	13.7	0.34	152.5
Blonde Mocha - skimmed milk	Short	skimmed milk (skimmed MILK), blonde roast (as consumed	472	113	5	3.4	11.5	10.9	1	4.8	0.13	48.8
Blonde Mocha - skimmed milk	Tall	skimmed milk (skimmed MILK), blonde roast (as consumed	758	181	6.8	4.6	20.6	19.3	2.1	7.6	0.23	97.6
Blonde Mocha - skimmed milk	Grande	skimmed milk (skimmed MILK), mocha sauce (water, suga	972	232	7.6	5	28.4	26.7	3	10.9	0.28	103.7
Blonde Mocha - skimmed milk	Venti	skimmed milk (skimmed MILK), blonde roast (as consum	1220	291	8.8	5.7	36.9	34.5	4	14	0.36	152.5
Blonde Mocha - almond drink	Short	almond drink (Water, ALMOND (2.5%), Sugar, Fructose,	416	101	6	3.4	9	8.4	1.2	1.6	0.09	48.8
Blonde Mocha - almond drink	Tall	almond drink (Water, ALMOND (2.5%), Sugar, Fructose,	665	162	8.4	4.5	16.4	15.1	2.4	2.8	0.15	97.6
Blonde Mocha - almond drink	Grande	almond drink (Water, ALMOND (2.5%), Sugar, Fructose,	847	206	9.7	5	22.8	21.1	3.4	3.7	0.19	103.7
Blonde Mocha - almond drink	Venti	almond drink (Water, ALMOND (2.5%), Sugar, Fructose,	1063	258	11.5	5.8	28.7	27.4	4.6	4.8	0.24	152.5
Blonde Mocha - soya drink	Short	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	492	118	6.7	3.6	9.1	8.3	1.7	4.5	0.11	48.8
Blonde Mocha - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	794	191	9.6	4.9	16.5	15	3.1	7.7	0.18	97.6
Blonde Mocha - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1017	244	11.3	5.4	23	21	4.4	10.2	0.23	103.7
Blonde Mocha - soya drink	Venti	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1278	306	13.5	6.2	30	27.3	5.8	13.1	0.29	152.5
Blonde Mocha - oat drink	Short	oat drink (Water, OAT (10%), sunflower oil, chicory root	567	135	7.9	3.6	13.4	9.2	2.1	1.9	0.15	48.8
Blonde Mocha - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory root	920	219	10.7	4.9	21.0	13.2	1.8	3.4	0.14	97.6
Blonde Mocha - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	1185	282	14.1	5.4	32.4	22.9	5.3	4.4	0.32	103.7
Blonde Mocha - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory root	1490	355	17	6.2	42	29.6	6.9	5.7	0.40	152.5
Blonde Mocha - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	455	109	6.3	4	9.9	9.2	1.3	2.6	0.11	48.8
Blonde Mocha - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	730	174	8.9	5.6	17.8	16.5	2.6	4.6	0.18	97.6
Blonde Mocha - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	934	222	10.4	6.6	24.6	22.9	3.7	6.1	0.23	103.7
Blonde Mocha - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	1171	279	12.5	7.4	32.7	22.8	4.9	8.2	0.29	152.5
Decaf Mocha - semi skimmed milk	Short	semi skimmed milk (Semi skimmed MILK), mocha sauce (	612	146	6.7	4.6	15.7	14.5	1.9	4.8	0.11	14
Decaf Mocha - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), mocha sauce (	956	228	9.7	6.6	25.3	23.2	2.9	8.5	0.20	21.8
Decaf Mocha - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), mocha sauce (	1179	281	11.2	7.5	32.5	30.1	3.8	10.8	0.26	27.9
Decaf Mocha - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK), mocha sauce (	1502	358	13.6	9	42.1	38.8	4.8	14.5	0.35	35.8
Decaf Mocha - whole milk	Short	whole milk (whole MILK), mocha sauce (water, sugar, co	672	161	8.4	5.7	15.6	14.4	1.9	4.7	0.11	14
Decaf Mocha - whole milk	Tall	whole milk (whole MILK), mocha sauce (water, sugar, co	1071	256	13	6.6	25.1	23.1	2.9	8.0	0.21	21.8
Decaf Mocha - whole milk	Grande	whole milk (whole MILK), mocha sauce (water, sugar, co	1326	316	15.8	9.7	32.6	23.8	3.8	10.6	0.25	27.9
Decaf Mocha - whole milk	Venti	whole milk (whole MILK), mocha sauce (water, sugar, co	1705	407	19.3	12.6	41.8	38.5	4.8	14.2	0.34	35.8
Decaf Mocha - skimmed milk	Short	skimmed milk (skimmed MILK), mocha sauce (water, suga	567	136	5.5	3.7	15.8	14.6	1.9	4.8	0.11	14
Decaf Mocha - skimmed milk	Tall	skimmed milk (skimmed MILK), mocha sauce (water, suga	871	208	7.3	4.9	25.5	23.4	2.9	8.5	0.21	21.8
Decaf Mocha - skimmed milk	Grande	skimmed milk (skimmed MILK), mocha sauce (water, suga	1069	255	8.1	5.3	32.7	30.3	3.8	10.8	0.26	27.9
Decaf Mocha - skimmed milk	Venti	skimmed milk (skimmed MILK), mocha sauce (water, suga	1350	322	9.3	6.1	42.4	39.1	4.8	14.5	0.36	35.8
Decaf Mocha - almond drink	Short	almond drink (Water, ALMOND (2.5%), Sugar, Fructose,	521	126	8.7	5.2	13.6	12.3	2.1	2.1	0.08	14
Decaf Mocha - almond drink	Tall	almond drink (Water, ALMOND (2.5%), Sugar, Fructose,	782	189	8.8	4.8	21.5	19.4	3.3	3.3	0.14	21.8
Decaf Mocha - almond drink	Grande	almond drink (Water, ALMOND (2.5%), Sugar, Fructose,	955	231	10	5.3	27.6	25.2	4.2	4.2	0.18	27.9
Decaf Mocha - almond drink	Venti	almond drink (Water, ALMOND (2.5%), Sugar, Fructose,	1192	288	12	6	35.3	32	5.4	5.4	0.24	35.8
Decaf Mocha - soya drink	Short	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	584	140	6.9	3.9	13.8	12.5	2.4	4.5	0.09	14
Decaf Mocha - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	893	216	10	5.2	21.6	19.4	3.9	8	0.17	21.8
Decaf Mocha - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1111	266	12.5	6.8	27.8	25.5	5.21	10.2	0.21	27.9
Decaf Mocha - soya drink	Venti	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1407	337	14	6.6	35.5	31.9	6.6	13.7	0.29	35.8
Decaf Mocha - oat drink	Short	oat drink (Water, OAT (10%), sunflower oil, chicory root	647	154	7.9	3.9	17.3	13.1	2.8	2.4	0.13	14
Decaf Mocha - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory root	1023	244	12	5.2	28.4	20.7	4.6	3.8	0.23	21.8
Decaf Mocha - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory root	1264	301	14	5.7	36.5	26.8	5.9	4.8	0.30	27.9
Decaf Mocha - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory root	1620	386	17.5	6.6	47.5	34.2	7.8	6.3	0.40	35.8
Decaf Mocha - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	553	132	6.3	4.2	14.4	13.2	0.9	3.1	0.09	14
Decaf Mocha - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	844	201	9.3	5.8	22.8	20.7	3.4	5	0.17	21.8
Decaf Mocha - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	1034	246	10.6	6.6	29.3	26.9	4.5	6.3	0.21	27.9
Decaf Mocha - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	1301	310	12.9	7.8	37.6	34.4	5.7	8.4	0.29	35.8
Blonde White Mocha - semi skimmed milk	Short	semi skimmed milk (Semi skimmed MILK), blonde roast (	592	141	6.9	4.9	14.9	14.6	0.2	4.9	0.19	42.7
Blonde White Mocha - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), blonde roast (	963	229	9.9	7	26.8	26.2	0.3	8	0.12	85.5
Blonde White Mocha - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), white chocola	1260	298	11.7	8.3	37.5	36.9	0.3	10.1	0.41	85.5
Blonde White Mocha - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK), blonde roast (	1628	388	14.4	10.2	50.1	49.1	0.5	14.1	0.58	128.2
Blonde White Mocha - whole milk	Short	whole milk (whole MILK), blonde roast (as consumed) (wh	665	159	9	6.2	14.8	14.4	0.2	4.8	0.18	42.7
Blonde White Mocha - whole milk	Tall	whole milk (whole MILK), blonde roast (as consumed) (wh	1077	257	13.2	9.1	26.7	26	0.3	7.8	0.32	85.5
Blonde White Mocha - whole milk	Grande	whole milk (whole MILK), white chocolate mocha (Sugar,	1401	334	16	11	37.3	36.6	0.3	1		

Alternative Coffee Bean - Cold Coffee

Decaf Iced Americano	Tall	water, ice, decaf espresso (as consumed) [whole bean roast]	31	8	0.1	0	1.2	0.1	0.2	0.3	0.00	3.6
Decaf Iced Americano	Grande	water, ice, decaf espresso (as consumed) [whole bean roast]	47	11	0.2	0	1.8	0.2	0.3	0.4	0.00	5.4
Decaf Iced Americano	Venti	ice, water, decaf espresso (as consumed) [whole bean roast]	62	15	0.3	0.1	2.3	0.2	0.4	0.5	0.00	7.2
Blonde Iced Americano	Tall	water, ice, blonde roast (as consumed) [whole bean roasts]	25	6	0.1	0	0.8	0.1	0.3	0.3	0.00	85.5
Blonde Iced Americano	Grande	water, ice, blonde roast (as consumed) [whole bean roasts]	38	9	0.2	0.1	1.1	0.1	0.4	0.5	0.00	128.2
Blonde Iced Americano	Venti	ice, water, blonde roast (as consumed) [whole bean roasts]	53	13	0.3	0.1	1.5	0.2	0.5	0.8	0.00	171
Blonde Iced Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	342	82	2.8	0.8	8.1	7.5	0.3	5.8	0.17	85.5
Blonde Iced Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	532	127	4.4	2.8	12.6	11.9	0.3	9.1	0.27	85.5
Blonde Iced Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	753	128	4.4	2.8	12.8	11.8	0.4	9.2	0.27	128.2
Blonde Iced Latte - whole milk	Tall	whole milk [whole MILK], ice, blonde roast (as consumed)	447	107	5.8	3.6	8	7.3	0.3	5.6	0.17	85.5
Blonde Iced Latte - whole milk	Grande	whole milk [whole MILK], ice, blonde roast (as consumed)	700	167	9.2	5.8	12.3	11.6	0.3	8.8	0.26	85.5
Blonde Iced Latte - whole milk	Venti	whole milk [whole MILK], ice, blonde roast (as consumed)	705	168	9.1	5.7	12.6	11.5	0.4	8.6	0.26	128.2
Blonde Iced Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, blonde roast (as cons	264	63	0.6	0.2	8.3	7.6	0.3	5.8	0.17	85.5
Blonde Iced Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, blonde roast (as cons	406	97	0.9	0.4	12.8	12.1	0.3	9.1	0.28	85.5
Blonde Iced Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, blonde roast (as cons	415	99	0.9	0.4	13.1	12	0.4	9.2	0.27	128.2
Blonde Iced Latte - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	182	46	2	0.2	4.6	3.9	0.6	1.1	0.11	85.5
Blonde Iced Latte - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	276	69	3.1	0.3	6.9	6.3	0.8	1.6	0.18	85.5
Blonde Iced Latte - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	286	71	3.1	0.3	7.2	6.6	0.9	1.7	0.18	128.2
Blonde Iced Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	293	71	3	0.5	4.8	3.9	1.2	5.4	0.14	85.5
Blonde Iced Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	454	109	4.8	0.8	7.1	6.2	1.7	8.4	0.22	85.5
Blonde Iced Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	462	111	4.8	0.8	7.4	6.2	1.9	8.5	0.22	128.2
Blonde Iced Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chictory roo	403	96	4.9	0.5	11	5.1	1.8	1.5	0.20	85.5
Blonde Iced Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chictory roo	630	149	7.7	0.8	17.1	8.1	2.7	2.3	0.31	85.5
Blonde Iced Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chictory roo	635	151	7.7	0.8	17.3	8.1	2.8	2.4	0.31	128.2
Blonde Iced Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	239	57	2.4	1.1	5.8	5.2	0.7	2.6	0.14	85.5
Blonde Iced Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	366	87	3.8	1.8	8.9	8.2	1	4	0.22	85.5
Blonde Iced Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	375	89	3.9	1.8	9.2	8.2	1.1	4.1	0.22	128.2
Decaf Iced Latte - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	348	83	2.8	1.8	8.5	7.5	0.2	5.8	0.17	3.6
Decaf Iced Latte - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	538	128	4.4	2.8	13	11.9	0.2	9	0.27	3.6
Decaf Iced Latte - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	548	131	4.4	2.8	13.4	11.8	0.3	9.1	0.27	5.4
Decaf Iced Latte - whole milk	Tall	whole milk [whole MILK], ice, decaf espresso (as consume	453	108	5.8	3.6	8.4	7.3	0.2	5.8	0.17	3.6
Decaf Iced Latte - whole milk	Grande	whole milk [whole MILK], ice, decaf espresso (as consume	706	168	9.2	5.8	12.7	11.6	0.2	8.8	0.26	3.6
Decaf Iced Latte - whole milk	Venti	whole milk [whole MILK], ice, decaf espresso (as consume	714	170	9.1	5.7	13.2	11.6	0.3	8.8	0.26	5.4
Decaf Iced Latte - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, decaf espresso (as co	270	64	0.6	0.2	8.7	7.6	0.2	5.8	0.17	3.6
Decaf Iced Latte - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, decaf espresso (as co	412	98	0.9	0.4	13.2	12.2	0.2	9	0.28	3.6
Decaf Iced Latte - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, decaf espresso (as co	424	101	0.9	0.4	13.7	12.1	0.3	9.1	0.27	5.4
Decaf Iced Latte - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	188	47	2	0.2	5	4.3	0.5	0.11	0.11	3.6
Decaf Iced Latte - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	282	70	3.1	0.3	7.3	6.3	0.7	1.5	0.18	3.6
Decaf Iced Latte - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	295	73	3.1	0.3	7.9	6.3	0.8	1.6	0.18	5.4
Decaf Iced Latte - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	299	72	3	0.5	5.2	3.9	1.2	5.3	0.14	3.6
Decaf Iced Latte - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	460	110	4.8	0.8	7.5	6.2	1.7	8.3	0.22	3.6
Decaf Iced Latte - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	471	113	4.8	0.8	8.1	6.2	1.8	8.4	0.22	5.4
Decaf Iced Latte - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chictory roo	409	97	4.9	0.5	11.4	5.1	1.7	1.5	0.20	3.6
Decaf Iced Latte - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chictory roo	635	151	7.7	0.8	17.5	8.1	2.7	2.2	0.31	3.6
Decaf Iced Latte - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chictory roo	644	153	7.7	0.8	17.9	8.1	2.7	2.3	0.31	5.4
Decaf Iced Latte - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	244	58	2.4	1.1	6.2	5.2	0.7	2.6	0.14	3.6
Decaf Iced Latte - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	372	88	3.8	1.8	9.3	8.2	1	4	0.22	3.6
Decaf Iced Latte - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	384	91	3.9	1.8	9.8	8.2	1.1	4.1	0.22	5.4
Blonde Classic Iced Cappuccino - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	293	70	2.4	1.5	7	6.3	0.3	5	0.14	85.5
Blonde Classic Iced Cappuccino - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	442	105	3.6	2.3	10.5	9.8	0.3	7.5	0.22	85.5
Blonde Classic Iced Cappuccino - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	478	114	3.9	2.5	11.4	10.4	0.4	8.1	0.24	128.2
Blonde Classic Iced Cappuccino - whole milk	Tall	whole milk [whole MILK], ice, blonde roast (as consumed)	382	91	4.9	3.1	6.9	6.2	0.3	4.8	0.14	85.5
Blonde Classic Iced Cappuccino - whole milk	Grande	whole milk [whole MILK], ice, blonde roast (as consumed)	580	138	7.6	4.8	10.2	9.6	0.3	7.3	0.22	85.5
Blonde Classic Iced Cappuccino - whole milk	Venti	whole milk [whole MILK], ice, blonde roast (as consumed)	624	149	8	5.1	11.2	10.2	0.4	7.9	0.23	128.2
Blonde Classic Iced Cappuccino - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, blonde roast (as cons	227	54	0.5	0.2	7.1	6.4	0.4	5	0.15	85.5
Blonde Classic Iced Cappuccino - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, blonde roast (as cons	338	81	0.8	0.3	11.6	10.6	0.4	8.1	0.24	85.5
Blonde Classic Iced Cappuccino - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, blonde roast (as cons	369	88	0.9	0.4	11.6	10.6	0.4	8.1	0.24	128.2
Blonde Classic Iced Cappuccino - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	158	39	1.7	0.2	4	3.3	0.5	1	0.10	85.5
Blonde Classic Iced Cappuccino - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	231	58	2.6	0.2	5.8	5.2	0.7	1.3	0.15	85.5
Blonde Classic Iced Cappuccino - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	256	64	2.8	0.3	6.5	5.5	0.8	1.5	0.16	128.2
Blonde Classic Iced Cappuccino - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	252	61	2.6	0.4	4.1	3.3	1.1	4.2	0.14	85.5
Blonde Classic Iced Cappuccino - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	418	78	3.4	0.6	5.7	4.6	1.5	7	0.18	85.5
Blonde Classic Iced Cappuccino - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	410	99	4.2	0.7	6.7	5.5	1.7	7.5	0.19	128.2
Blonde Classic Iced Cappuccino - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chictory roo	345	82	4.1	0.4	9.8	4.3	1.6	1.3	0.17	85.5
Blonde Classic Iced Cappuccino - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chictory roo	522	124	6.3	0.6	14.2	6.7	2.3	1.9	0.26	85.5
Blonde Classic Iced Cappuccino - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chictory roo	563	134	6.8	0.7	15.3	7.1	2.5	2.2	0.27	128.2
Blonde Classic Iced Cappuccino - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	205	49	2.1	1	5.1	4.4	0.7	2.3	0.12	85.5
Blonde Classic Iced Cappuccino - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	305	72	3.1	1.5	7.4	6.3	0.9	4.3	0.18	85.5
Blonde Classic Iced Cappuccino - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	334	79	3.4	1.6	8.2	7.2	1	3.7	0.19	128.2
Decaf Classic Iced Cappuccino - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	299	71	2.4	1.5	7.4	6.3	0.2	4.9	0.14	3.6
Decaf Classic Iced Cappuccino - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	447	107	3.6	2.3	10.9	9.8	0.2	7.5	0.22	3.6
Decaf Classic Iced Cappuccino - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, decaf esp	487	116	3.9	2.5	12	10.4	0.3	8	0.24	5.4
Decaf Classic Iced Cappuccino - whole milk	Tall	whole milk [whole MILK], ice, decaf espresso (as consume	387	92	4.9	3.1	7.3	6.2	0.2	4.8	0.14	3.6
Decaf Classic Iced Cappuccino - whole milk	Grande	whole milk [whole MILK], ice, decaf espresso (as consume	586	140	7.6	4.8	10.7	9.6	0.2	7.1	0.21	3.6
Decaf Classic Iced Cappuccino - whole milk	Venti	whole milk [whole MILK], ice, decaf espresso (as consume	633	151	8	5.1	11.8	10.2	0.3	7.8	0.23	5.4
Decaf Classic Iced Cappuccino - skimmed milk	Tall	skimmed milk [skimmed MILK], ice, decaf espresso (as co	232	55	0.5	0.2	7.5	6.5	0.2	4.9	0.15	3.6
Decaf Classic Iced Cappuccino - skimmed milk	Grande	skimmed milk [skimmed MILK], ice, decaf espresso (as co	344	82	0.8	0.3	11.1	10	0.2	7.5	0.23	3.6
Decaf Classic Iced Cappuccino - skimmed milk	Venti	skimmed milk [skimmed MILK], ice, decaf espresso (as co	378	90	0.9	0.4	12.2	10.6	0.3	8	0.24	5.4
Decaf Classic Iced Cappuccino - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	164	41	1.7	0.2	4.4	3.4	0.5	0.9	0.10	3.6
Decaf Classic Iced Cappuccino - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	237	59	2.6	0.2	6.2	5.6	0.9	1.5	0.15	5.4
Decaf Classic Iced Cappuccino - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	264	66	2.8	0.3	7.1	5.5	0.8	1.5	0.16	5.4
Decaf Classic Iced Cappuccino - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	258	62	2.6	0.4	4.5	3.3	1	4.5	0.12	3.6
Decaf Classic Iced Cappuccino - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	433	92	3.9	0.6	6.4	5.1	1.4	6.9	0.18	3.6
Decaf Classic Iced Cappuccino - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	419	101	4.2	0.7	7.3	5.5	1.6	7.4	0.19	5.4
Decaf Classic Iced Cappuccino - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chictory roo	350	83	4.1	0.4	9.8	4.4	1.5	1.3	0.17	3.6
Decaf Classic Iced Cappuccino - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chictory roo	528	125	6.3	0.6	14.6	6.7	2.3	1.9	0.26	85.5
Decaf Classic Iced Cappuccino - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chictory roo	572	136	6.8	0.7	15.9	7.1	2.5	2.1	0.27	5.4
Decaf Classic Iced Cappuccino - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	211	50	2.1	1	5.5	4.4	0.6	2.2	0.12	3.6
Decaf Classic Iced Cappuccino - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	311	74	3.2	1.5	7.8	6.8	0.8	3.3	0.18	3.6
Decaf Classic Iced Cappuccino - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	343	81	3.4	1.6	8.8	7.2	1	3.6	0.19	5.4
Blonde Iced Latte Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	379	90	3.1	2	9	8.3	0.3	6.4	0.19	85.5
Blonde Iced Latte Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	548	131	4.5	2.9	12.9	12.3	0.3	9.4	0.28	85.5
Blonde Iced Latte Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK], ice, blonde ro	573	136	4.6	3	13.6	12.4	0.4	9.6	0.28	128.2
Blonde Iced Latte Macchiato - whole milk	Tall	whole milk [whole MILK], ice, blonde roast (as consumed)	496	118	6.4	4.1	8.8	8.1	0.3	6.3	0.18	85.5
Blonde Iced Latte Macchiato - whole milk	Grande	whole milk [whole MILK], ice, blonde roast (as consumed)	722	172	9.5	6	12.7	12	0.3	9.1	0.27	85.5
Blonde Iced Latte Macchiato - whole milk	Venti	whole milk [whole MILK], ice, blonde roast (as consumed)	749	179	9.7	6.1	13.3	12.3	0.4			

Blonde Iced Caramel Macchiato - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	666	159	4.4	1	26.1	24.5	0.9	1.9	0.23	128.2
Blonde Iced Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	557	133	4.4	1.2	16.5	15.2	1.3	6	0.19	85.5
Blonde Iced Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	761	182	6	1.5	22.2	20.7	1.8	8.7	0.26	185
Blonde Iced Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	844	201	6.2	1.5	26.3	24.4	2	9.1	0.27	128.2
Blonde Iced Caramel Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	679	161	4.2	1.2	21.4	16.5	2	1.8	0.25	85.5
Blonde Iced Caramel Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	942	223	9	1.5	32.5	22.7	2.8	2.4	0.36	85.5
Blonde Iced Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1029	244	9.2	1.5	36.8	26.5	3	2.6	0.37	128.2
Blonde Iced Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	495	117	3.8	1.9	17.7	16.6	0.8	3	0.19	85.5
Blonde Iced Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	750	158	5	2.5	24	22.8	1	4.2	0.26	85.5
Blonde Iced Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	671	178	5.1	2.5	28.2	26.5	1.2	4.4	0.27	128.2
Decaf Iced Caramel Macchiato - semi skimmed milk	Tall	semi skimmed milk [Semi skimmed MILK , ice, decaf esp	617	147	4.2	1.2	21.4	16.5	0.2	6.5	0.22	3.6
Decaf Iced Caramel Macchiato - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK , ice, decaf esp	847	201	5.6	3.6	28.2	26.6	0.2	9.4	0.31	3.6
Decaf Iced Caramel Macchiato - semi skimmed milk	Venti	semi skimmed milk [Semi skimmed MILK , ice, decaf esp	934	222	5.8	3.6	32.7	30.5	0.3	9.7	0.32	5.4
Decaf Iced Caramel Macchiato - whole milk	Tall	whole milk [whole MILK , ice, decaf espresso (as consum	734	175	7.5	4.7	20.5	19	0.2	6.3	0.22	3.6
Decaf Iced Caramel Macchiato - whole milk	Grande	whole milk [whole MILK , ice, decaf espresso (as consum	1021	243	10.5	6.6	28	26.4	0.2	9.2	0.31	3.6
Decaf Iced Caramel Macchiato - whole milk	Venti	whole milk [whole MILK , ice, decaf espresso (as consum	1112	264	10.8	6.8	32.4	30.2	0.3	9.5	0.31	3.6
Decaf Iced Caramel Macchiato - skimmed milk	Tall	skimmed milk [skimmed MILK , ice, decaf espresso (as co	539	126	1.7	0.9	20.8	19.3	0.2	10.5	0.24	3.6
Decaf Iced Caramel Macchiato - skimmed milk	Grande	skimmed milk [skimmed MILK , ice, decaf espresso (as co	718	170	2	1	28.5	26.9	0.2	9.4	0.32	5.4
Decaf Iced Caramel Macchiato - skimmed milk	Venti	skimmed milk [skimmed MILK , ice, decaf espresso (as co	802	190	2.1	1.1	32.9	30.7	0.3	9.7	0.33	5.4
Decaf Iced Caramel Macchiato - almond drink	Tall	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	438	106	3.3	0.9	16.7	15.2	0.6	1.2	0.16	3.6
Decaf Iced Caramel Macchiato - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	683	142	4.2	1	22.4	20.8	0.7	1.6	0.22	3.6
Decaf Iced Caramel Macchiato - almond drink	Venti	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	565	161	4.4	1	26.7	24.5	0.9	1.8	0.23	5.4
Decaf Iced Caramel Macchiato - soya drink	Tall	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	593	134	4.2	1.2	16.9	15.9	1.8	0.5	0.19	3.6
Decaf Iced Caramel Macchiato - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	767	183	6	1.5	22.6	20.8	1.8	8.7	0.26	3.6
Decaf Iced Caramel Macchiato - soya drink	Venti	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	852	203	6.2	1.5	26.9	24.5	1.9	9	0.27	5.4
Decaf Iced Caramel Macchiato - oat drink	Tall	oat drink [Water, OAT (10%), sunflower oil, chicory root	685	162	6.5	1.2	23.8	16.5	1.9	1.7	0.25	3.6
Decaf Iced Caramel Macchiato - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	948	224	9	1.5	32.9	22.7	2.7	2.4	0.36	3.6
Decaf Iced Caramel Macchiato - oat drink	Venti	oat drink [Water, OAT (10%), sunflower oil, chicory root	1037	246	9.2	1.5	37.4	26.5	2.9	2.6	0.37	5.4
Decaf Iced Caramel Macchiato - coconut drink	Tall	coconut drink [Water, coconut milk (5.7%) [water, coco	501	119	3.8	1.9	17.7	16.6	0.7	0.19	0.19	3.6
Decaf Iced Caramel Macchiato - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	674	160	5	2.5	24.4	22.8	1	4.2	0.26	3.6
Decaf Iced Caramel Macchiato - coconut drink	Venti	coconut drink [Water, coconut milk (5.7%) [water, coco	760	180	5.1	2.5	28.8	26.6	1.1	4.4	0.27	5.4
Blonde Iced Mocha - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK , blonde sa	924	222	12.6	8.7	19.2	17.9	2.1	6.8	0.17	97.6
Blonde Iced Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK , ice, mocha sa	1304	312	17.2	11.9	28	26.3	3	9.9	0.25	103.7
Blonde Iced Mocha - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK , blonde sa	1426	342	17.7	12.2	33	30.7	4	10.5	0.24	152.5
Blonde Iced Mocha - whole milk	Tall	ice, whole milk [whole MILK , blonde roast (as consumed)	1012	243	15.1	10.3	14.1	17.7	2.1	6.6	0.16	97.6
Blonde Iced Mocha - whole milk	Grande	whole milk [whole MILK , ice, mocha sauce [water, sugar,	1426	344	20.4	14.2	27.8	26.9	3	9.7	0.24	103.7
Blonde Iced Mocha - whole milk	Venti	ice, whole milk [whole MILK , blonde roast (as consumed)	1554	372	21.3	14.5	32.8	30.5	4	10.3	0.24	152.5
Blonde Iced Mocha - skimmed milk	Tall	ice, skimmed milk [skimmed MILK , blonde roast (as consu	859	206	10.8	7.5	19.3	18	2.1	6.8	0.17	97.6
Blonde Iced Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK , ice, mocha sauce [water,	1205	289	14.4	10	28.2	26.5	3	9.9	0.25	103.7
Blonde Iced Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed MILK , blonde roast (as consu	1330	319	15	10.3	33.2	30.9	4	10.5	0.25	152.5
Blonde Iced Mocha - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	791	149	19	7.8	14.9	14.9	2.3	0.2	0.28	97.6
Blonde Iced Mocha - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1103	267	16.2	12.1	23.6	21.9	3	4	0.18	103.7
Blonde Iced Mocha - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1231	288	16.7	10.3	28.7	26.4	4.4	4.7	0.18	152.5
Blonde Iced Mocha - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	884	212	12.8	7.7	16.4	14.9	2.8	6.4	0.14	97.6
Blonde Iced Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1243	299	17.5	10.3	23.7	21.9	4.1	9.4	0.21	103.7
Blonde Iced Mocha - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1367	328	18	10.6	28.9	26.4	5.1	10	0.21	152.5
Blonde Iced Mocha - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	975	233	14.3	7.7	21.6	15.9	5.3	3.2	0.19	97.6
Blonde Iced Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1381	330	19.8	12.1	31.5	23.4	4.9	4.6	0.28	103.7
Blonde Iced Mocha - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1501	359	20.2	10.6	36.5	27.8	5.8	5.3	0.28	152.5
Blonde Iced Mocha - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) [water, co	838	201	12.3	8.2	17.3	15.9	2.4	4.1	0.14	97.6
Blonde Iced Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	1174	281	16.8	11.1	25.1	23.4	3.5	5.9	0.21	103.7
Blonde Iced Mocha - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) [water, co	1300	311	17.3	11.4	30.2	27.9	4.6	6.6	0.21	152.5
Decaf Iced Mocha - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK , blonde sa	1021	245	12.9	8.9	23.8	21.8	2.9	6.8	0.15	21.8
Decaf Iced Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK , ice, blonde sa	1422	341	17.2	12.2	32.1	31.8	2.4	10.5	0.24	21.8
Decaf Iced Mocha - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK , mocha sa	1507	361	17.8	12.3	37.4	34.2	4.8	10.2	0.22	35.8
Decaf Iced Mocha - whole milk	Tall	ice, whole milk [whole MILK , mocha sauce [water, sugar,	1099	263	15.1	10.3	23.7	21.6	2.9	6.7	0.15	21.8
Decaf Iced Mocha - whole milk	Grande	whole milk [whole MILK , ice, mocha sauce [water, sugar,	1552	371	21.3	14.5	32.9	30.5	3.8	10.2	0.24	27.9
Decaf Iced Mocha - whole milk	Venti	ice, whole milk [whole MILK , mocha sauce [water, sugar,	1619	388	21	14.2	37.1	34	4.8	10	0.22	35.8
Decaf Iced Mocha - skimmed milk	Tall	ice, skimmed milk [skimmed MILK , mocha sauce [water, s	963	231	13.1	10.3	23.9	21.9	2.9	6.8	0.16	21.8
Decaf Iced Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK , ice, mocha sauce [water,	1326	317	15.6	10.3	33.3	31.8	3.8	10.5	0.25	27.9
Decaf Iced Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed MILK , mocha sauce [water, s	1423	341	15.5	10.6	37.6	34.3	4.8	10.2	0.22	35.8
Decaf Iced Mocha - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	903	218	12.3	7.7	21.2	19.2	3.1	3.3	0.11	21.8
Decaf Iced Mocha - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1226	296	16.7	10.3	28.8	26.4	4.2	4.5	0.18	27.9
Decaf Iced Mocha - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1337	322	17	10.6	33.7	30.4	5.1	5.2	0.16	35.8
Decaf Iced Mocha - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	985	236	13.1	8	21.3	19.1	3.6	6.5	0.13	21.8
Decaf Iced Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1363	327	18	10.6	29	26.4	4.9	9.21	0.18	27.9
Decaf Iced Mocha - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1455	349	18.1	10.9	33.8	31.8	5.8	9.3	0.19	35.8
Decaf Iced Mocha - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1067	255	14.4	8	25.9	20	4	3.7	0.17	21.8
Decaf Iced Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1498	358	20.2	10.6	36.6	27.8	5.7	5.1	0.28	27.9
Decaf Iced Mocha - oat drink	Venti	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1572	376	20	10.9	40.4	31.6	6.4	5.7	0.25	35.8
Decaf Iced Mocha - coconut drink	Tall	ice, coconut drink [Water, coconut milk (5.7%) [water, co	944	226	12.6	8.4	22.1	20.1	3.3	4.5	0.13	21.8
Decaf Iced Mocha - coconut drink	Grande	coconut drink [Water, coconut milk (5.7%) [water, coco	1285	330	17.2	11.4	30.3	27.9	4.4	6.4	0.24	27.9
Decaf Iced Mocha - coconut drink	Venti	ice, coconut drink [Water, coconut milk (5.7%) [water, co	1367	349	17.3	11.6	34.6	32.1	5.3	6.9	0.19	35.8
Blonde Iced White Mocha - semi skimmed milk	Tall	ice, semi skimmed milk [Semi skimmed MILK , blonde cho	1050	251	13.3	9.5	25.9	25.3	0.3	6.8	0.28	85.5
Blonde Iced White Mocha - semi skimmed milk	Grande	semi skimmed milk [Semi skimmed MILK , ice, white cho	1519	363	18.4	13.2	38.7	38.1	0.3	10.4	0.44	85.5
Blonde Iced White Mocha - semi skimmed milk	Venti	ice, semi skimmed milk [Semi skimmed MILK , blonde roa	1681	402	19.1	13.7	46.6	45.6	0.5	10.6	0.48	128.2
Blonde Iced White Mocha - whole milk	Tall	ice, whole milk [whole MILK , blonde roast (as consumed)	1138	272	15.8	11.1	25.8	25.1	0.3	6.7	0.28	85.5
Blonde Iced White Mocha - whole milk	Grande	whole milk [whole MILK , ice, white chocolate mocha [Sug	1661	397	22.5	15.7	38.5	37.9	0.3	10.2	0.43	85.5
Blonde Iced White Mocha - whole milk	Venti	ice, whole milk [whole MILK , blonde roast (as consumed)	1811	413	16.8	12.1	42.6	41.8	0.5	10.7	0.18	128.2
Blonde Iced White Mocha - skimmed milk	Tall	ice, skimmed milk [skimmed MILK , blonde roast (as consu	884	235	11.4	8.2	26.1	25.4	0.3	6.8	0.29	85.5
Blonde Iced White Mocha - skimmed milk	Grande	skimmed milk [skimmed MILK , ice, white chocolate mo	1414	338	15.5	11.1	38.9	38.3	0.3	10.4	0.44	85.5
Blonde Iced White Mocha - skimmed milk	Venti	ice, skimmed milk [skimmed MILK , blonde roast (as consu	1583	378	16.4	11.8	46.8	45.8	0.5	10.6	0.48	128.2
Blonde Iced White Mocha - almond drink	Tall	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	915	221	12.6	8.2	23	22.3	0.6	2.8	0.24	85.5
Blonde Iced White Mocha - almond drink	Grande	almond drink [water, ALMOND (2.5%), Sugar, Fructose,	1304	315	17.3	11.1	34	33.3	0.7	4	0.36	85.5
Blonde Iced White Mocha - almond drink	Venti	ice, almond drink [water, ALMOND (2.5%), Sugar, Fructo	1482	339	18.2	11.8	42.2	41.9	0.9	4.1	0.47	128.2
Blonde Iced White Mocha - soya drink	Tall	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1059	242	13.5	8.4	23.1	22.3	1	6.4	0.26	85.5
Blonde Iced White Mocha - soya drink	Grande	soya drink [Water, hulled SOYA beans (8.7%), sugar, aci	1454	348	18.8	11.5	34.2	33.3	1.6	9.8	0.39	85.5
Blonde Iced White Mocha - soya drink	Venti	ice, soya drink [Water, hulled SOYA beans (8.7%), sugar,	1620	388	19.4	12.1	42.4	42.2	1.6	10	0.44	128.2
Blonde Iced White Mocha - oat drink	Tall	ice, oat drink [Water, OAT (10%), sunflower oil, chicory r	1102	263	15	8.4	28.3	23.3	1.6	3.2	0.31	85.5
Blonde Iced White Mocha - oat drink	Grande	oat drink [Water, OAT (10%), sunflower oil, chicory root	1602	382								

Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	310	75	1.5	0.2	13.7	12.5	0.5	0.8	0.08	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	406	98	1.9	0.2	18.1	16.3	0.6	1.1	0.10	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	496	120	2.2	0.2	22.4	20	0.8	1.3	0.12	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	311	89.2	93	2.3	0.4	13.8	12.4	0.8	0.10	4.9
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	392	117	12.1	2.3	16.3	14.7	1.2	2.3	0.12	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	610	145	3.2	0.6	22.5	20	1.4	5.7	0.14	7.6
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Tall	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	473	112	3.6	0.4	18.3	13.3	1.3	1.2	0.14	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Grande	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	603	143	4.4	0.5	23.8	17.3	1.7	1.5	0.18	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	722	171	5.1	0.6	28.9	21.2	2	1.8	0.20	7.2
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	352	83	1.8	0.6	14.6	13.3	0.6	0.7	0.10	3.6
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	456	107	2.2	0.7	18.1	13.3	0.7	1.2	0.12	5.4
Decaf Iced Brown Sugar Oat Shaken Espresso - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	554	131	2.6	1.2	23.6	21.3	0.9	2.9	0.14	7.2
Blonde Starbucks Doubleshot Iced Coffee	Mini	Ice, blonde roast (as consumed) (whole bean roasted coff	356	86	8	5	2.1	1.4	0.3	1.3	0.03	85.5
Blonde Starbucks Doubleshot Iced Coffee	Mini	Ice, decaf espresso (as consumed) (whole bean roasted coff	362	88	8	5	2.5	1.4	0.2	1.3	0.03	3.6
Blonde Starbucks Doubleshot Vanilla Iced Coffee	Mini	Ice, blonde roast (as consumed) (whole bean roasted coff	423	102	8	5	6.1	5.3	0.3	1.3	0.03	85.5
Blonde Starbucks Doubleshot Vanilla Iced Coffee	Mini	Ice, decaf espresso (as consumed) (whole bean roasted coff	429	103	8	5	6.5	5.3	0.2	1.3	0.03	3.6

Alternative Coffee Bean - Frappuccino

Decaf Coffee Frappuccino - semi skimmed milk	Tall	Ice, semi skimmed milk (Semi skimmed MILK), coffee frap	873	208	10.5	7.4	24.9	24.4	0.1	3.3	0.38	1.7
Decaf Coffee Frappuccino - semi skimmed milk	Grande	Ice, semi skimmed milk (Semi skimmed MILK), coffee frap	1108	265	13.6	9.6	31.4	30.5	0.2	3.9	0.46	2.8
Decaf Coffee Frappuccino - semi skimmed milk	Venti	Ice, semi skimmed milk (Semi skimmed MILK), coffee frap	1226	293	13.6	9.6	38.2	37	0.3	3.9	0.56	4.1
Decaf Coffee Frappuccino - whole milk	Tall	Ice, whole milk (whole MILK), coffee frappuccino syrup (W	922	220	11.9	8.3	24.9	24.3	0.1	3.3	0.37	1.7
Decaf Coffee Frappuccino - whole milk	Grande	Ice, whole milk (whole MILK), coffee frappuccino syrup (W	1162	278	15.1	10.6	31.3	30.4	0.2	3.8	0.46	2.8
Decaf Coffee Frappuccino - whole milk	Venti	Ice, whole milk (whole MILK), coffee frappuccino syrup (W	1278	305	15.1	10.6	38.1	36.9	0.3	3.8	0.56	4.1
Decaf Coffee Frappuccino - skimmed milk	Tall	Ice, skimmed milk (skimmed MILK), coffee frappuccino syr	836	200	9.5	6.7	25	24.5	0.1	3.3	0.38	1.7
Decaf Coffee Frappuccino - skimmed milk	Grande	Ice, skimmed milk (skimmed MILK), coffee frappuccino syr	1068	255	12.5	8.9	31.4	30.6	0.2	3.9	0.47	2.8
Decaf Coffee Frappuccino - skimmed milk	Venti	Ice, skimmed milk (skimmed MILK), coffee frappuccino syr	1187	283	12.5	8.9	38.3	37	0.3	3.9	0.56	4.1
Decaf Coffee Frappuccino - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	798	192	10.1	6.7	23.3	22.7	0.2	1.1	0.35	1.7
Decaf Coffee Frappuccino - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1026	246	13.2	8.8	29.6	28.7	0.3	1.4	0.43	2.8
Decaf Coffee Frappuccino - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1147	275	13.2	8.8	36.5	35.2	0.4	1.5	0.53	4.1
Decaf Coffee Frappuccino - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	850	203	10.6	6.8	23.3	22.7	0.5	3.1	0.36	1.7
Decaf Coffee Frappuccino - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1083	259	13.7	9	29.6	28.7	0.7	3.7	0.45	2.8
Decaf Coffee Frappuccino - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1202	287	13.7	9	36.5	35.2	0.7	3.6	0.54	4.1
Decaf Coffee Frappuccino - oat drink	Tall	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	910	215	11.5	6.8	26.3	23.3	0.8	1.3	0.39	1.7
Decaf Coffee Frappuccino - oat drink	Grande	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1140	272	14.7	9	32.8	29.3	1	1.7	0.48	2.8
Decaf Coffee Frappuccino - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1256	300	14.6	9	39.6	35.8	1	1.7	0.57	4.1
Decaf Coffee Frappuccino - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	824	197	10.3	7.1	23.9	23.3	0.3	1.8	0.36	1.7
Decaf Coffee Frappuccino - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1055	252	13.4	9.3	30.2	29.3	0.4	2.2	0.45	2.8
Decaf Coffee Frappuccino - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1175	280	13.4	9.3	37.1	35.8	0.5	2.3	0.54	4.1
Decaf Caramel Frappuccino - semi skimmed milk	Tall	Ice, semi skimmed milk (Semi skimmed MILK), coffee frap	1060	253	12	8.4	32.6	31.6	0.1	3.2	0.39	1.5
Decaf Caramel Frappuccino - semi skimmed milk	Grande	Ice, semi skimmed milk (Semi skimmed MILK), coffee frap	1342	320	15.3	10.7	41.2	39.8	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - semi skimmed milk	Venti	Ice, semi skimmed milk (Semi skimmed MILK), coffee frap	1509	360	15.5	10.8	50.5	48.6	0.3	3.9	0.60	3.9
Decaf Caramel Frappuccino - whole milk	Tall	Ice, whole milk (whole MILK), coffee frappuccino syrup (W	1104	263	13.3	9.2	32.5	31.5	0.1	3.1	0.39	1.5
Decaf Caramel Frappuccino - whole milk	Grande	Ice, whole milk (whole MILK), coffee frappuccino syrup (W	1392	332	16.8	11.6	41.2	39.8	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - whole milk	Venti	Ice, whole milk (whole MILK), coffee frappuccino syrup (W	1558	372	17	11.7	50.4	48.5	0.3	3.8	0.60	3.9
Decaf Caramel Frappuccino - skimmed milk	Tall	Ice, skimmed milk (skimmed MILK), coffee frappuccino syr	1027	245	11.1	7.8	32.7	31.6	0.1	3.2	0.39	1.5
Decaf Caramel Frappuccino - skimmed milk	Grande	Ice, skimmed milk (skimmed MILK), coffee frappuccino syr	1304	311	14.3	10	41.3	39.9	0.2	3.8	0.49	2.6
Decaf Caramel Frappuccino - skimmed milk	Venti	Ice, skimmed milk (skimmed MILK), coffee frappuccino syr	1472	351	14.5	10.1	50.5	48.7	0.3	3.9	0.60	3.9
Decaf Caramel Frappuccino - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	992	238	11.7	7.7	31.1	30.1	0.2	1.2	0.37	1.5
Decaf Caramel Frappuccino - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1264	303	14.9	10	39.5	38.1	0.3	1.6	0.47	2.6
Decaf Caramel Frappuccino - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1433	343	15.2	10.1	48.8	46.9	0.4	1.7	0.57	3.9
Decaf Caramel Frappuccino - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1019	248	12.1	7.9	31.2	30.1	0.5	1	0.38	1.5
Decaf Caramel Frappuccino - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1318	315	15.5	10.1	39.6	38.1	0.6	3.6	0.48	2.6
Decaf Caramel Frappuccino - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1486	355	15.7	10.2	48.9	46.9	0.7	3.7	0.58	3.9
Decaf Caramel Frappuccino - oat drink	Tall	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1085	259	12.9	7.9	33.8	30.6	0.7	1.4	0.40	1.5
Decaf Caramel Frappuccino - oat drink	Grande	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1371	327	16.3	10.1	42.6	38.7	0.9	1.8	0.51	2.6
Decaf Caramel Frappuccino - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1588	367	16.5	10.2	51.8	47.6	1	1.9	0.61	3.9
Decaf Caramel Frappuccino - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1018	308	15.2	8.4	40.8	40.3	0.3	3.8	0.50	3.9
Decaf Caramel Frappuccino - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1292	308	15.2	10.4	40.1	38.7	0.4	2.3	0.48	2.6
Decaf Caramel Frappuccino - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1460	348	15.4	10.5	49.4	47.5	0.5	2.4	0.58	3.9
Decaf Mocha Frappuccino - semi skimmed milk	Tall	Ice, semi skimmed milk (Semi skimmed MILK), coffee frap	945	226	10.9	7.7	27.6	26.8	0.9	3.7	0.35	7.1
Decaf Mocha Frappuccino - semi skimmed milk	Grande	Ice, semi skimmed milk (Semi skimmed MILK), coffee frap	1252	299	14.3	10	37.1	35.8	1.3	4.6	0.46	10.4
Decaf Mocha Frappuccino - semi skimmed milk	Venti	Ice, semi skimmed milk (Semi skimmed MILK), coffee frap	1407	336	14.4	10.1	45.4	43.7	1.7	4.8	0.55	13.7
Decaf Mocha Frappuccino - whole milk	Tall	Ice, whole milk (whole MILK), coffee frappuccino syrup (W	991	237	12.2	8.5	32.7	31.6	0.9	1.7	0.54	7.1
Decaf Mocha Frappuccino - whole milk	Grande	Ice, whole milk (whole MILK), coffee frappuccino syrup (W	1305	312	15.8	11	37.1	35.8	1.3	4.5	0.46	10.4
Decaf Mocha Frappuccino - whole milk	Venti	Ice, whole milk (whole MILK), coffee frappuccino syrup (W	1458	348	15.9	11	45.4	43.6	1.7	4.7	0.55	13.7
Decaf Mocha Frappuccino - skimmed milk	Tall	Ice, skimmed milk (skimmed MILK), coffee frappuccino syr	911	218	9.9	7	27.7	26.9	0.9	3.7	0.35	7.1
Decaf Mocha Frappuccino - skimmed milk	Grande	Ice, skimmed milk (skimmed MILK), coffee frappuccino syr	1212	289	13.1	9.3	37.2	35.9	1.3	4.6	0.46	10.4
Decaf Mocha Frappuccino - skimmed milk	Venti	Ice, skimmed milk (skimmed MILK), coffee frappuccino syr	1389	326	13.4	9.4	45.5	43.7	1.7	4.8	0.55	13.7
Decaf Mocha Frappuccino - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	876	210	10.5	6.7	23.3	22.7	0.2	1.1	0.35	1.7
Decaf Mocha Frappuccino - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1107	281	13.8	9.2	35.3	34.1	1.5	2.2	0.43	10.4
Decaf Mocha Frappuccino - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1329	318	14	9.4	43.7	42	1.8	2.5	0.52	13.7
Decaf Mocha Frappuccino - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	924	221	11	7.1	26.2	25.3	1.3	3.5	0.33	7.1
Decaf Mocha Frappuccino - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1227	293	14.4	9.4	35.4	34	1.8	4.4	0.44	10.4
Decaf Mocha Frappuccino - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1383	330	14.5	9.5	43.8	41.9	2.1	4.6	0.54	13.7
Decaf Mocha Frappuccino - oat drink	Tall	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	973	232	11.8	7.9	28.8	25.8	1.6	3.6	0.34	7.1
Decaf Mocha Frappuccino - oat drink	Grande	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1283	306	15.3	9.4	38.6	34.6	2.1	2.4	0.47	10.4
Decaf Mocha Frappuccino - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1457	342	15.4	9.5	46.8	42.5	2.4	2.7	0.56	13.7
Decaf Mocha Frappuccino - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	901	215	10.7	7.4	26.6	25.8	1.1	2.3	0.33	7.1
Decaf Mocha Frappuccino - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1199	286	14.1	9.7	36	34.7	1.5	3	0.44	10.4
Decaf Mocha Frappuccino - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1356	323	14.3	9.8	44.3	42.5	1.9	3.3	0.54	13.7
Decaf Java Chip Frappuccino - semi skimmed milk	Tall	Ice, semi skimmed milk (Semi skimmed MILK), coffee frap	1123	282	13.8	10.3	36.3	35.3	1.6	3.9	0.50	13.7
Decaf Java Chip Frappuccino - semi skimmed milk	Grande	Ice, semi skimmed milk (Semi skimmed MILK), coffee frap	1492	356	17.4	12.6	43.5	40.5	2.2	5.3	0.51	12
Decaf Java Chip Frappuccino - semi skimmed milk	Venti	Ice, semi skimmed milk (Semi skimmed MILK), coffee frap	1696	405	18.3	13.3	52.8	48.9	2.8	5.5	0.61	15.4
Decaf Java Chip Frappuccino - whole milk	Tall	Ice, whole milk (whole MILK), coffee frappuccino syrup (W	1168	279	14.4	10.3	32.3	30.2	1.6	4.1	0.38	8.6
Decaf Java Chip Frappuccino - whole milk	Grande	Ice, whole milk (whole MILK), coffee frappuccino syrup (W	1545	369	18.9	11.5	43.4	40.4	2.2	5.2	0.51	12
Decaf Java Chip Frappuccino - whole milk	Venti	Ice, whole milk (whole MILK), coffee frappuccino syrup (W	1746	417	19.7	14.2	51.7	48.9	2.8	5.5	0.61	15.4
Decaf Java Chip Frappuccino - skimmed milk	Tall	Ice, skimmed milk (skimmed MILK), coffee frappuccino syr	1093	280	12.2	8.5	32.4	31.2	1.6	3.9	0.49	8.6
Decaf Java Chip Frappuccino - skimmed milk	Grande	Ice, skimmed milk (skimmed MILK), coffee frappuccino syr	1453	347	16.3	11.8	43.6	40.6	2.2	5.3	0.52	12
Decaf Java Chip Frappuccino - skimmed milk	Venti	Ice, skimmed milk (skimmed MILK), coffee frappuccino syr	1659	396	17.3	12.6	52.9	49	2.8	5.5	0.62	15.4
Decaf Java Chip Frappuccino - almond drink	Tall	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1056	253	12.8	8.9	30.9	28.8	1.7	2.2	0.36	8.6
Decaf Java Chip Frappuccino - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1412	338	17	11.8	41.7	38.7	2.3	2.9	0.49	12
Decaf Java Chip Frappuccino - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1620	388	17.9	12.6	51.1	47.3	2.9	3.3	0.59	15.4
Decaf Java Chip Frappuccino - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1103	280	13.8	9.2	34.8	33.9	0.9	4	0.37	8.6
Decaf Java Chip Frappuccino - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1468	351	17.5	12	41.8	38.7	2.7	5	0.50	12
Decaf Java Chip Frappuccino - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1673	400	18.4	12.7	51.2	47.3	3.2	5.3	0.60	15.4
Decaf Java Chip Frappuccino - oat drink	Tall	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1149	274	14	9	33.5	29.3	2.3	2.4	0.40	8.6
Decaf Java Chip Frappuccino - oat drink	Grande	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1523	364	18.4	12	44.9	39.3	3	3.1	0.53	12
Decaf Java Chip Frappuccino - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory n	1725	412	19.3	12.7	54.1	47.8	3.5	3.5	0.63	15.4
Decaf Java Chip Frappuccino - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1018	308	15.2	8.4	40.8	40.3	0.3	3.8	0.50	3.9
Decaf Java Chip Frappuccino - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1440	344	17.2	12.3	42.3	39.4	2.4	3.7	0.50	12
Decaf Java Chip Frappuccino - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1647	393	18.1	13	51.7	47.8	3	4	0.60	15.4

Signature Caramelised Banana Velvet Latte - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	917	217	6.2	3.6	32.6	31.5	1.1	7.5	0.53	89.1
Signature Caramelised Banana Velvet Latte - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	1171	277	8.1	4.7	41.2	39.6	1.5	9.7	0.67	133.6
Decaf Caramelised Banana Velvet Latte - semi skimmed milk	Short	semi skimmed milk (Semi skimmed MILK), caramelised b	585	139	3.5	2.5	19.8	19.1	0.1	6.9	0.31	1.8
Decaf Caramelised Banana Velvet Latte - semi skimmed milk	Tall	semi skimmed milk (Semi skimmed MILK), caramelised b	873	207	3.5	3.8	29.1	27.6	0.3	10.3	0.46	3.6
Decaf Caramelised Banana Velvet Latte - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), caramelised b	1096	258	6.7	6.7	39.2	35.2	0.3	12.5	0.58	3.6
Decaf Caramelised Banana Velvet Latte - semi skimmed milk	Venti	semi skimmed milk (Semi skimmed MILK), decaf espress	1399	332	8.8	6.1	46.6	44.6	0.4	16.4	0.74	5.4
Decaf Caramelised Banana Velvet Latte - whole milk	Short	whole milk (whole MILK), caramelised banana cold foam	672	159	6	4	19.6	18.9	0.1	6.7	0.31	1.8
Decaf Caramelised Banana Velvet Latte - whole milk	Tall	whole milk (whole MILK), caramelised banana cold foam	1013	241	9.4	6.2	28.9	27.6	0.3	10.1	0.46	3.6
Decaf Caramelised Banana Velvet Latte - whole milk	Grande	whole milk (whole MILK), caramelised banana cold foam	1256	298	11.6	7.7	36.4	35	0.3	12.3	0.57	3.6
Decaf Caramelised Banana Velvet Latte - whole milk	Venti	whole milk (whole MILK), decaf espresso (as consumed)	1628	387	15.3	10.2	46.2	44.2	0.4	18	0.73	5.4
Decaf Caramelised Banana Velvet Latte - skimmed milk	Short	skimmed milk (skimmed MILK), caramelised banana cold f	519	117	1.7	1.2	18.2	17.1	0.1	5.3	0.23	1.8
Decaf Caramelised Banana Velvet Latte - skimmed milk	Tall	skimmed milk (skimmed MILK), caramelised banana cold f	769	182	2.5	1.7	29.3	28	0.3	10.3	0.47	3.6
Decaf Caramelised Banana Velvet Latte - skimmed milk	Grande	skimmed milk (skimmed MILK), caramelised banana cold f	959	227	3.2	2.2	36.9	35.5	0.3	12.5	0.58	3.6
Decaf Caramelised Banana Velvet Latte - skimmed milk	Venti	skimmed milk (skimmed MILK), decaf espresso (as consun	1228	291	4.1	2.8	46.9	44.9	0.4	16.4	0.75	5.4
Decaf Caramelised Banana Velvet Latte - almond drink	Short	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	452	109	2.9	1.2	16.9	16.2	0.4	3	0.27	1.8
Decaf Caramelised Banana Velvet Latte - almond drink	Tall	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	661	159	4.4	1.7	24.5	23.1	0.7	4	0.39	3.6
Decaf Caramelised Banana Velvet Latte - almond drink	Grande	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	838	199	5.4	2.1	30.9	29.5	0.8	4.9	0.49	3.6
Decaf Caramelised Banana Velvet Latte - almond drink	Venti	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	1051	254	7.1	2.7	38.9	36.9	1.1	6.1	0.62	5.4
Decaf Caramelised Banana Velvet Latte - soya drink	Short	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	544	130	3.7	1.4	17	16.1	0.9	6.5	0.29	1.8
Decaf Caramelised Banana Velvet Latte - soya drink	Tall	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	809	193	5.8	2.1	24.6	23.1	1.5	9.7	0.42	3.6
Decaf Caramelised Banana Velvet Latte - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1007	240	7.1	2.6	31.1	29.5	1.8	11.8	0.53	3.6
Decaf Caramelised Banana Velvet Latte - soya drink	Venti	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	1293	308	9.4	3.3	39.2	36.9	2.4	15.4	0.67	5.4
Decaf Caramelised Banana Velvet Latte - oat drink	Short	oat drink (Water, OAT (10%), sunflower oil, chicory roo	635	150	3.2	1.6	20.3	17.3	1.4	3.5	0.34	1.8
Decaf Caramelised Banana Velvet Latte - oat drink	Tall	oat drink (Water, OAT (10%), sunflower oil, chicory roo	955	226	8.2	2.1	32.9	24.7	2.3	4.6	0.50	3.6
Decaf Caramelised Banana Velvet Latte - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory roo	1185	280	10.1	2.6	41.2	31.4	2.7	5.7	0.62	3.6
Decaf Caramelised Banana Velvet Latte - oat drink	Venti	oat drink (Water, OAT (10%), sunflower oil, chicory roo	1532	363	13.3	3.3	52.7	39.5	3.7	7.1	0.80	5.4
Decaf Caramelised Banana Velvet Latte - coconut drink	Short	coconut drink (Water, coconut milk (5.7%) (water, coco	499	118	3.2	1.9	17.9	17.2	0.5	4.2	0.29	1.8
Decaf Caramelised Banana Velvet Latte - coconut drink	Tall	coconut drink (Water, coconut milk (5.7%) (water, coco	736	174	5	2.9	26.1	24.8	0.9	6.1	0.42	3.6
Decaf Caramelised Banana Velvet Latte - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	919	217	6.2	3.6	32.6	31.5	1.1	7.4	0.53	3.6
Decaf Caramelised Banana Velvet Latte - coconut drink	Venti	coconut drink (Water, coconut milk (5.7%) (water, coco	1174	277	8.1	4.7	41.2	39.6	1.4	9.5	0.67	5.4
Signature Iced Caramelised Banana Latte - semi skimmed milk	Tall	ice, semi skimmed milk (Semi skimmed MILK), caramelise	635	151	3.9	2.6	21.1	20.3	0.3	7.7	0.34	85.5
Signature Iced Caramelised Banana Latte - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), ice, caramelis	911	216	5.7	3.9	30.1	29.2	0.3	11	0.49	85.5
Signature Iced Caramelised Banana Latte - semi skimmed milk	Venti	ice, semi skimmed milk (Semi skimmed MILK), whole bear	1051	249	6.4	4.4	35.9	34.5	0.4	11.9	0.56	128.2
Signature Iced Caramelised Banana Latte - whole milk	Tall	ice, whole milk (whole MILK), caramelised banana cold fo	730	173	6.6	4.3	21	20.1	0.3	7.8	0.33	85.5
Signature Iced Caramelised Banana Latte - whole milk	Grande	whole milk (whole MILK), ice, caramelised banana cold fo	1058	251	9.8	6.5	29.9	28.3	0.3	10.8	0.48	85.5
Signature Iced Caramelised Banana Latte - whole milk	Venti	ice, whole milk (whole MILK), whole bean roasted coffee,	1299	285	10.6	7.1	35.7	34.3	0.4	11.3	0.55	128.2
Signature Iced Caramelised Banana Latte - skimmed milk	Tall	ice, skimmed milk (skimmed MILK), caramelised banana co	564	134	1.9	1.3	21.3	20.4	0.3	7.7	0.34	85.5
Signature Iced Caramelised Banana Latte - skimmed milk	Grande	skimmed milk (skimmed MILK), ice, caramelised banana c	802	190	2.6	1.8	30.3	29.4	0.3	11	0.49	85.5
Signature Iced Caramelised Banana Latte - skimmed milk	Venti	ice, skimmed milk (skimmed MILK), whole bean roasted c	939	223	3.2	2.2	36.1	34.8	0.4	11.9	0.56	128.2
Signature Iced Caramelised Banana Latte - almond drink	Tall	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	480	118	3.1	1.2	17.9	17.1	0.6	3.4	0.29	85.5
Signature Iced Caramelised Banana Latte - almond drink	Grande	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	689	166	4.6	1.7	25.2	24.3	0.7	4.5	0.44	85.5
Signature Iced Caramelised Banana Latte - almond drink	Venti	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	875	188	5.2	2.2	38.9	36.9	0.5	5.9	0.48	128.2
Signature Iced Caramelised Banana Latte - soya drink	Tall	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	591	141	4.1	1.5	18.1	17.1	1.1	7.3	0.31	85.5
Signature Iced Caramelised Banana Latte - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	844	201	6	2.1	25.4	24.2	1.6	10.4	0.44	85.5
Signature Iced Caramelised Banana Latte - soya drink	Venti	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	982	234	6.7	2.6	31.1	29.5	1.8	11.3	0.51	128.2
Signature Iced Caramelised Banana Latte - oat drink	Tall	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	680	164	5.7	1.5	23.7	18.1	1.7	3.8	0.36	85.5
Signature Iced Caramelised Banana Latte - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory roo	997	236	8.6	2.1	34	25.9	2.4	5.1	0.53	85.5
Signature Iced Caramelised Banana Latte - coconut drink	Tall	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1137	269	9.3	2.6	39.9	31.2	2.6	6.9	0.62	128.2
Signature Iced Caramelised Banana Latte - coconut drink	Venti	ice, coconut drink (Water, coconut milk (5.7%) (water, co	541	128	3.5	2.1	19.1	18.2	0.7	4.8	0.31	85.5
Signature Iced Caramelised Banana Latte - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	767	181	5.2	3	26.9	26	0.9	6.6	0.44	85.5
Signature Iced Caramelised Banana Latte - coconut drink	Venti	ice, coconut drink (Water, coconut milk (5.7%) (water, co	904	214	5.8	3.5	32.6	31.3	1.1	7.4	0.51	128.2
Decaf Iced Caramelised Banana Latte - semi skimmed milk	Tall	ice, semi skimmed milk (Semi skimmed MILK), caramelise	721	171	4.2	2.9	25.6	24.3	0.3	7.7	0.38	3.6
Decaf Iced Caramelised Banana Latte - semi skimmed milk	Grande	semi skimmed milk (Semi skimmed MILK), ice, caramelise	993	236	6	4.2	34.4	33	0.3	10.9	0.53	3.6
Decaf Iced Caramelised Banana Latte - skimmed milk	Venti	ice, semi skimmed milk (Semi skimmed MILK), decaf espre	1121	269	6.6	3.6	36.1	34.6	0.4	11.9	0.54	128.2
Decaf Iced Caramelised Banana Latte - whole milk	Tall	ice, whole milk (whole MILK), caramelised banana cold fo	810	192	6.7	4.5	25.5	24.1	0.3	7.5	0.38	3.6
Decaf Iced Caramelised Banana Latte - whole milk	Grande	whole milk (whole MILK), ice, caramelised banana cold fo	1131	269	9.9	6.6	34.2	32.8	0.3	10.7	0.52	3.6
Decaf Iced Caramelised Banana Latte - whole milk	Venti	ice, whole milk (whole MILK), decaf espresso (as consumed	1257	299	10.4	7	39.9	37.9	0.4	11.4	0.58	5.4
Decaf Iced Caramelised Banana Latte - skimmed milk	Tall	ice, skimmed milk (skimmed MILK), caramelised banana co	655	155	2.3	1.6	25.7	24.4	0.3	7.7	0.38	3.6
Decaf Iced Caramelised Banana Latte - skimmed milk	Grande	skimmed milk (skimmed MILK), ice, caramelised banana co	889	211	3.1	2.2	34.6	33.3	0.3	10.9	0.53	3.6
Decaf Iced Caramelised Banana Latte - almond drink	Venti	ice, skimmed milk (skimmed MILK), decaf espresso (as con	1035	242	3.6	2.6	32.6	31.6	0.6	4.9	0.48	85.5
Decaf Iced Caramelised Banana Latte - almond drink	Tall	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	585	141	3.5	1.6	22.6	21.3	0.5	3.7	0.33	3.6
Decaf Iced Caramelised Banana Latte - almond drink	Grande	almond drink (water, ALMOND (2.5%), Sugar, Fructose,	782	188	4.9	2.1	29.8	28.4	0.7	4.7	0.46	3.6
Decaf Iced Caramelised Banana Latte - almond drink	Venti	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	913	219	5.4	2.5	35.5	33.5	0.8	5.4	0.52	5.4
Decaf Iced Caramelised Banana Latte - soya drink	Tall	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	680	162	4.4	1.8	22.7	21.3	1	7.3	0.35	3.6
Decaf Iced Caramelised Banana Latte - soya drink	Grande	soya drink (Water, hulled SOYA beans (8.7%), sugar, aci	928	221	6.3	2.5	30	28.4	1.5	10.3	0.49	3.6
Decaf Iced Caramelised Banana Latte - soya drink	Venti	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1057	235	8.6	2.9	38.7	36.9	1.6	10.5	0.55	5.4
Decaf Iced Caramelised Banana Latte - oat drink	Tall	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	773	183	5.8	1.8	23.9	22.3	1.5	4.1	0.40	3.6
Decaf Iced Caramelised Banana Latte - oat drink	Grande	oat drink (Water, OAT (10%), sunflower oil, chicory roo	1073	254	8.7	2.5	38.2	29.9	2.3	5.3	0.56	3.6
Decaf Iced Caramelised Banana Latte - oat drink	Venti	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1200	284	9.2	2.9	43.8	35.1	2.4	6	0.63	5.4
Decaf Iced Caramelised Banana Latte - coconut drink	Tall	ice, coconut drink (Water, coconut milk (5.7%) (water, co	633	150	3.9	2.4	23.6	22.3	0.6	5	0.35	3.6
Decaf Iced Caramelised Banana Latte - coconut drink	Grande	coconut drink (Water, coconut milk (5.7%) (water, coco	856	202	5.5	3.3	31.4	30	0.9	6.7	0.49	3.6
Decaf Iced Caramelised Banana Latte - coconut drink	Venti	ice, coconut drink (Water, coconut milk (5.7%) (water, co	1086	233	6	3.7	37.1	35.1	1.4	7.4	0.56	5.4
Signature Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Tall	ice, semi skimmed milk (Semi skimmed MILK), espresso ro	562	132	3.1	2.1	26.2	24.1	0.3	6.7	0.36	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - semi skimmed milk	Grande	ice, semi skimmed milk (Semi skimmed MILK), espresso ro	713	169	4.3	3.1	25.6	24.1	0.4	6.7	0.36	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - whole milk	Venti	ice, semi skimmed milk (Semi skimmed MILK), espresso ro	875	208	5.3	3.7	31.7	29.7	0.6	8.1	0.44	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - whole milk	Tall	ice, whole milk (whole MILK), espresso roast (as consumed	635	151	5.6	3.8	19.6	18.6	0.3	5.3	0.28	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - whole milk	Grande	ice, whole milk (whole MILK), espresso roast (as consumed	804	191	6.9	4.7	25.5	24	0.4	6.6	0.35	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - whole milk	Venti	ice, whole milk (whole MILK), espresso roast (as consumed	982	233	8.3	5.6	31.5	29.5	0.6	7.9	0.43	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Tall	ice, skimmed milk (skimmed MILK), espresso roast (as cons	562	132	3.1	2.1	26.2	24.1	0.3	6.7	0.36	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Grande	ice, skimmed milk (skimmed MILK), espresso roast (as cons	645	153	2.4	1.3	15.8	24.3	0.4	6.7	0.36	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - skimmed milk	Venti	ice, skimmed milk (skimmed MILK), espresso roast (as cons	795	189	3	2.2	31.8	29.9	0.6	8.1	0.44	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - almond drink	Tall	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	440	106	2.9	1.3	17.1	16.1	0.5	2	0.24	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - almond drink	Grande	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	574	138	3.6	1.7	22.6	21.1	0.7	2.6	0.31	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - almond drink	Venti	ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	712	171	4.4	2.1	28.1	26.1	0.9	3.3	0.38	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - soya drink	Tall	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	573	139	5.8	1.8	17.2	16.1	1.2	5.3	0.28	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - soya drink	Grande	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	671	160	4.5	2	22.7	21.1	1.2	6.3	0.33	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - soya drink	Venti	ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	825	197	5.5	2.4	28.2	26.1	1.5	7.6	0.40	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - oat drink	Tall	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	602	143	5	1.5	21.8	17	1.4	2.3	0.30	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - oat drink	Grande	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	766	182	6.1	2	28.1	22.1	1.8	3	0.38	133.6
Signature Iced Caramelised Banana Oat Shaken Espresso - oat drink	Venti	ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	937	222	7.4	2.4	34.6	27.3	2.1	3.7	0.46	178.2
Signature Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Tall	ice, coconut drink (Water, coconut milk (5.7%) (water, co	482	114	3.2	2	18	17	0.6	3.1	0.26	89.1
Signature Iced Caramelised Banana Oat Shaken Espresso - coconut drink	Grande											

Decaf Brown Sugar Frappuccino - almond drink	Grande	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1138	273	13.6	8	34.9	33.5	0.3	1.8	0.40	2.5
Decaf Brown Sugar Frappuccino - almond drink	Venti	Ice, almond drink (water, ALMOND (2.5%), Sugar, Fructo	1179	282	12.2	7.2	40.4	38.7	0.4	1.8	0.49	3.7
Decaf Brown Sugar Frappuccino - soya drink	Tall	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	892	213	11.1	6.5	25	24	0.4	2.9	0.29	1.3
Decaf Brown Sugar Frappuccino - soya drink	Grande	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1189	284	14.1	8.2	35	33.5	0.6	3.8	0.41	2.5
Decaf Brown Sugar Frappuccino - soya drink	Venti	Ice, soya drink (Water, hulled SOYA beans (8.7%), sugar,	1229	293	12.7	7.3	40.4	38.6	0.7	3.7	0.50	3.7
Decaf Brown Sugar Frappuccino - oat drink	Tall	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	930	222	11.8	6.5	27.2	24.5	0.6	1.5	0.31	1.3
Decaf Brown Sugar Frappuccino - oat drink	Grande	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1239	296	14.9	8.2	37.8	34.1	0.9	2	0.44	2.5
Decaf Brown Sugar Frappuccino - oat drink	Venti	Ice, oat drink (Water, OAT (10%), sunflower oil, chicory r	1278	304	13.5	7.3	43.2	39.2	0.9	2	0.53	3.7
Decaf Brown Sugar Frappuccino - coconut drink	Tall	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	872	208	10.9	6.7	25.4	24.5	0.3	1.9	0.29	1.3
Decaf Brown Sugar Frappuccino - coconut drink	Grande	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1164	278	13.8	8.5	35.5	34.1	0.4	2.5	0.41	2.5
Decaf Brown Sugar Frappuccino - coconut drink	Venti	Ice, coconut drink (Water, coconut milk (5.7%) (water, co	1204	287	12.4	7.6	40.9	39.2	0.5	2.4	0.50	3.7
Modifiers (Syrups & Drizzles)												
almond flavour syrup	1 pump		68	16	0	0	4.0	3.7	0	0	0	0
almond flavour syrup	2 pumps		136	32	0	0	8.0	7.5	0	0	0	0
almond flavour syrup	3 pumps		203	48	0	0	12.0	11.2	0	0	0	0
almond flavour syrup	4 pumps		271	64	0	0	16.0	15.0	0	0	0	0
almond flavour syrup	5 pumps		339	80	0	0	20.0	18.7	0	0	0	0
brown sugar syrup	1 pump		55	13	0	0	3.2	3.2	0	0	0	0
brown sugar syrup	2 pumps		110	26	0	0	6.4	6.3	0	0	0	0
brown sugar syrup	3 pumps		164	39	0	0	9.7	9.5	0	0	0	0
brown sugar syrup	4 pumps		219	52	0	0	12.9	12.7	0	0	0	0
brown sugar syrup	5 pumps		274	64	0	0	16.1	15.9	0	0	0	0
caramel flavour syrup	1 pump		65	15	0	0	3.7	3.7	0	0	0	0
caramel flavour syrup	2 pumps		129	31	0	0	7.5	7.5	0	0	0	0
caramel flavour syrup	3 pumps		194	46	0	0	11.2	11.2	0	0	0	0
caramel flavour syrup	4 pumps		259	61	0	0	15.0	14.8	0	0	0	0
caramel flavour syrup	5 pumps		324	76	0	0	18.7	18.7	0	0	0	0
cinnamon dolce syrup	1 pump		90	21	0	0	5.3	5.2	0	0	0	0
cinnamon dolce syrup	2 pumps		180	42	0	0	10.6	10.3	0	0	0	0
cinnamon dolce syrup	3 pumps		270	64	0	0	15.9	15.5	0	0	0	0
cinnamon dolce syrup	4 pumps		360	85	0	0	21.2	20.7	0	0	0	0
cinnamon dolce syrup	5 pumps		450	106	0	0	26.5	25.8	0	0	0	0
classic chai	1 pump		85	20	0	0	4.9	4.8	0.1	0	0	13.1
classic chai	2 pumps		170	40	0	0	9.8	9.7	0.1	0	0.01	26.2
classic chai	3 pumps		255	60	0.1	0	14.7	14.6	0.2	0.1	0.01	39.3
classic chai	4 pumps		340	80	0.1	0	19.5	19.4	0.3	0.1	0.02	52.4
classic chai	5 pumps		425	100	0.1	0	24.4	24.3	0.3	0.1	0.02	65.5
coconut flavour syrup	1 pump		80	19	0	0	4.7	4.7	0	0	0	0
coconut flavour syrup	2 pumps		161	38	0	0	9.5	9.3	0	0	0	0
coconut flavour syrup	3 pumps		241	57	0	0	14.2	14.0	0	0	0	0
coconut flavour syrup	4 pumps		321	75	0	0	19.0	18.6	0	0	0	0
coconut flavour syrup	5 pumps		402	94	0	0	23.7	23.3	0	0	0	0
cream vanilla flavour syrup	1 pump		74	17	0	0	4.4	4.2	0	0	0	0
cream vanilla flavour syrup	2 pumps		148	35	0	0	8.8	8.5	0	0	0	0
cream vanilla flavour syrup	3 pumps		222	52	0	0	13.2	12.7	0	0	0	0
cream vanilla flavour syrup	4 pumps		296	70	0	0	17.6	16.9	0	0	0	0
cream vanilla flavour syrup	5 pumps		370	87	0	0	22.0	21.2	0	0	0	0
hazelnut flavour syrup	1 pump		58	14	0	0	3.3	3.3	0	0	0	0
hazelnut flavour syrup	2 pumps		116	27	0	0	6.7	6.7	0	0	0	0
hazelnut flavour syrup	3 pumps		173	41	0	0	10.0	10.0	0	0	0	0
hazelnut flavour syrup	4 pumps		231	54	0	0	13.4	13.4	0	0	0	0
hazelnut flavour syrup	5 pumps		289	68	0	0	16.7	16.7	0	0	0	0
mocha sauce	1 pump		121	29	0.5	0.3	4.9	4.6	0.9	0.6	0	6.1
mocha sauce	2 pumps		242	57	1.1	0.7	9.8	9.1	1.8	1.2	0	12.2
mocha sauce	3 pumps		363	86	1.6	1.0	14.7	13.7	2.7	1.9	0.01	18.2
mocha sauce	4 pumps		483	115	2.1	1.3	19.6	18.3	3.6	2.5	0.01	24.3
mocha sauce	5 pumps		604	144	2.7	1.6	24.5	22.9	4.5	3.1	0.01	30.4
peach flavour syrup	1 pump		41	10	0	0	2.4	2.3	0	0	0	0
peach flavour syrup	2 pumps		83	19	0	0	4.9	4.6	0	0	0	0
peach flavour syrup	3 pumps		124	29	0	0	7.3	6.9	0	0	0	0
peach flavour syrup	4 pumps		165	39	0	0	9.8	9.2	0	0	0	0
peach flavour syrup	5 pumps		207	49	0	0	12.2	11.5	0	0	0	0
peppermint flavour syrup	1 pump		61	14	0	0	3.6	3.6	0	0	0	0
peppermint flavour syrup	2 pumps		122	29	0	0	7.1	7.1	0	0	0	0
peppermint flavour syrup	3 pumps		184	43	0	0	10.7	10.7	0	0	0	0

peppermint flavour syrup	4 pumps		245	58	0	0	14.3	14.3	0	0	0	0
peppermint flavour syrup	5 pumps		306	72	0	0	17.8	17.8	0	0	0	0
raspberry syrup	1 pump		62	15	0	0	3.6	3.5	0	0	0	0
raspberry syrup	2 pumps		124	29	0	0	7.2	7.1	0	0	0.01	0
raspberry syrup	3 pumps		186	44	0	0	10.7	10.6	0	0	0.01	0
raspberry syrup	4 pumps		247	58	0	0	14.3	14.1	0	0	0.01	0
raspberry syrup	5 pumps		309	73	0	0	17.9	17.7	0	0	0.01	0
simple syrup	1 pump		80	19	0	0	4.7	4.7	0	0	0	0
simple syrup	2 pumps		159	37	0	0	9.4	9.4	0	0	0	0
simple syrup	3 pumps		239	56	0	0	14.0	14.0	0	0	0	0
simple syrup	4 pumps		318	75	0	0	18.7	18.7	0	0	0	0
simple syrup	5 pumps		398	94	0	0	23.4	23.4	0	0	0	0
strawberry sauce	1 pump		79	19	0	0	4.4	4.1	0.1	0.1	0	0
strawberry sauce	2 pumps		158	37	0.1	0	8.8	8.2	0.2	0.1	0.01	0
strawberry sauce	3 pumps		237	56	0.1	0	13.2	12.3	0.3	0.2	0.01	0
strawberry sauce	4 pumps		316	74	0.1	0	17.6	16.3	0.5	0.2	0.01	0
strawberry sauce	5 pumps		395	93	0.1	0	22.0	20.4	0.6	0.3	0.02	0
sugar free caramel flavour syrup	1 pump		2	1	0	0	0.1	0	0	0	0.01	0
sugar free caramel flavour syrup	2 pumps		4	1	0	0	0.2	0	0	0	0.02	0
sugar free caramel flavour syrup	3 pumps		7	2	0	0	0.4	0	0	0	0.02	0
sugar free caramel flavour syrup	4 pumps		9	2	0	0	0.5	0	0	0	0.03	0
sugar free caramel flavour syrup	5 pumps		11	3	0	0	0.6	0	0	0	0.04	0
sugar free hazelnut flavour syrup	1 pump		2	1	0	0	0.1	0	0	0	0	0
sugar free hazelnut flavour syrup	2 pumps		4	1	0	0	0.3	0	0	0	0	0
sugar free hazelnut flavour syrup	3 pumps		7	2	0	0	0.4	0	0	0	0	0
sugar free hazelnut flavour syrup	4 pumps		9	2	0	0	0.5	0	0	0	0	0
sugar free hazelnut flavour syrup	5 pumps		11	3	0	0	0.6	0	0	0	0	0
sugar free vanilla flavour syrup	1 pump		2	1	0	0	0.1	0	0	0	0	0
sugar free vanilla flavour syrup	2 pumps		5	1	0	0	0.3	0	0	0	0	0
sugar free vanilla flavour syrup	3 pumps		7	2	0	0	0.4	0	0	0	0	0
sugar free vanilla flavour syrup	4 pumps		9	2	0	0	0.5	0	0	0	0	0
sugar free vanilla flavour syrup	5 pumps		12	3	0	0	0.7	0	0	0	0	0
vanilla flavour syrup	1 pump		61	14	0	0	3.6	3.5	0	0	0	0
vanilla flavour syrup	2 pumps		121	29	0	0	7.2	7.0	0	0	0	0
vanilla flavour syrup	3 pumps		182	43	0	0	10.8	10.6	0	0	0	0
vanilla flavour syrup	4 pumps		243	57	0	0	14.4	14.1	0	0	0	0
vanilla flavour syrup	5 pumps		303	71	0	0	18.0	17.6	0	0	0	0
white chocolate mocha	1 pump		183	43	0.9	0.7	8.3	8.3	0	0.6	0.02	0
white chocolate mocha	2 pumps		366	87	1.7	1.4	16.5	16.5	0	1.2	0.05	0
white chocolate mocha	3 pumps		548	130	2.6	2.1	24.8	24.8	0	1.8	0.07	0
white chocolate mocha	4 pumps		731	173	3.4	2.8	33.0	33.0	0.1	2.5	0.10	0
white chocolate mocha	5 pumps		914	217	4.3	3.5	41.3	41.3	0.1	3.1	0.12	0
caramel drizzle	1 pump		89	21	0.8	0.5	3.3	3.0	0	0.1	0.03	0
mocha drizzle	1 pump		36	9	0.2	0.1	1.5	1.4	0.3	0.2	0	1.8
Summer FY26 Promotional Beverage Components												
caramelised banana sauce	1 pump		99	23	0.5	0.4	4.5	4.4	0	0.3	0.05	0
caramelised banana sauce	2 pumps		197	47	0.9	0.8	8.9	8.8	0	0.7	0.11	0
caramelised banana sauce	3 pumps		296	70	1.4	1.1	13.4	13.2	0	1.0	0.16	0
caramelised banana sauce	4 pumps		395	94	1.8	1.5	17.9	17.6	0	1.3	0.22	0
caramelised banana sauce	5 pumps		494	117	2.3	1.9	22.4	22.03	0.1	1.67	0.27	0